



Mrs. Nisha John
Designation: Associate Professor Cum
Head of OBG Dept.

Date of Appointment	09.11.2015
University FEP ID	N17162
Email ID	nishajohn1983@gmail.com
Mobile Number	9645703375
Date of Birth	30-12-1983
Nationality	Indian
Department	Obstetrics & Gynecological Nursing
Areas of Expertise	Obstetrics & Gynecological Nursing
Career Objective	To secure a challenging position to expand my learning, knowledge, skill and experience

**ACADEMIC
DEGREE**

<i>Degree</i>	<i>Month/Year of Completion</i>	<i>University and Institution</i>	<i>Specialty</i>
BSc N	September 2006	Nitte Usha Institute of Nursing Sciences, Mangalore, Karnataka, India	
MSc N	November 2012	Kerala University of Health Sciences ; Thrissur, Bishop Benziger College of Nursing	Obstetrics & Gynecological Nursing

LICENSURE

<i>License</i>	<i>Registration Number</i>	<i>Expiration Date</i>
RN & RM - Kerala Nurses and Midwives	RN No:41330 A & RM No:42289	07.12.2025

CERTIFICATE PROGRAMME				
<i>Sl no</i>	<i>Certificate</i>	<i>Institute</i>	<i>Start Date</i>	<i>End Date</i>
1	KUHS-QAS Training Programme	KUHS	4.4.24	-
2	Constitution and Functions of Ethics Committee, Good Clinical Practices and Ethical Approval for Multicenter Research	KUHS	6.2.24	-
3	TOT on learning management system	KUHS	26.07.2021	30.07.2021
4	Self-learning program on Moodle	KUHS	05.12.2020	-

TEACHING RESPONSIBILITY		
<i>Programme</i>	<i>Course /Subject</i>	<i>Role/Responsibilities</i>
I YR MSc N	Nursing Education	Classroom Teaching,
IV YR BSc N	Obstetrics & Gynecological Nursing	Classroom Teaching, Clinical supervision
IV YR BSc N	Nursing Education	Classroom Teaching
VII SEM BSc N	Obstetrics & Gynecological Nursing	Classroom Teaching, Clinical supervision
V SEM BSc N	Nursing Education	Classroom Teaching

NON-TEACHING RESPONSIBILITY	
<i>Office/Committee</i>	<i>Role/Responsibilities</i>
KUHS QAS	Coordinator
KUHS QAS-Key Area 1	Chairperson
NAAC criterion 4-Infrastructure facilities and learning resources	Chairperson
PTA	Treasurer
Staff Welfare Committee	Secretary
Subject Clinic	In charge

Joint Clinical Training Committee	Ex-Secretary
Maternity Lab	Ex Lab -In charge
IV YR BSc N	Class Co Coordinator

TEACHING EXPERIENCE			
Before PG			
<i>Designation</i>	<i>Institution</i>	<i>University</i>	<i>Start/Ending Dates</i>
Asst.:Lecturer	Nitte Usha Institute of Nursing Sciences, Mangalore, Karnataka.	Rajiv Gandhi University of Health Sciences, Bangalore	20.11.2006-24.05.2008
Nursing Tutor	R.Sankar Memorial School of Nursing, Kollam, Kerala.	KNMC	01.07.2008-31.10.2009
		Total Experience	2 year 4 months

TEACHING EXPERIENCE			
After PG			
<i>Designation</i>	<i>Institution</i>	<i>University</i>	<i>Start/Ending Dates</i>
Lecturer	Bishop Benziger College of Nursing	Kerala University of Health Sciences	09.11.2015 to 02.01.2022
Assistant Professor	Bishop Benziger College of Nursing	Kerala University of Health Sciences	03.01.2022 to 28.2.2023
Associate Professor	Bishop Benziger College of Nursing	Kerala University of Health Sciences	01.03.2023 to till date
		Total Experience	9 years 6 months

CLINICAL EXPERIENCE		
<i>Designation</i>	<i>Institution</i>	<i>Start/Ending Dates</i>
Clinical supervisor	L .M.S Boys Brigade Hospital, Kundara	04.02.2014 - 05.11.2015
		Total Experience: 1 year 9 months

SUMMARY OF EXPERIENCE

<i>Experience</i>	<i>Total</i>
Clinical Experience	1 year 9 months
Teaching Experience before PG	2 years 4 months
Teaching Experience after PG	9 years 5 months
TOTAL EXPERIENCE	13 years 6 months

EXPERIENCE AS GUIDE

<i>University</i>	<i>College</i>	<i>Level</i>	<i>No. of Students</i>	<i>Duration (in months)</i>
KUHS	U G Guide	College	5	12

ACHIEVEMENTS AND AWARDS

Sl. No	Achievements/Award Title	Year
1	Subject wise Top scorer of Community Health Nursing from Nitte Usha Institute of Nursing Sciences, Mangalore, Karnataka	2006
2	Best Faculty Performer from Bishop Benziger College of Nursing, Kollam.	2018-2019

MEMBERSHIP IN PROFESSIONAL ORGANISATION

Name of the Organization	Membership number	Validity (Duration)
The Trained Nurses Association of India	157738	Life Membership
Society of Midwives, India	12500-2021	Life Membership

SCHOLARLY WORK

PUBLISHED PAPERS AND BOOKS

Title	Year	Citation in Vancouver Style	URL
A study to explore the perception of male nursing students towards obstetrical nursing practice among students studying in selected nursing colleges, Kollam	2024	Mariamamma. K.S, Prof. Dr. Annal Angeline, Nisha John, P V Greeshma	https://www.ijnrd.org/papers/IJNRD2403398.pdf

A study to assess the effectiveness of structured teaching programme on maternal fetal triage index(MFTI) among the final year B.sc nursing students in selected nursing institutions, Kollam.	2024	Mariamamma. K.S, Prof. Dr. Annal Angeline. Nisha John, P V Greeshma	https://ijrar.org/viewfull.php?&p_id=IJRAR24A2026
A descriptive study to assess knowledge regarding Teratogens and their effects among antenatal mothers during first trimester in selected hospitals at Kollam	2024	AmithaAlex ,Ms.Bincy Basanio LavanyaSebastian Sandra Cleetus, Steffi Stephen Mrs. Nisha John, Mrs.Safreena Mary C	https://www.ijnrd.org/papers/IJNRD2404607.pdf
A study to assess the knowledge regarding lactation problems among post natal mothers during early postpartum period in selected hospitals at Kollam	2023	Alfy Laurel Amalan, Ann Marria T. T., Jasmy Joseph, Riya Elezabeth Skariya, Shanon C. Biju and Nisha John	https://www.ejpmr.com/home/abstract_id/10961
A study to assess the knowledge regarding Reproductive and Child Health among the students studying in selected Arts College, Kollam.	2022	Prof.Annal Angeline, Ms.Joyce Yesudas, Mrs.Nisha John	http://www.ijrar.org/viewfull.php?&p_id=IJRAR22A2534
A descriptive study to assess the utilization of antenatal care services by mothers during covid-19 pandemic in selected hospital at Kollam	2022	Aneesha A.*, Feba Saji John, Jinu T.B., Nisha Varghese, Sheba Sam and Nisha John	https://www.ejbps.com/ejbps/abstract_id/9319

A study to assess the knowledge regarding complementary therapy among antenatal mothers attending antenatal clinic in the selected Hospital at Kollam	2021	Ms. Honey Varghese, Ms. Jereena Jerome , Ms. Jincy Jose, Ms. Jitty Jose, Ms. Varsha Julius, Mrs. Nisha John	https://www.proquest.com/openview/da98db0abe52766458c3bfbf24c0a0da/1?pq-origsite=gscholar&cbl=1096447
A study to assess the effectiveness of planned teaching programme on knowledge and practice regarding the breast problems and its management among postnatal mother in selected hospitals, Kollam.	2020	Prof. Annal Angeline, Joyce Yesudas, Nisha John	https://www.worldwidejournalss.com/international-journal-of-scientific-research-(IJSR)/article/a-study-to-assess-the-effectiveness-of-planned-teaching-programme-on-knowledge-and-practice-regarding-the-breast-problems-and-its-management-among-postnatal-mother-in-selected-hospitals-kollam/MjM3MDI=/?is=1&b1=609&k=153
A study to assess the effectiveness of structured teaching programme on knowledge regarding menopausal osteoporosis among perimenopausal Women's in selected community area at Kollam	2019	Arya S., Merin Roy, Nikitha Joy, Sandra Cheriyan, SnehaSaju and Nisha John*	https://www.ejbps.com/ejbps/abstract_id/5828

A study to assess the effectiveness of structured teaching programme on knowledge regarding polycystic ovarian syndrome among adolescent girls in selected higher secondary School at Kollam	2018	AkhilaRaju, Archana. S. B., Babitha Xavier, Jeena Mary Roy, Rincy, Raju and Nisha John	https://www.ejbps.com/ejbps/abstract_id/4735
A study to assess the effectiveness of self-instructional module on knowledge and attitude regarding Breast Self-Examination	2018	Prof. Annal Angeline*, Joyce Yesudas, Nisha John and Elizabeth Serin Raj	https://www.ejbps.com/ejbps/abstract_id/4744
A study to assess the effectiveness of music therapy on anxiety and pain Among mothers during first Stage of labor in selected Hospital at Kollam	2017	Nisha John, a angeline	https://scholar.google.com/citations?user=tb3uih8aaaaj&hl=en

PAPER PRESENTATIONS			
Sl no	Topic	Venue	Role/Achievements
1	A study to assess the effectiveness of structured teaching programme on maternal fetal triage index(MFTI) among the final year B.sc nursing students in selected nursing institutions, Kollam.	BBCON International workshop on Mixed Research Method-2024	Presenter
2	A study to assess the knowledge regarding Reproductive and Child Health among the students studying in selected Arts College, Kollam.	NSCON-INSPIRION 2022	Presenter
3	A study to assess the effectiveness of music therapy on anxiety and pain among mothers during first stage of labor in selected hospital at Kollam	NRSI Conference, Tamil Nadu, 2016.	Presenter

PROFESSIONAL DEVELOPMENT PROGRAMMES				
Sl.no	Title	Type/Institution/University	Date	Roles

1	State level conference on New Horizon in Nursing Educational Strategies	Travancore College Of Nursing	22.3.25	Delegate
2	International workshop on Mixed Research Method	Bishop Benziger College of Nursing	22.7.24	Delegate
3	International webinar series on Implication of artificial intelligence in nursing	Bishop Benziger College of Nursing	05.6.2023-09.6.2023	Delegate
4	Session on publication ethics and publication misconduct ;Methodological problems in clinical research	Bishop Benziger College of Nursing	20.1.2022	Delegate
5	CNE on parametric and non parametric statistical tests	Bishop Benziger College of Nursing	15.01.22	Delegate
6	Workshop On KUHS Accreditation Standards And Process	Bishop Benziger College of Nursing	10.12.21	Resource Person
7	“International E-Conference on Mental Health First Aid”	D Y Patil University School of Nursing, Navi Mumbai and National Institute of Mental Health & Neurosciences (INI), Bengaluru	4.2.21-6.2.21	Delegate
8	“Developmental Delays And Disorders: Role Of Nurse In Early Identification And Intervention	NIMHANS	25.11.2020	Delegate
9	Understanding Gestational Diabetes For Better Maternal And Fetal Outcome	St. Joseph's College of Nursing	2,12.2020	Delegate
10	Webinar on DELNET Networked Resources & Services	KLE Dr. M S Sheshgiri College of Engg&Tech,Belagavi	2.12.20	Delegate
11	"Managing Maternal Care during COVID outbreak".	INC WEBINAR	20.04.2020	Delegate
12	Growth and Development -A Progressive Advancement of Little Lives	Lourde College of Nursing.	30.11.20-4.12.20	Delegate
13	Providing Family Planning and other reproductive health services during COVID outbreak".	INC WEBINAR	21.04.2020	Delegate
14	Turn the challenges to opportunities during COVID 19 Pandemics”	NAAC MHRD Program Minister Event	28.05.2020	Delegate

15	"Basic emergency obstetric care skills- Part-I".	INC WEBINAR	22.04.2020	Delegate
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Extension and Social Activities		
Sl No	Activities And Venue	Date
1	National Safe Motherhood Day at Bishop Benziger Hospital	12.4.25
2.	World Health Day Celebration at Bishop Benziger Hospital	7.4.25
3.	Panel Discussion on World Health Day theme	7.4.25
	Ovarian Cancer Awareness at ITI Kollam	7.5.24
4.	Maternity Health Exhibition at Bishop Benziger College of Nursing	7.8.24
5.	Mass Health Awareness Programme at Govt.Victoria Hospital	1.8.24
6.	Breast feeding Awareness Roleplay at Govt.Victoria Hospital	1.8.24
7.	Health Awareness Programme at Bishop Benziger College of Nursing	28.5.24
8.	Symposium on World Health Day theme-My Health My Right	8.4.24
9.	Panel Discussion on International Women's Day	7.3.24
10.	Breast Cancer Awareness at St.Aloysius HSS	30.10.23
11	Health Exhibition at Bishop Benziger College of Nursing	7.8.23
12.	Breast Cancer Awareness at Fatima Mata National College,Kollam	3.8.23
13.	Health Awareness Programme at Bishop Benziger Hospital	4.8.23
14	Breast Cancer Awareness at Fatima Mata National College,Kollam	28.10.22
15	Breast Cancer Awareness at Fisherman Community Development Programme Centre	27.10.22
16	World Immunization Day at Govt.Victoria Hospital	10.11.21
17	Newborn Care Week Celebration at Govt.Victoria Hospital	24.11.21
18	Breast Cancer Awareness at Bishop Benziger Hospital	23.10.21
19	Webinar on Breast Cancer Awareness at Bishop Benziger College of Nursing	26.10.21
20	Health Awareness Programme at Bishop Benziger College of Nursing	26.10.21
21	Exhibition On Reproductive Health	28.10.21
22	Webinar on Early Detection Can save Lives,Here Now	30.10.20

I declare that all the statements are true, complete and correct to the best of my knowledge and belief.

Mrs. Nisha John

Date : 21-4-2025