



PROF. SHEEJA S

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|---------------------|---|
| Date of Appointment | 25-04-2015 |
| University FEP ID | N20544 |
| Email ID | devusheeja@gmail.com |
| Mobile Number | 9656934231 |
| Date of Birth | 02-06-1977 |
| Nationality | Indian |
| Department | Community Health Nursing |
| Areas of Expertise | Community health nursing for BSc and MSc nursing students, Nur management for BSc and MSc Nursing students |

Carrier objectives:

"To contribute as a professor and HOD of Community Health Nursing by providing my extensive academic knowledge, clinical expertise, leadership abilities, and administrative skills towards advancing community health education, research, and service, evidence-based teaching, mentoring future nursing professionals to meet the community's evolving healthcare needs, and advancing public health through scholarly research and community engagement."

| ACADEMIC DEGREES | | | |
|------------------|------------------------|--|-----------------------------|
| Degree | Month/Year Completion | University and Institution | Specialty |
| Ph.D.in Nursing | Enrolled 2023 Batch | Malwanchal University, Indore, MP | Community health nursing |
| M.Sc.in Nursing | 2007 | The Tamil Nadu Dr. MGR Medical University, Chennai, Annai JKK Sampoorani Ammal college of nursing, Erode | |
| B.Sc. in Nursing | November | The Tamil Nadu Dr. MGR Medical University, Chennai, Sree Padmavathi college of medical science, Dharmapuri | Nursing |
| Higher Secondary | 1992-1994 | Govt. Tribal Resident Higher Secondary School Pathukani, State Board | |
| S.S.L.C | 1992 | Holy Family School Arukani, State Board | |

PROFESSIONAL ACHIEVEMENT

1. The Institutional Accreditation by the National Assessment and Accreditation Council-
2. Chairperson – NACC Steering Committee- 2016
3. Accreditation in nursing education –process and prospects- 06.05.2017
4. EMPODERAMIENTO” Empowering nurses to make a difference- 2018-poster competition –First prize
5. Received the Swashraya Award for community (Open learning through radio for the public)- 2021
6. State-level workshop -KUHS Accreditation standards and process- 2021
7. Institutional Re-accreditation by National- Chairperson – NACC steering committee -2021

| LICENSURE | | |
|------------------------------------|---------------------|-------------|
| License | Registration Number | Expiry Date |
| RN-RM - Kerala Nurses and Midwives | RN-36838, RM-37707 | 30.3.2028 |

SCIENTIFIC PAPER PRESENTATION

| S. No. | Level | College | Title | Period |
|--------|--------------------|--|--|------------|
| 1. | NRSI- South Region | Holy Cross College of Nursing, Kottayam, Kerala | Preventive and Social Nursing: An Emerging Concept for Practice | 15.09.2018 |
| 2. | National | Poyanil College of Nursing, Kozhencherry, Pathanamthitta | A descriptive study to assess the knowledge regarding worm infestation among girls in selected high schools of Kollam district | 03.02.2024 |
| 3. | International | Bishop Benziger College of Nursing, Kollam, Kerala | A Comparative Study on Knowledge and Practice Regarding Prevention of Worm Infestation among Adolescents in Selected School of Kollam District | 23.07.2024 |

CERTIFICATE PROGRAMS

| CERTIFICATION | | |
|---|--|---------------|
| Certificate Type | Place | Date Acquired |
| Edu Soft training programme | Bishop Benziger College of Nursing, Kollam, Kerala | Feb-2024 |
| ICH, GCP, New drugs and clinical trial rule 2019 and ICMR Ethical Guidelines 2017 &2020 | Bishop Benziger College of Nursing, Kollam, Kerala-by SMO connect clinical research services | 14.02.2023 |

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|---|---|--------------------------------------|
| MOOC certificate program in Health Science Education Technology | Kerala University of Health Sciences Thrissur, Kerala-680596 | 25.05.2022 – 22.11.2022 |
| Clinical updates in research and innovative projects in community health nursing | KUHS | 14.12.2021 |
| Learning Management System (MOODLE) and course design | Kerala State Higher Education Council | 26 07.2021 to 30.07.2021 |
| ICT Training Programme in ICT-based tools and its implications in the Teaching and Learning Process | Bishop Benziger College of Nursing, Kollam, Kerala | 02.07.2020 |
| Healthy ageing and geriatric care counselling, palliation | KUHS | 23.10.2019 (6-month programme) |
| Health Care Counselling | Kerala University of Health Sciences, Thrissur, Kerala- 680596 | 21.05.2019 |
| PG Thesis guides the training program | KUHS, at Ayurveda college, TVM | 20.04.2018 |
| How to upload videos to a YouTube channel | Bishop Benziger College of Nursing, Kollam, Kerala | 26.02.2018 |
| How to Prepare a PowerPoint Presentation | Bishop Benziger College of Nursing, Kollam, Kerala | 14.12.2016 |
| Use of Smart Board and Projection | Bishop Benziger College of Nursing, Kollam, Kerala | 03.09.2015 |

POSTER PRESENTATION

| S. No. | Title | Place | Period | Item |
|--------|---|---|---------------------------|-----------------------------------|
| 1. | Professional Integrity during pandemics: Implications and Challenges in Nursing | Bishop Benziger College of Nursing, Kollam, Kerala | 23.06.2020 25.06.2020 | E- Poster |
| 2. | Best Practice in Nursing | Bishop Benziger College of Nursing, Kollam, Kerala | 30.11.2018- 01.12.2018 | Poster Presentation |
| 3. | EMPODERAMIENTO - Empowering nurses to make a difference | St Thomas CON | 21.07.2018 | Poster presentation- 1st prize |

OTHER RESPONSIBILITY

| Office/Committee | Role/Responsibilities |
|---------------------------------|---|
| HOD of Community Health Nursing | Managing the department and delegation of responsibilities, Academic planning, and administration, Organising department Activities like research publication and presentation Conducting the Department's monthly meetings Performance appraisal for department staff is conducted yearly Verification of the duties of staff (punching status) Conducting regular monthly department journal presentation |

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| UG Coordinator | Conducting regular monthly meetings with class coordinators, reviewing the timetable, and performing administrative work |
| Curriculum Committee member | Contributing department suggestions and clarification while meeting |
| Tool validation | Tool validation for the UG/PG/PhD community, health nursing, internal and external expert |
| PhD Co-Guide, Internal Expert and doctoral committee member | PhD Co-Guide for 1 student, internal expert for one student and doctoral committee member for three students Helped with chapter work, course plan and supporting and Attending and supporting all the presentations |
| Exam Cell Member | Department question review and giving suggestions for the subject in charge, and forwarding to the cell |
| Internal vigilance officer of KUHS | Following the KUHS Criteria |
| Library Committee member | Attending a meeting and contributing department suggestions, and supporting innovative plans |
| NAAC 5th criterion Head (Student support and progression) | Expertise, Division, planning and coordination of all criterion work with the team members, presentation, and orientation to the other college |
| KUHS- QAS 2 nd criterion Head (Teaching learning) | Expertise, Division, planning and coordination of all criterion work with the team members, presentation, and orientation to the other college |
| Mentor for 10 students | Conducting regular meetings with mentees, counselling, and supporting the students with curricular and extracurricular issues |
| KUHS University Guide for UG and PG Courses | Supporting the students for PG Research Support for UG Research and projects Support for funded research |
| KUHS Responsibilities | Inspector Duty in other colleges is planned, and the surprise KUHS External and Internal Examiner for UG and PG students KUHS Digital evaluation for UG and PG for the community health, nursing, and nursing management KUHS Synopsis Reviewer Reviewing the synopsis allotted by KUHS' yearly KUHS-External vigilance officer/Observer |
| KNMC Responsibilities | External and Internal Examiner Inspection duty Question paper scrutiny member for PG students |
| Community Health Centre Coordinator | Organising, planning various activities of the centre, Selection, Delegation of responsibility to the staff, managing all issues, and medicine inventory management, planning collaborative activities through NGO |
| Joint clinical meeting coordinator of CHC | Organizing meeting Renewing the MoU,s of centre and NGO,s |
| Disciplinary committee member | Member of the committee |
| Best performer award committee member | Member of the committee |
| Tool validation for UG/PG/PhD | Validating the research tool for students, internal as well as |

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|------------------------|-----------------|--|
| | | external students |
| Community organiser | monthly camp | Organising various health camps in collaboration with BBH, SON and CHC Pallithottam. |

TOTAL EXPERIENCE

| Teaching Experience | Clinical Experience | Total Experience | Teaching Experience |
|------------------------|---------------------------------------|-------------------------|-------------------------|
| Before PG | After PG | | |
| 1 Yrs 4 Months 18 Days | 15 Yrs. 6 Months 6 days (31.01.24) | 5 Yrs. 10 Months 9 Days | 21 Yrs. 7 months 3 days |

| TEACHING EXPERIENCE | | | |
|---------------------|---|---|-----------------------|
| Before PG | | Total 1 yr 4 months 18D | |
| Designation | Institution | University | Start/Ending Dates |
| Clinical Instructor | Dr. SMCSI. Medical College, Karakonam | Kerala University | 20.03.2006-18.01.2007 |
| Nursing tutor | Dr. SMCSI. School Of Nursing Karakonam | Kerala University | 01.04.2005-19.03.2006 |
| TEACHING EXPERIENCE | | | |
| After PG | | Total-15 Yrs.6 Months 20D days (14.06.25) | |
| Designation | Institution | University | Start/Ending Dates |
| Professor | Bishop Benziger College of Nursing, Kollam | KUHS, Thrissur | 05.12.2023 Till date |
| Asso. Professor | Bishop Benziger College of Nursing, Kollam | KUHS, Thrissur | 01.11.2017-04.12.2023 |
| Asst professor | Bishop Benziger College of Nursing, Kollam | KUHS, Thrissur | 25.04.2015-31.10.2017 |
| Asst professor | Global College of Nursing, Marthandam, TN | MGR University | 04.08.2014-20.04.2015 |
| Asst professor | Nightingale college of nursing, Nedumangad, TVM | KUHS, Thrissur | 22.09.2009-10.07.2014 |

| CLINICAL EXPERIENCE | | Total-5 Yrs 10 M 9 D |
|----------------------------|---|-----------------------------|
| Designation | Institution | |
| Staff Nurse | Dr. SMCSI. Medical College, Karakoram | |
| Staff Nurse | Vivek Laboratories of Medical Science (Blood bank in charge), Nagercoil | |

| EXPERIENCE AS A GUIDE | | | | |
|---|---|--------------|-----------------|-----------------------------|
| University | College | Level | Students | Duration (in months) |
| The Tamil Nadu Dr.M.G.R Medical University, Chennai | Global College of Nursing, Marthandam, TN | BSc Nursing, | 5 | 7 months |
| | | MSc Nursing | 3 | |
| Kerala University of Health sciences, Kerala | Nightingale College of Nursing, Nedumangad, TVM | BSc Nursing | 25 | 2009-2014 |
| Kerala University of Health Sciences, Kerala | Bishop Benziger College of Nursing, Kollam | BSc Nursing, | 30 | 2015-till today |
| | | MSc Nursing | 4 | |

| MEMBERSHIP IN PROFESSIONAL ORGANIZATION | | |
|--|--------------------------|----------------------------|
| Name of the Organization | Membership Number | Validity (Duration) |
| TNAI LIFE MEMBERSHIP | 94310 | Lifetime membership |
| SOCHNI | 033 | Lifetime membership |

| ACHIEVEMENTS AND AWARDS | | |
|--------------------------------|--|-------------|
| SNO | Achievements / Awards title | Year |
| 1. | The Institutional Accreditation by the National Assessment Accreditation Council- | 2016 |
| 2. | Chairperson – NACC Steering Committee | 2016 |
| 3. | Accreditation in nursing education –process and prospects- | 06.05.2017 |
| 4. | EMPODERAMIENTO” Empowering nurses to make a difference-2018-poster competition –First prize | 2018 |
| 5. | Received the Swashraya Award for community (Open learning through radio for the public)-2021 | 2021 |
| 6. | State-level workshop -KUHS Accreditation standards and process-2021 | 2021 |

| LIST OF PUBLICATIONS | | | | |
|----------------------|--|-----------|---|---|
| SNO | TITILE OF THE STUDY | YEAR | NAME OF THE JOURN | URL |
| 1. | A Comparative Study on Knowledge and Practice Regarding Prevention of Worm Infestation among Adolescents in Selected Schools of Kollam District | Aug-2024 | International Journal of All Research Education and Scientific Methods (IJARESM), Sheeja s, prof. Dr.Pradeep V | https://www.ijaresm.com/a-comparative-study-on-knowledge-and-practice-regarding-prevention-of-worm-infestation-among-adolescents-in-selected-school-of-kollam-district |
| 2. | A descriptive study to assess the knowledge regarding worm infestation among girls in selected high school of Kollam district | Mar -2024 | Sheeja s, prof. Dr.Pradeep V. VS descriptive study to assess the knowledge regarding worm infestation among girls in selected high schools of Kollam International Journal of research and analytical Reviews, IJRAR, Volume11, Issue1P- ISSN 2349-5138 | http://ijrar.org/viewfull.php?&p_id=IJRAR24A2540 |
| 3. | Perception regarding the satisfaction of effective use of the community health nursing bag among nursing students at Bishop Benziger Nursing College, Kollam | Mar -2024 | Sheeja.S,Prince Christopher ,Jyothi lakshmi. J,Amala.L International journal of research and analytical reviews IJRAR,P- ISSN 2349-5138 | https://scholar.google.co.in/citations?view_op=view_citation&hl=en&user=iPgU78YAAAAAJ&citation_for_view=iPgU78YAAAAAJ:3fE2CSJIr8C |

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| 4. | Prevalence of anemia and utilization Of adolescent health services under Rmnch+a among adolescent girls at Selected coastal areas of kollam District | Mar -2024 | Sreeja K G, Sheeja.S, International journal of research and analytical reviews IJRAR,2024/3,P- ISSN 2349-5138 | https://scholar.google.co.in/citations?view_op=view_citation&hl=en&user=iPgU78YAAAAAJ&citation_for_view=iPgU78YAAAAAJ:u-x6o8ySG0sC |
| 5. | Exam anxiety and coping strategies among nursing students in selected nursing colleges at Kollam | Mar-2024 | Sheeja.S, Prince christopher,Jothi lekshmi.J, Amala.LInternational journal of research and analytical reviews IJRARVolume11, Issue-1 Pages,P- ISSN 2349-5138 | http://ijrar.org/viewfull.php?&p_id=IJRAR24A2120 |
| 6. | A study to assess the attitude of women towards home visiting by nursing students in selected rural community area of kollam district | Feb-2024 | Miss. Shemsiya.S, Mrs.Sheeja .S,International journal of research and analytical reviews IJRAR2024/2P- ISSN 2349-5138 | https://scholar.google.co.in/citations?view_op=view_citation&hl=en&user=iPgU78YAAAAAJ&citation_for_view=iPgU78YAAAAAJ:MXK_kJrjxJIC |
| 7. | A study to assess the knowledge regarding scabies among selected mothers of underfive children at pallithottam | Feb-2024 | Sreelekshmi .JS, Sheeja.S International journal of research and analytical reviews IJRAR2024/2P- ISSN 2349-5138 | https://scholar.google.co.in/citations?view_op=view_citation&hl=en&user=iPgU78YAAAAAJ&citation_for_view=iPgU78YAAAAAJ:8k81kl-MbHgC |
| 8. | A study to assess the knowledge regarding source reduction of mosquito control among adults in selected areas of Pallithottam | 31.10.23 | Vishnupriya S., Treessa Mathew*, Sruthy Mary John, Swetha Thomas and Sheeja SA study to assess the knowledge regarding source reduction of mosquito control among adults in selected areas of Pallithottam, European Journal of Biomedical and Pharmaceutical Science-ISSN-2349-8870 | https://www.ejbps.com/ejbps/abstract_id/9762 |

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|----|--|-------------------------|---|---|
| 9. | A study to assess the knowledge regarding dermatitis among fishermen in Pallithottam coastal community area, Kollam | 31.10.23 | Haleena H., Jennifer J. J., Jewel Mariya Joshy, Jinu T. B.* and Sheeja S. European journal of biomedical and pharmaceutical science ISSN-2349 | https://www.ejbps.com/ejbps/abstract_id/9706 |
| 10 | A study to assess the knowledge regarding unhealthy lifestyle and obesity among students during the COVID-19 pandemic in Kerala | Oct-2023 | Jessly E. Abraham*, Jincy Johnson, Jincy Rajan, Merin Abraham and Sheeja S. European journal of biomedical and pharmaceutical science ISSN 2349-8870 | https://www.ejbps.com/ejbps/abstract_id/9108 |
| 11 | Assess the effectiveness of the planned teaching programme on knowledge regarding tomato fever among selected mothers of under-five children at Pallithottam | SEP-2023 | Sreeja K G, Sheeja S, International journal of research and analytical reviews IJRAR ISSN-2349-5138 | https://www.ijrar.org/papers/IJRAR23C3507.pdf |
| 12 | A study to assess the effectiveness of interventional programs on knowledge and practice regarding wash intervention among school age children at selected community areas, Kollam | 22.02.23 | Safarina Mary.c, Sheeja.S European journal of biomedical and pharmaceutical science ISSN2394-3211 | https://www.ejpmr.com/home/abstract_id/10511 |
| 13 | Assess the Adherence of Families towards Swachh Bharat Mission in Selected Community Areas of Kollam | 7, Ju 2022 | Sheeja.S, Jyothi lakshmi.J, Prince Christopher International journal of science and research(IJSR) ISSN-2319-7064 | https://www.ijsr.net/get_abstract.php?paper_id=SR22713151918 |
| 14 | A descriptive study to assess the knowledge regarding balanced diet among mothers of preschoolers in selected areas of Kollam | 2022 Vol-12, issue 2 | Jeena John, Jency Xavier, Jenish a JB, Jereena Jerome, sheeja suresh Asian Journal of Nursing Education and Research. ISSN 2349-2996(online) | https://ajner.com/AbstractView.aspx?PID=2022-12-2-12 |

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|----|---|-------------------------|--|---|
| 15 | A study to assess the knowledge regarding Alzheimer's disease among people above 45 years of age in selected areas at Kollam | 2022 Vol-12, issue 2 | JismiJigu, Jitty Jose, Leena Thomas, Shinu Sherry, Vncy Varghese, Sheeja.s Asian Journal of Nursing Education and Research. ISSN 2249-2296(online) | https://www.indianjournals.com/ijor.aspx?target=ijor:ajner&volume=12&issue=2&article=014#:~:text=of%2045%20years%20in%20selected,regarding%20Alzheimer's%20disease%20among%20people. |
| 16 | A study to assess the knowledge of mothers regarding mobile phone use and mobile phone addiction among middle school children at Kollam | 2022 Vol-12, issue 1 | Nithya Sara James, Princy S, Priya Samson, Reshma sara shaji, Shilpa S, Sheeja S Asian Journal of Nursing Education and Research. ISSN 2349-2996(online) | https://ajner.com/HTMLPaper.aspx?Journal=Asian%20Journal%20of%20Nursing%20Education%20and%20Research;PID=2022-12-1-24 |
| 17 | Effectiveness of planned teaching programme on knowledge regarding hypothyroidism among housewives in selected areas of Pallithottam | Vol 8, iss 12, 2021 | Safarina Mary C. and Sheeja S European journal of pharmaceutical and medical research ISSN 2394-3211 | https://storage.googleapis.com/journal-uploads/ejpmr/article_issue/1638520561.pdf |
| 18 | Effectiveness of Structured Teaching programme on Knowledge regarding Life Style Modifications for the Prevention of Atherosclerosis among Housewives | Sep 2021 | Miss. Mintu Sebastian, Sheeja S, <u>International Journal of Advances in Nursing Management</u> ; New Delhi ISSN: 2347-8632. Online ISSN: 2454-2652. | https://www.proquest.com/openview/43e4b700fb818cfd6eea68e6322dab09/1?pq-origsite=gscholar&cbl=5425106 |
| 19 | A descriptive study to assess the knowledge regarding iron deficiency anaemia girl students in selected higher secondary schools at Kollam | 20.02.21 | AthiraS Vijayan, Sheeja S, Feby Fulgen Inventi /rapid: preventive and social medicine | https://scholar.google.co.in/citations?view_op=view_citation&hl=en&user=iPgU78YAAAAJ&citation_for_view=iPgU78YAAAAJ:ufrVoPGSRksC |

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| 20 | A Descriptive Study to assess the knowledge regarding dementia in geriatrics among above the group of 60 years in selected community areas, Sakthikulangara, Kollam | April-june 2020 | Ms.Arya Roy,Mrs.Sheeja S International Journal of Nursing Education and Research (IJNER) ISSN 2454-2660 (Online) 2347-8640 (Print) | https://ijneronline.com/AbstractView.aspx?PID=2020-8-2-29 |
| 21 | A Study to assess to knowledge of mothers of under-five children regarding the importance of vitamin A in selected areas of Pallithottam, Kollam | Jan-mar 2020 | S Varghese, S Manuel, A Tessa, CR Vineetha, Sheeja, S ² International-journal-of-scientific-research- ISSN 2349-2996 (Online) 2231-1149 (Print) | https://ajner.com/HTMLPaper.aspx?Journal=Asian%20Journal%20of%20Nursing%20Education%20and%20Research;PID=2020-10-1- |
| 22 | Study on knowledge regarding the importance of maintaining proper body posture among office employees of Kollam | January-2020 | Sheeja.S, Feby Fulgen,r,Jothi lekshmi.J, Amithab.International Journal of Scientific Research.ISSN 2277-8179 | https://www.worldwidejournals.com/international-journal-of-scientific-research-(IJSR)/fileview/on-kollam_January_2020_1577860394_5016180.pdf |
| 23 | Study to assess the knowledge regarding home remedies of Viral fever among mothers in selected community area, Kollam | 2020 Vol-10,issue-2 | Ms.Allana Thomas,Mrs.Alan Mary John,Mrs.Alphonsa Pascal,Mrs.Amala A,Mrs.Amitha Robin,Mrs.Sheeja S ² | https://ajner.com/AbstractView.aspx?PID=2020-10-2-17 |
| 24 | A study to assess the effectiveness of an interventional programme on knowledge regarding the use of Amrutham Nutri mix among mothers of children under five in selected urban Anganwadi's of Kollam, Kerala | January March 2020 | Athira S Vijayan, Sheeja S Inventi /rapid: preventive and social medicine Inventi Impact: Preventive & Social Medicines, | http://inventi.in/journal/article/impact/46/30110/preventive-social-medicines/pi |

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|----|---|------------|---|---|
| 25 | A study to assess the knowledge and attitude of adolescent boys regarding substance abuse in selected areas of Pallithottam | 09/11/2011 | MKG Sheeja.S, Feby Fulgen, Jyothi Lekshmi.J European Journal of Pharmaceutical and medical research, ISSN 2394-3211 | https://www.ejpmr.com/home/abstract_id/4491 |
| 26 | A study to assess the knowledge, attitude and practice of housewives regarding domestic wastewater management in selected community areas, Kollam | 30.11.2011 | Mrs.Sumith Cletus, Mrs.Feby Fulgen, Mrs.Sheeja S, Sch. J. Arts Humanit. Soc. Sci. ISSN 2347-5374 (Online) | http://saspjournals.com/sjahss |
| 27 | Knowledge and attitude assessment regarding prevention of waterborne diseases among mothers of preschoolers of selected community area Kollam | 31.07.2011 | Amartha Jomon, Angel Stephen, Bidhula B, Jissa Thomas, Reeba Babu, Teena s babu and Sheeja S. Asian Journal of Nursing Education and Research. ISSN -0975-833X | http://www.journalcra.com/sites/default/files/issue-pdf/23850.pdf |

| PROFESSIONAL DEVELOPMENT | | | |
|---|--|------------|-----------------|
| Title | Type/Institution | Date | Roles |
| The National nursing and midwifery commission bill-2023 'prospects and challenges' | Bishop Benziger College of Nursing, Kollam, Kerala | 08.12.2023 | Organizer |
| Innovation in teaching | Bishop Benziger College of Nursing, Kollam, Kerala | 28.10.2023 | Resource person |
| Doctoral programme in Nursing: Significance and Challenges | Bishop Benziger College of Nursing, Kollam, Kerala | 30.06.2022 | Organizer |
| Outcome based education in the context of NHEQF and Networking in higher education | Xavier board of higher education in india in association with Bishop Benziger College of Nursing, Kollam, Kerala | 05.03.2022 | Organizer |
| State level workshop -KUHS Accreditation standards and process | Bishop Benziger College of Nursing, Kollam, Kerala | 10.12.2021 | Resource person |

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|--|--|-----------------------|---------------------------------------|
| Institutional Re-accreditation by National assessment and Accreditation council | Bishop Benziger College of Nursing, Kollam, Kerala | 2021 -Nov | Chairperson - NACC steering committee |
| Swashraya certificate program(Open learning through radio for pulic) | Bishop benziger community radio 107.8 FM | 2017-2021 | Organized, coordinator |
| webinar on strategies to ensure job satisfaction among nurses during Covid -19 | Bishop Benziger College of Nursing, Kollam, Kerala | 05.09.20 | Organizer |
| state level symposium on crash review on communicable diseases on | Bishop Benziger College of Nursing, Kollam, Kerala | 11.08.20-12.08.20 | Organizer |
| Departmental National level webinar organized on covid 19-trends in public health on | Bishop Benziger College of Nursing, Kollam, Kerala | 07.08.20 | Organizer |
| Impact of COVID-19 among elderly | Bishop Benziger College of Nursing, Kollam, Kerala | 03.07.2020 | Panel Discussion |
| Emotional Intelligence: Implications and Relevance in Health care Professionals | Bishop Benziger College of Nursing, Kollam, Kerala | 04.07.2020 | Organizer |
| International virtual conference on professional integrity during pandemics “Implications and challenges in nursing” | Bishop Benziger College of Nursing, Kollam, Kerala | 23.07.20-25.07.20 | Organizer |
| Best Practices in Nursing | Bishop Benziger College of Nursing, Kollam, Kerala | 30.11.2018-01.12.2018 | Organizer |
| Accreditation in nursing education –process and prospects | Bishop Benziger College of Nursing, Kollam, Kerala | 06.05.2017 | Resource person |
| Blood Donation, Personal Hygiene, Personality ,Grooming | Don Bosco Tech | 20.02.2017 | Resource person |
| Palliative care | Vincent De Paul society (QSSS) | 26.01.2017 | Resource person |
| Blood donation and HIV | Don Bosco Tech | 10.03.2016 | Resource person |
| Incorporating Spiritual care in Nursing: Challenges for Nurses | Bishop Benziger College of Nursing, Kollam, Kerala | 30.03.2016 | Organizer |

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| The Institutional Accreditation by National Assessment and Accreditation Council | Bishop Benziger College of Nursing, Kollam | 2016 July | Chairperson - NACC steering committee |
| Transformative curriculum in nursing:shaping future nurses | Bishop Benziger College of Nursing, Kollam, Kerala | 08.08.2015 | Organizer |
| Blood donation awareness session | Don Bosco Tech | 28.07.2015 | Resource person |

| WORKSHOP /SEMINAR ATTENDED | | | | | | |
|----------------------------|----------------|-------------|------|------|-----|-------|
| International level | National level | State level | NSRI | TNAI | CNE | TOTAL |
| 6 | 13 | 30 | 1 | 2 | 25 | 77 |

| EXTENSION AND SOCIAL ACTIVITIES | |
|---------------------------------|--|
| Sl. No. | Activities |
| 1. | Organising and conducting health camp |
| 2. | School health programme |
| 3. | Source reduction programme |
| 4. | Organizing Health survey |
| 5. | Conducting collaborative service with NGO |
| 6. | Palliative health service |
| 7. | Organising various health programmes in National and International health days |
| 8. | Research activities |
| 9. | Collaboration activities with NSS and SNA |
| 10. | Organising a monthly centre meeting to update the activities |

Declaration: This is to certify that the particulars above are correct and complete to the best of my knowledge and belief.

Place: Kollam

Date:

Signature of the Candidate