



BISHOP BENZIGER COLLEGE OF NURSING


Post Box No 46, Sastri Jn., Kadappakkada, Kollam - 691001

(Accredited by KUHS with A+ and Re-accredited by NAAC with B++)

Estd: 2004

Website: www.bbconkollam.org email id: office@bbcon.ac.in Ph. No: 0474-2765582



	Name MARIAMMA K S (SR. JAISY SEBASTIAN)
	<i>Designation: Assistant Professor</i>
DEPARTMENT OF OBSTETRICS AND GYNAECOLOGICAL NURSING	
Date of Appointment	15.01.2024
University FEP ID	N24497
Email ID	jaisys6@gmail.com
Mobile Number	9497431253
Date of Birth	20.05.1976
Nationality	Indian
Department	OBSTETRICS AND GYNAECOLOGICAL NURSING
Areas of Expertise	OBSTETRICS AND GYNAECOLOGICAL NURSING, NURSING EDUCATION, FOUNDATIONS OF NURSING, NURSING ADMINISTRATION, MENTAL HEALTH NURSING

ACADEMIC DEGREES			
<i>Degree</i>	<i>Month/Year of Completion</i>	<i>University and Institution</i>	<i>Specialty</i>
PhD Scholar	2023 December Batch	DESH BHAGAT UNIVERSITY, PUNJAB	OBSTETRICS AND GYNECOLOGICAL NURSING
MSc(N)	2020	KERALA UNIVERSITY OF HEALTH SCIENCES, BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM, KERALA.	OBSTETRICS AND GYNECOLOGICAL NURSING
Post Basic B.Sc. (Nursing)	2017	RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES/ NETAJI INSTITUTE OF NURSING SCIENCES, MANGALORE, KARNATAKA	-
Degree (BA)	2014	UNIVERSITY OF KERALA (DISTANCE EDUCATION) / FATHIMA MATHA NATIONAL COLLEGE, KOLLAM, KERALA.	English Language and Literature

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General Nursing and Midwifery Course	2001	STATE BOARD - GOVERNMENT OF KERALA /BISHOP BENZIGER SCHOOL OF NURSING, KOLLAM, KERALA.	
Pre-Degree	1997	UNIVERSITY OF KERALA / FATHIMA MATHA NATIONAL COLLEGE, KOLLAM, KERALA.	-
SSLC	1991	KERALA/ STATE BOARD OF SECONDARY EDUCATION / ST. FRANCIS ASSISI HIGH SCHOOL, ARTHUNKAL, ALAPUZHA, KERALA.	-

LICENSURE		
License	Registration Number	Expiry Date
RNRM - Kerala Nurses and Midwives	30651	4-12-2026

CERTIFICATION			
Certificate	Certificate Type	Date Acquired	Expiry Date
TRAINED NURSES ASSOCIATION OF INDIA	151593	17.10.2006	LIFE MEMBERSHIP

TEACHING RESPONSIBILITY	
Course /Subject	Role/Responsibilities
OBSTETRICS AND GYNAECOLOGICAL NURSING, BSc (N)	Subject Coordinator – VI Sem (2024– 25) Subject Faculty - 4THYEAR BSc (N) – (2024 – 25) Subject Faculty - VII & VIII Sem – (2025 – 26)
NURSING RESEARCH, BSc (N)	Guide ship
NURSING EDUCATION (4THYEAR BSc (N))	Subject Faculty (2024 – 25)
NURSING FOUNDATIONS (I & II SEMESTER BSc (N))	Subject Coordinator (2021 – 22) Subject Faculty (2022 – 2023)
EDUCATIONAL TECHNOLOGY/NURSING EDUCATION (V SEM BSc (N))	Subject Coordinator (2023– 24), (2024– 25)
I YEAR BSc (N)	Class Coordinator (2022 - 23) Asst. Class Coordinator (2021 – 22)
ADVANCED NURSING PRACTICE - I M.Sc.(N)	Subject Faculty (2024 – 25)
NURSING EDUCATION - I M.Sc.(N)	Subject Faculty (2025 – 26)

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MENTAL HEALTH NURSING - I M.Sc.(N)	Subject Faculty (2025 – 26)
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NON-TEACHING RESPONSIBILITY	
Office/Committee	Role/Responsibilities
IQAC	Co-Ordinator (JAN. 2024 – NOV. 2024)
IQAC	Secretary (March 2025 onwards)
HOSTEL	Asist. Warden January 2024 onwards.
ALUMNAE ASSOCIATION	President (2022 – 2023)
NAAC CRITERION 2 – TEACHING LEARNING AND EVALUATION	Member Dec. 2021 – July. 2023
NAAC CRITERION – 4	MEMBER – Jan. 2025 onwards
KUHS KEY AREA 4- QUALITY ASSURANCE SYSTEM	Member Dec. 2021 – July. 2023, Criterion head 2024 MEMBER – Jan. 2025 onwards
KUHS SUPPLEMENTARY EXAMINATION REGISTRATION	Deputy In Charge Faculty (Dec. 2021 – July. 2023)
JOINT CLINICAL COMMITTEE	Coordinator – 2022
XAVIER BOARD OF HIGHER EDUCATION IN INDIA	Coordinator
AV AIDS LAB INCHARGE	JAN. 2025 onwards
DEPARTMENT RESEARCH COORDINATOR	OCT. 2024 onwards

TEACHING EXPERIENCE			
After PG			
Designation	Institution	University	Start/Ending Dates
TUTOR	BENZIGER SCHOOL OF NURSING, KOLLAM, KERALA.	STATE BOARD - GOVERNMENT OF KERALA	16.11.2020 TO 03.03.2021 (3 MONTHS 18 DAYS)
LECTURER	BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM, KERALA.	KERALA UNIVERSITY OF HEALTH SCIENCES, THRISSUR.	01.12.2021 TO 11.07.2023 (1 Yr. 7 MONTHS 11 DAYS)
NURSING TUTOR	HOLY FAMILY COLLEGE OF NURSING, NEW DELHI.	DELHI UNIVERSITY	01.08.2023 TO 06.01.2024 (5 MONTHS 6 DAYS)

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LECTURER	BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM, KERALA.	KERALA UNIVERSITY OF HEALTH SCIENCES, THRISSUR.	15.01.2024 TO 31.03.2025 (1 Yr and 2MONTHS 15 DAYS)
ASSISTANT PROFESSOR	BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM, KERALA.	KERALA UNIVERSITY OF HEALTH SCIENCES, THRISSUR.	01.04.2025 - STILL CONTINUING (3 Months)
	REFERENCE DATE: 30.06.2025	TOTAL EXPERIENCE	3 yr. 9 MONTHS. 20 DAYS

CLINICAL EXPERIENCE		
Designation	Institution	Start/Ending Dates
STAFF NURSE	BISHOP BENZIGER HOSPITAL, KOLLAM, KERALA	28.04.2001 – 28.04. 2003(2 Yrs.)
STAFF NURSE	ST. JEROME HOSPITAL, KUNNAM, MAVELIKKARA	30.05.2003 – 28.05. 2007(4 Yrs.)
STAFF NURSE	ST. JOSEPH'S HOSPITAL, KANNAMALY, COCHIN	29.05.2007 – 14.06. 2008 (1 Yr. 15D)
STAFF NURSE	ST. JEROME HOSPITAL, KUNNAM, MAVELIKKARA	15.06.2008 – 25.05.2013 (5 Yrs. 11M 10D)
STAFF NURSE	ST. JOSEPH'S HOSPITAL, KANNAMALY, COCHIN	26.05.2013 – 25.08.2015 (2 Yrs.3M) & 01.11.2017 – 15.08.2018 (9M. 15D)
HOSPITAL ADMINISTRATOR	BISHOP BENZIGER HOSPITAL, KOLLAM, KERALA	04.03.2021 – 30.11.2021 (8M.26D)
	TOTAL EXPERIENCE	16 YEARS 9MONTHS 6DAYS

SUMMARY OF EXPERIENCE		
Sl No	Experience	Total
1.	Clinical Experience	16 Years 9 Months 6 Days
2.	Teaching Experience before PG	Nil
3.	Teaching Experience after PG	3 yr. 9 MONTHS. 20 DAYS
	GRAND TOTAL	20 YEARS 6 MONTHS 26 DAYS

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EXPERIENCE AS GUIDE				
University	College	Level	No. of Students	Duration (in months)
KERALA UNIVERSITY OF HEALTH SCIENCES	BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM.	BSc (N) IV YEAR	6/1 GROUP	12
KERALA UNIVERSITY OF HEALTH SCIENCES	BISHOP BENZIGER COLLEGE OF NURSING	BSc (N) VII SEM (2021 –2025)	5/1 GROUP	6

MEMBERSHIP IN PROFESSIONAL ORGANIZATION		
Name of the Organization	Membership Number	Validity (Duration)
TRAINED NURSES ASSOCIATION OF INDIA	151593	LIFE MEMBERSHIP

CERTIFICATE PROGRAMME –KUHS				
SL NO	Certificate	Institute	Start Date	End Date
1.	TOT IN SIMULATION BASED MEDICAL EDUCATION	KUHS	16.11.2022	17.11.2022
2.	CAPACITY BUILDING PROGRAM FOR HEALTH SCIENCE FACULTY: SIMULATION AND TRAINING CENTRE ORIENTATION	KUHS	03.03.2025	

CERTIFICATE PROGRAMMES			
Certificate	Institute	Start Date	End Date
IMPLEMENTATION OF NEP IN HIGHER EDUCATION INSTITUTIONS	ST. TERESA'S COLLEGE (AUTONOMOUS), ERANAKULAM	17.01.2023	18. 01. 2023
OUTCOME BASED EDUCATION & ESSENTIAL AI TOOL FOR TEACHERS	KERALA STATE HIGHER EDUCATION COUNCIL	10.08.2023	18.08.2023

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SCHOLARLY WORK			
PUBLISHED PAPERS AND BOOKS			
Title	Year	Citation in Vancouver Style	URL
"AN EVALUATION OF NURSING INTERVENTIONS ON SELECTED NEONATAL OUTCOMES AMONG POSTNATAL MOTHERS WITH BREAST COMPLICATIONS AT A SELECTED HOSPITAL IN KOLLAM."	2025	*Mariamma K.S, *Prof. Dr. Ghanshyam Patidar. An Evaluation of Nursing Interventions on Selected Neonatal Outcomes Among Postnatal Mothers with Breast Complications at Selected Hospital in Kollam."", International Journal of Emerging Technologies and Innovative Research (www.jetir.org), ISSN:2349-5162, Vol.12, Issue 6, page no.d786-d799, June-2025, Available : http://www.jetir.org/papers/JETIR2506391.pdf	https://www.jetir.org/view.php?paper=JETIR2506391
"A STUDY TO ASSESS THE KNOWLEDGE REGARDING MENOPAUSE TRANSITION AND ITS SYMPTOMS AMONG WOMEN RESIDING AT SELECTED COMMUNITY, KOLLAM."	2025	*Sr. Mariamma K S, *Mrs. Nisha John, and *Mrs. Susy Mary Thomas. "A STUDY TO ASSESS THE KNOWLEDGE REGARDING MENOPAUSE TRANSITION AND ITS SYMPTOMS AMONG WOMEN RESIDING AT SELECTED COMMUNITY, KOLLAM." Volume 10 Issue 5 May-2025 Page No : d315-d326 Published URL : https://ijnrd.org/viewpaperforall.php?paper=IJNRD2505324	https://ijnrd.org/viewpaperforall.php?paper=IJNRD2505324
"PERCEPTION OF MALE NURSING STUDENTS TOWARDS OBSTETRICAL AND GYNECOLOGICAL NURSING CLINICAL PRACTICE AT SELECTED NURSING COLLEGES, KOLLAM."	2024	*Mariamma. K.S, *Prof. Dr. Annal Angeline. G., *Nisha John, *P V Greeshma "PERCEPTION OF MALE NURSING STUDENTS TOWARDS OBSTETRICAL AND GYNECOLOGICAL NURSING CLINICAL PRACTICE AT SELECTED NURSING COLLEGES, KOLLAM." https://www.ijnrd.org/papers/IJNRD2403398.pdf	https://www.ijnrd.org/papers/IJNRD2403398.pdf
A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAM ON	2024	Prof. Dr. Annal Angeline 1 , Mrs. Nisha John 2, Mrs. P V.Greeshma 3 & Sr. Mariamma K S 4	https://ijrar.org/viewfull.php?&p_id=IJRAR24A2026

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MATERNAL FETAL TRIAGE INDEX(MFTI) AMONG THE FINAL YEAR BSc. NURSING STUDENTS STUDYING IN SELECTED NURSING INSTITUTIONS, KOLLAM.		“A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON MATERNAL FETAL TRIAGE INDEX (MFTI) AMONG THE FINAL YEAR B.SC NURSING STUDENTS STUDYING IN SELECTED NURSING INSTITUTIONS,KOLLAM. https://ijrar.org/viewfull.php?&p_id=IJRAR24A2026	
A STUDY TO ASSESS THE KNOWLEDGE REGARDING ASSISTED REPRODUCTIVE TECHNOLOGY AMONG COUPLES AT SELECTED COMMUNITY AREA, KOLLAM.	2023	Sandra T. Joseph*, Akhil Shaji, Archana O.J.1, Feba T. K., Sterlin Mary Jose, Jomol John and Sr. Mariamma K. S. A STUDY TO ASSESS THE KNOWLEDGE REGARDING ASSISTED REPRODUCTIVE TECHNOLOGY AMONG COUPLES AT SELECTED COMMUNITY AREA, KOLLAM https://www.ejpmr.com/home/abstract_id/10872	https://www.ejpmr.com/home/abstract_id/10872
KNOWLEDGE AND ATTITUDE TOWARDS MENSTRUAL HYGIENE AMONG HOSTEL STUDENTS AT SELECTED COLLEGE OF NURSING, KOLLAM.	2021	Sr. KS Mariamma, Angeline annal. Knowledge and attitude towards menstrual hygiene among hostel students at selected college of nursing, Kollam. International-journal-of-scientific-research-(IJSR) March 2021; 10 (3): 63 – 65 Available from: https://www.worldwidejournals.com/international-journal-of-scientific-research-(IJSR)/fileview/knowledge-and-attitude-towards-menstrual-hygiene-among-hostel-students-at-selected-college-of-nursing-kollam_March_2021_0424169518_2417091.pdf	https://www.worldwidejournals.com/international-journal-of-scientific-research-(IJSR)/fileview/knowledge-and-attitude-towards-menstrual-hygiene-among-hostel-students-at-selected-college-of-nursing-kollam_March_2021_0424169518_2417091.pdf
MATERNAL SATISFACTION AND ITS CONTRIBUTING FACTORS AMONG POSTNATAL MOTHERS AT GOVERNMENT VICTORIA HOSPITAL, KOLLAM.	2021	Sr. KS Mariamma, Angeline annal. Maternal satisfaction and its contributing factors among postnatal mothers at government victoria hospital, Kollam. International-journal-of-scientific-	https://www.worldwidejournals.com/February_2021_6231613718_0125029

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		research-(IJSR) February 2021; 10 (2): 30 – 33 Available from: https://www.worldwidejournals.com/February_2021_6231613718_0125029	
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RESOURCE PERSON		
Sl No	Topic	Venue
1.	ORIENTATION TO REVISED SYLLABUS – V & VI SEMESTERS	Bishop Benziger College of Nursing, Kollam, 2022

PROFESSIONAL DEVELOPMENT PROGRAMMES				
Sl. no	Date	Programme	International/National/State event	Roles
1.	09.06.25 – 10.06.25	Global Health and Emerging Challenges	INTERNATIONAL	PARTICIPANT
2.	04.06.25	Global Perspective in Acute Care	INTERNATIONAL	PARTICIPANT
3.	22. 03. 2025	New Horizons in Nursing Educational Strategies	National	PARTICIPANT
4.	27. 02. 2025	Academic Management System	In house	PARTICIPANT
5.	28. 01. 2025	Human Metapneumovirus Infection	In house	PARTICIPANT
6.	09.12.2024	“Nurturing Life: Maternal and Newborn care”	National	PARTICIPANT
7.	27.11.2024	Blue print and answer key preparation	In house	PARTICIPANT
8.	14.10. 2024	Mental health at workplace	In house	PARTICIPANT
9.	05. 08. 2024	Closing the gap: Breast feeding support for all	In house	PARTICIPANT
10.	03. 06. 2024 to 05. 06. 2024	Nursing Education Technology	In house	PARTICIPANT

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11.	27.04.2024	Beauty Parlour Syndrome	In house	PARTICIPANT
12.	28.03.2024	Robotic Nursing	In house	PARTICIPANT
13.	28.02.2024	Scholar Psychotherapeutics	In house	PARTICIPANT
14.	29.01.2024	Laurence Moon Syndrome	In house	PARTICIPANT
15.	5th to 9th June 2023	"Implication of Artificial Intelligence in Nursing"	International webinar series	ORGANIZER
16.	25.05.2023	Resilience	In house	PARTICIPANT
17.	25.04.2023	Social and behavioural change communication	In house	PARTICIPANT
18.	24.02.2023	A review on drug calculation	In house	PARTICIPANT
19.	25.11.2022	Simulation as Teaching learning strategy: An orientation	In house	PARTICIPANT
20.	24.01.2022	Orientation to Revised B.Sc. Nursing syllabus (Semester System)	In house	PARTICIPANT /RESOURCE PERSON
21.	21.01.2022	General format for a research protocol and theses/dissertation	NATIONAL	PARTICIPANT
22.	15.01.2022	Parametric and Non-Parametric Statistical Tests	NATIONAL	PARTICIPANT
23.	10.01.2022	Methodological Problems in Clinical Research	NATIONAL	PARTICIPANT
24.	10.01.2022	Publication Ethics and Publication Misconduct	NATIONAL	PARTICIPANT
25.	14.12.2021	AED Simulator – Orientation Programme	In house	PARTICIPANT

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Extension and Social Activities		
Sl No	Activities And Venue	Date
1.	National Safe Motherhood Day at Bishop Benziger Hospital	12.4.25
2.	World Health Day Celebration at Bishop Benziger Hospital	7.4.25
3.	Panel Discussion on World Health Day theme	7.4.25
4.	Maternity Health Exhibition at Bishop Benziger College of Nursing	7.8.24
5.	Mass Health Awareness Programme at Govt.Victoria Hospital	1.8.24
6.	Breast feeding Awareness Roleplay at Govt.Victoria Hospital	1.8.24
7.	Health Awareness Programme at Bishop Benziger College of Nursing	28.5.24
8.	Syposium on World Health Day theme-My Health My Right	8.4.24
9.	Panel Discussion on International Women's Day	7.3.24
10.	Breast Cancer Awareness at Holy Family Hospital, Delhi	30.10.23
11.	Health Exhibition at Bishop Benziger College of Nursing	7.8.22
12.	Health Awareness Programme at Bishop Benziger Hospital	4.8.22
13.	Breast Cancer Awareness at Fatima Mata National College, Kollam	28.10.22
14.	Breast Cancer Awareness at Fisherman Community Development Programme Centre	27.10.22



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HOBBIES OF INTEREST

*Listening music, Travelling, Gardening.

REFERENCE

1. Dr. Sr. Therese Kochuvilayil SIC, Principal, Bishop Benziger College of Nursing, Kollam.
2. Mrs. Nisha John, Head of Department, Obstetrics, Bishop Benziger College of Nursing, Kollam.
3. Rev. Sr. Suja Joshua, Superior General, MSST Generalate, Umayanaloor, Kollam

DECLARATION

I hereby solemnly declare that the above stated information is true and correct to the best of my knowledge and belief.

Place: Kollam.

Date: 30/06/2025

SIGNATURE:

(Sr. Jaisy Sebastian)