

DISORDERS OF EYE



STYE



HORDEOLUM



- ▶ Acute inflammation at the edge of the lid
- ▶ Caused by Staphylococcal infection of the gland of Zeis
- ▶ Usually ending in supuration



ETIOLOGY OF STYE

- ▶ Most common in children and young adults
- ▶ Associate with Blepharitis
- ▶ Lower state of health – DM, Uncorrected Refractory errors

SIGNS AND SYMPTOMS

- ▶ Red swelling appearance
- ▶ Pain
- ▶ Tenderness
- ▶ Oedema of the lids
- ▶ Yellowish summit (indicating Suppuration)

TREATMENT

- ▶ Hot fomentation
- ▶ Antibiotics – Chloromycetin ointment
- ▶ Analgesics
- ▶ Prophylaxis
 - ▶ Antibiotic ointment
 - ▶ Treat DM, Blepharitis, correction of refractory errors



CHALAZION



CHALAZION



- ▶ Also called tarsal or meibomian cyst
- ▶ It is a chronic non-infective granulomatous inflammation of the meibomian gland

ETIOLOGY

- ▶ *Stephylococcus*
- ▶ *Seborrhea*

CLINICAL FEATURES

- ▶ Painless swelling in the lid
- ▶ Feeling of mild heaviness
- ▶ Examination – small, firm to hard, non tender swelling
- ▶ Red, purple or gray area seen on evertting the lid
- ▶ Foreign body sensation

COMPLICATION

- ▶ Blurred vision
- ▶ Astigmatism
- ▶ Ectropion and epiphora
- ▶ Formation of fungating mass
- ▶ Leads to hordeolum infection
- ▶ Calcification
- ▶ Malignant change – meibomian carcinoma

TREATMENT

- Conservative treatment
 - Hot fomentation – 10-15 minutes , 4 times a day
 - Topical antibiotics - chloromycetin
 - Eye drops
 - Oral anti-inflammatory drugs
- Intralesional injection – long acting steroid (Triamcinolone)
- I & D
- Diathermy

BLEPHARITIS





- It is a chronic bilateral inflammatory reaction of the eyelid margins

2 TYPES

- ▶ Anterior blepharitis
- ▶ Posterior blepharitis

ANTERIOR BLEPHARITIS

- ▶ Staphylococcal blepharitis – ulcerative, involvement of base of hair follicles
- ▶ Seborrhoeic Blepharitis – hyperaemia and greasy appearance to anterior lid.

POSTERIOR BLEPHARITIS

- ▶ Meibomian seborrhea
- ▶ Meibomianitis – inflammation of the meibomian glands

CLINICAL MANIFESTATION

- ▶ Sore eye : burning and itching of eyelid margin
- ▶ Dry eye or epiphora
- ▶ Redness
- ▶ Irritation
- ▶ Photo phobia

MANAGEMENT

- ▶ Lid hygiene
 - ▶ Warm compress
 - ▶ Lid massage
 - ▶ Lid cleansing
- ▶ Antibiotic ointment – chloramphenicol ointment – 1-4 times per day to lid margin
- ▶ Systemic antibiotics
 - ▶ Tetracycline – 500mg, bd, 4 weeks then 250 mg bd for 8 weeks
 - ▶ Oxytetracycline - 500mg, bd, 4 weeks then 250 mg bd for 8 weeks
 - ▶ Doxycycline - 100 mg od for 4 weeks then 50 mg od for 8 weeks

