



Approved Research Centre of Kerala University of Health Sciences)

DEPARTMENT OF CHILD HEALTH NURSING

LIST OF EXTENSION ACTIVITIES 2015-2020

Year/Date	Event	Activity	Incharge Faculty	Students	Beneficiary
			members		
		2015-2016			
16.03.2016	1. QSS ACTIVITY	The QSS activities were conducted at	Prof. Bhasura	-	35
		Anjanam Children's	Chandrachood		
		Home,Sakthikulangara.	Mrs. Betcy K		
		The activities include assessment and	Jayims		
		health talk on Hygiene, Healthy Life	Mrs.Soly Thomas		
		Style habits and Nutrition were given.			
20.06.2016	2. EXHIBITION	Exhibition regarding Play and its	Prof. Bhasura	3 rd Year	25
		importance was done.	Chandrachood	BSc(N)	
			Mrs. Betcy K		
			Jayims		
			Mrs.Soly Thomas		
20.06.2016	3. ROLEPLAY	Roleplay on accidents and its prevention	Prof. Bhasura	3 rd Year	25
		of various ages were presented by	Chandrachood	BSc(N)	
		students.	Mrs. Betcy K		
			Jayims		
			Mrs.Soly Thomas		
26.07.2016-	4.OBSERVATIONAL	The visits to Blind School Varkala, Deaf	Prof. Bhasura	3 rd Year	100

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30.07.016	VISITS	and Dump School, Valakom, School for	Chandrachood	BSc(N)	
		Mentally Challenged, Children home and	Mrs. Betcy K		
		Anganwadi were conducted. Recreation	Jayims		
		and health talk was given by students.	Mrs.Soly Thomas		
01.08.2016-	5.BREAST	A week of activities were conducted	Prof. Bhasura	3 rd Year	70
07.08.2016	FEEDING WEEK	which includes rally, roleplay, health talk	Chandrachood	BSc(N)	
	CELEBRATION	, essay and drawing competitions, mass	Mrs. Betcy K		
		awareness programmes in the community	Jayims		
		areas of Pallithottam, Kollam and	Mrs.Soly Thomas		
		valedictory function.			
10.11.2016	6.IMMUNISATION	A health talk on importance of	Prof. Bhasura	3 rd Year	20
	DAY	immunization was given by students to	Chandrachood	BSc(N)	
		parents in the Pediatric wards of Bishop	Mrs. Betcy K		
		Benziger Hospital.	Jayims		
			Mrs.Soly Thomas		
14.11.2016	7.CHILDRENS DAY	Drawing and colouring competitions were	Prof. Bhasura	3 rd Year	10
		conducted for children in pediatric wards	Chandrachood	BSc(N)	
		of Bishop Benziger Hospital, Kollam.	Mrs. Betcy K		
			Jayims		
			Mrs.Soly Thomas		





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Year/Date	Event	Activity	Incharge Faculty	Students	Beneficiary				
			members						
	2016-2017								
26.01.2017	1. REPUBLIC DAY	Department in collaboration with NSS	Mrs. Betcy K	-	45				
		unit, at CSI balabhavan	Jayims						
			Mrs.Soly Thomas						
04.02.2017	2. CANCER DAY	Department in collaboration with	Mrs.Soly Thomas	4 th	35				
		Community Health Nursing department,		Bsc(N)					
		health talk							
17.03.2017	3. QSS ACTIVITY	The QSS activities were conducted at	Mrs. Betcy K	-	50				
		Anjanam Children's	Jayims						
		Home,Sakthikulangara.	Mrs.Soly Thomas						
		The activities include assessment and							
		health talk on Hygiene, Healthy Life							
		Style habits and Nutrition were given.							
07.04.2017	4. WORLD HEALTH	Radio talk on Depression	Mrs. Betcy K	3 rd Year	-				
	DAY		Jayims	BSc(N)					
09.05.2017	5. THALASSEMIA	A health talk on Thalassemia was given	Mrs. Betcy K	3 rd Year	20				
	DAY	by students to parents in the Pediatric	Jayims	BSc(N)					

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		wards of Bishop Benziger Hospital.	Mrs.Soly Thomas		
12.05.2017	6.INTERNATIONAL	Radio talk on theme: A voice to lead in	Mrs. Betcy K	-	-
	NURSES DAY	achieving sustainable developmental goal	Jayims		
22.06.2017	7. EXHIBITION	Exhibition regarding Play and its	Mrs Salima C P	3 rd Year	25
		importance was done.	Mrs. Betcy K	BSc(N)	
			Jayims		
			Mrs.Soly Thomas		
22.06.2017	8. ROLEPLAY	Roleplay on accidents and its prevention	Mrs Salima C P	3 rd Year	25
		of various ages were presented by	•	BSc(N)	
		students.	Jayims		
			Mrs.Soly Thomas		
25.07.2017-		The visits to Blind School Varkala, Deaf		3 rd Year	80
29.07.2017	VISITS	and Dump School, Valakom, School for	•	BSc(N)	
		Mentally Challenged, Children home and	•		
		Anganwadi were conducted. Recreation	Mrs.Soly Thomas		
		and health talk was given by students.			
01.08.2017-	10.BREAST	A week of activities were conducted		3 rd Year	80
07.08.2017	FEEDING WEEK	which includes rally, roleplay, health talk	•	BSc(N)	
	CELEBRATION	, essay and drawing competitions, mass	Jayims		
		awareness programmes in the community	Mrs.Soly Thomas		
		areas of Pallithottam, Kollam and			
		valedictory function.			



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10.11.2017	11.IMMUNISATION	A health talk on importance of	Mrs Salima C P	3 rd Year	15
	DAY	immunization was given by students to	Mrs. Betcy K	BSc(N)	
		parents in the Pediatric wards of Bishop	Jayims	Ist year	
		Benziger Hospital.	Mrs.Soly Thomas	MSc(N)	
14.11.2017	12.CHILDRENS	Drawing and colouring competitions were	Mrs Salima C P	3 rd Year	12
	DAY	conducted for children in pediatric wards	Mrs. Betcy K	BSc(N)	
		of Bishop Benziger Hospital, Kollam.	Jayims	Ist year	
			Mrs.Soly Thomas	MSc(N)	





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Year/Date	Event	Activity	Incharge Faculty members	Students	Beneficiary
		2017-2018			
17.04.2018	1. HEMOPHILIA DAY	A health talk on hemophilia was given by students to parents in the Pediatric wards of Bishop Benziger Hospital.		3 rd Year BSc(N) Ist year MSc(N)	18
25.06.2018	2. EXHIBITION	Exhibition regarding Play and its importance was done.	Mrs. Betcy K Jayims Mrs.Soly Thomas	3 rd Year BSc(N) Ist year MSc(N)	30
25.06.2018	3. ROLEPLAY	Roleplay on accidents and its prevention of various ages were presented by students.	•	3 rd Year BSc(N) Ist year MSc(N)	30
24.07.2018- 28.07.2018	4.0BSERVATIONAL VISITS	The visits to Blind School Varkala, Deaf and Dump School, Valakom, School for Mentally Challenged, Children home and Anganwadi were conducted. Recreation and health talk was given by students.	Jayims Mrs.Soly Thomas	3 rd Year BSc(N) Ist year MSc(N)	80
01.08.2018- 07.08.2018	5BREAST FEEDING WEEK	A week of activities were conducted which includes rally, roleplay, health talk	•	3 rd Year BSc(N)	75

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	CELEBRATION	, essay and drawing competitions, mass awareness programmes in the community areas of Pallithottam, Kollam and	Mrs.Soly Thomas Ms. Asha Francis	Ist year MSc(N)	
		valedictory function.			
16.09.201	18 6.POSHAN ABHIYAN	Radio talk on Breast feeding	Mrs. Betcy K Jayims	-	-
19.09.201	18 7. POSHAN ABHIYAN	Radio talk on Weaning	Mrs. Betcy K Jayims	-	-
10.11.201	8.IMMUNISATION DAY	A health talk on importance of immunization was given by students to parents in the Pediatric wards of Bishop Benziger Hospital.	Jayims	3 rd Year BSc(N) 2 nd year MSc(N)	20
14.11.201	9.CHILDRENS DAY	Drawing and colouring competitions were conducted for children in pediatric wards of Bishop Benziger Hospital, Kollam.	~	3 rd Year BSc(N) 2 nd year MSc(N)	10





Year/Date	Event	Activity	Incharge Faculty	Students	Beneficiary
			members		
		2018-2019			
21.03.2019	1.DOWN	A health talk on Down syndrome was	Mrs. Pinky	3 rd Year	30
	SYNDROME DAY	given by students to parents in the	Antony	BSc(N)	
		Pediatric wards of Bishop Benziger	Mrs. Betcy K	2 nd year	
		Hospital and Victoria Hospital Kollam.	Jayims	MSc(N)	
			Ms. Asha Francis		
02.04.2019	2. AUTISM DAY	A health talk on Autism was given by	Mrs. Pinky	3 rd Year	35
		students to parents in the Pediatric wards	Antony	BSc(N)	
		of Bishop Benziger Hospital and Victoria	Mrs. Betcy K	2 nd year	
		Hospital Kollam.	Jayims	MSc(N)	
			Ms. Asha Francis		
23.07.2019-	4.0BSERVATIONAL	The visits to Blind School Varkala, Deaf	Mrs. Pinky	3 rd Year	85
27.07.2019.	VISITS	and Dump School, Valakom, School for	Antony	BSc(N)	
		Mentally Challenged, Children home and	Mrs. Betcy K	2 nd year	
		Anganwadi were conducted. Recreation	Jayims	MSc(N)	
		and health talk was given by students.	Ms. Asha Francis		
29.07.2019	3. ORS DAY	A health talk on importance of ORS	Mrs. Pinky	3 rd Year	40
		therapy was given by students to parents	Antony	BSc(N)	
		in the Pediatric wards of Bishop Benziger	Mrs. Betcy K	2 nd year	
		Hospital.	Jayims	MSc(N)	



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01.08.2019-	5BREAST FEEDING	A week of activities were conducted	Mrs. Betcy K	3 rd Year	80
07.08.2019	WEEK	which includes rally, roleplay, health talk	Jayims	BSc(N)	
	CELEBRATION	, essay and drawing competitions, mass		2 nd year	
		awareness programmes in the community		MSc(N)	
		areas of Pallithottam, Kollam and			
		valedictory function.			
10.11.2019	8.IMMUNISATION	A health talk and radio talk on	Mrs. Manila	3 rd Year	15
	DAY	importance of immunization was given	Mathews	BSc(N)	
		by students to parents in the Pediatric	Mrs. Vidya	1 st year	
		wards of Bishop Benziger Hospital.		MSc(N)	
14.11.2019	9.CHILDRENS DAY	Drawing and colouring competitions	Mrs. Manila	3 rd Year	10
		were conducted for children in pediatric	Mathews	BSc(N)	
		wards of Bishop Benziger Hospital,	Mrs. Vidya	1 st year	
		Kollam.		MSc(N)	





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Year/Date	Event	Activity	Incharge Faculty	Students	Beneficiary
			members		
		2019-2020			
12.02.2020	1.CORONA	A Mass Health Awareness session was	Mrs. Betcy K	3 rd Year	50
	AWARENESS	conducted on 12.02.2020, Wednesday, in	Jayims	BSc(N)	
	PROGRAMME	Pediatric Wards of Bishop Benziger	Mrs. Manila		
		Hospital, Kollam.	Mathews		
			Mrs. Vidya		
29.07.2020	2. ORS DAY	A health talk on importance of ORS	Mrs. Betcy K	3 rd Year	100
		therapy and mass awareness video was	Jayims	BSc(N)	
		conducted by students to society.	Mrs. Manila	2 nd year	
			Mathews	MSc(N)	
			Mrs. Vidya		
01.08.2020-	3BREAST FEEDING	A week of activities were conducted	Mrs. Betcy K	3 rd Year	100
07.08.2020	WEEK	which include mass awareness video,	Jayims	BSc(N)	
	CELEBRATION	health talk , essay and drawing	Mrs. Manila	2 nd year	
		competitions, mass awareness	Mathews	MSc(N)	
		programmes, quiz, webinar and	Mrs. Vidya		
		valedictory function.	_		
08.08.2020	4.WEBINAR	A webinar on Pediatric Interventional	Mrs. Betcy K	3 rd Year	100
		Cardiology was conducted	Jayims	BSc(N)	
			Mrs. Manila	2 nd year	
			Mathews	MSc(N)	





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			Mrs. Vidya		
10.11.2020	5.IMMUNISATION DAY	A health talk and radio talk on importance of immunization was given by students.	Mrs. Betcy K Jayims Mrs. Manila Mathews Mrs. Vidya	3 rd Year BSc(N) 2 nd year MSc(N)	25
14.11.2020	6.CHILDRENS DAY	Masks were distributed to children in Pediatric wards of Bishop Benziger Hospital as a part of Covid Protocol.	Mrs. Betcy K Jayims Mrs. Manila Mathews	2 nd year MSc(N)	10
23.11.2020- 28.11.2020	7.NEWBORN WEEK CELEBRATION	Newborn week celebration consists of mass awareness programme, radio talk, heath talk, awareness video, quiz and webinar on Essential Newborn care.	Jayims	3 rd Year BSc(N) 2 nd year MSc(N)	150





Year/Date	Event	Activity	Incharge Faculty members	Students	Beneficiary
		2020-2021			
04.02.2021	1.CANCER DAY	A health talk on Pediatric Oncology was	Mrs. Betcy K	3 rd Year	15
		given by students to parents in the	Jayims	BSc(N)	
		Pediatric wards of Bishop Benziger	Mrs. Manila		
		Hospital.	Mathews		