



BISHOP BENZIGER COLLEGE

OF NURSING

Accredited by NAAC,

Member of United Nations Academic Impact Program

Approved Research Centre of Kerala University of Health Sciences



7.1.1 - Report of Gender Equity and Sensitization Programmes 2016- 2020



BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)

UNITED NATIONS
academic
impact

Sharing
a Culture
of Intellectual
Social
Responsibility

Awareness class on self defence by women cell, Traffic awareness and fire and safety conducted on 03/02/2020





WOMEN'S DAY CELEBRATION 2020(08/03/20)

First year B.Sc nursing students conducted Flash mob, speech and skit conducted on behalf of empowerment of women in Women's day celebration



SWASHRAYA – AN INNOVATIVE STEP TOWARDS WOMEN EMPOWERMENT

One of the sensitized needs identified during the home visit and survey in the adopted community area, Pallithottam was lack of basic hygiene and the importance of being empowered in maintaining the health of individuals and families. It was also noticed that, at least one member of all families had some kind of health issues. As health care providers, we felt a strong need to make the women empowered in preventive, preservative and protective aspects of health, so as to promote the health of the family, and community in various dimensions, thereby contributing to national development. "Swashraya" was launched on 05.11.18 in collaboration with **Community Radio Benziger, 107.8**, a hospital based radio and our college. The program was named as "Swashraya" which means "Self Sufficient". The vision is to empower the women to practice the primordial and primary level of prevention, like health assessment, healthy practices including good nutrition, habits, exercise, rest and basic care in minor ailments. The program had 5 units in total which is being broadcasted through **Community Radio Benziger 107.8** in 72 episodes



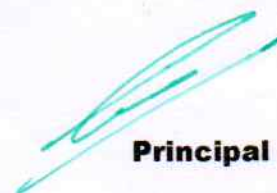
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Principal

Dr. ANOOPA. K.R. Ph.D (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1, KERALA

INTERNATIONAL WOMEN'S DAY'19

International Women's Day was observed at Bishop Benziger College of Nursing on 8th March 2019 with fervor enthusiasm. The program started with a prayer song. **Ms. Loisa Martin**, Chairman, College union welcomed the audience. Awareness class on basic traffic rules and road safety was taken by the experts from **Maruti Driving School, Kollam**, as many women come forward in practice of driving. Fourth year B.Sc. nursing students performed a role play based on the theme of gender equality and women empowerment. A panel discussion was conducted by 1st year M.Sc. nursing students on the theme of International Women's Day 2019 – "**Think Equal, Build Smart, Innovate for Change**". The highlight of the program was an interactive lecture by **Dr. Bindhu Mary Francis, Consultant Pediatrician and Adolescent counselor, ESI Dispensary, Kollam**. The key message of her talk was enjoying femininity, inspiring and empowering others as health care providers. Around 200 students and 10 staffs participated in the program. **Sr. Mariamma K.S.** 1st year M.sc nursing student proposed the vote of thanks. The program ended at 4:00pm




Principal

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WOMENS DAY CELEBRATION 2018

Obstetrics and Gynecological Nursing Department in collaboration with Community Health Nursing Department of Bishop Benziger College of Nursing Kollam, conducted an awareness program on the theme of International Women's Day "Press For Progress" on 8th March 2018 at Community Health Centre Pallithottam, Kollam from 9am to 12pm. The objective of the program was on par with the 5th Sustainable Development goal of UN, Gender equality. IV Year B.Sc Nursing students from Bishop Benziger College of Nursing conducted a role play and puppet show on women empowerment and had also conducted an awareness class on self protective measures for women at Community Health Centre, Pallithottam.



Role Play On Women Empowerment.

Signature of Faculty Co-ordinator

Prof. ANOOPA, K.R., M.Sc. (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM-1, KERALA.



MARCH 8th 2017

THE INTERNATIONAL WOMENS DAY

THEME :- BE BOLD FOR CHANGE

The Women's day celebration was conducted from 18th April 2017. As part of the programme we conducted a one day activity.

Venue:- S.S. Samithy, mayyanadu
Time:- 9 am - 1 pm

The programme was officially inaugurated by Mrs. Shehuda Janal (Bowel Wash). After the inaugural session a short class was taken by Mr. Saju John (S.S. Samithy, Secretary). After the session our volunteers met the inmates and interacted with them. As part of the one day activity we visited the organic farm (Rehabilitation Centre, S.S. Samithy). After the visit refreshment was arranged. The Forty five number of volunteers actively participated the programme. Mrs. Somy John (N.S.S. PO, BB con). Mrs. Saffina Mary C (Staff representative) was co-ordinated the programme. After the programme refreshment was arranged and the one day activity was successfully ended at 1 pm.

Somy John
12/5/17
Signature of the
N.S.S. P.O
(Mrs. Somy John)

Programme Officer
National Service Scheme
Bishop Benziger College of Nursing
Kollam

Signature of the
Chairperson

Prof. ANOOPA, K.R., M.Sc. (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KULLIYAM, KERALA.



BISHOP BENZIGER COLLEGE OF NURSING,
KOLLAM
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Member of united nations
academic impact programme



In-House Workshop
On

**Self Defence
Traffic Awareness
Fire and Safety**

Monday, 3rd February 2020

8:00 am – 5:00 pm

(College auditorium)

Organised by:

1st year MSc nursing students,
Bishop Benziger College of Nursing
in collaboration with
Track cum Fire & Rescue team, Kollam



