



BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



SHEEJA .S Associate Professor HOD, Community Health Nursing Dept.

Date of Appointment	25.04.2015
University FEP ID	N20544
Email ID	devusheeja@gmail.com
Mobile Number	9656934231,9745668545
Date of Birth	02.06.1977
Nationality	Indian
Department	Community health nursing
Areas of Expertise	Community Health Nursing I and II, Management of Nursing Service and Education

ACADEMIC DEGREES

<i>Degree</i>	<i>Month/Year of Completion</i>	<i>University and Institution</i>	<i>Specialty</i>
M.Sc Nursing	November 2009	The Tamilnadu Dr.MGR Medical University Annai JKK Sampoorani Ammal College of Nursing, Erode	Community Health Nursing
B.Sc Nursing	November 1998	The Tamilnadu Dr.MGR Medical University Sree Padmavathi College of Nursing, Dharmapuri	-

LICENSURE

<i>License</i>	<i>Registration Number</i>	<i>Expiration Date</i>
RN RM - Kerala Nurses and Midwives	36838, 37707	30.03.2023

CERTIFICATION

<i>Certificate</i>	<i>Certificate Type</i>	<i>Date Acquired</i>	<i>Expiration Date</i>
KUHS certificate course	CHAGCCP	12.10.2019	-

TEACHING RESPONSIBILITY

<i>Programme</i>	<i>Course /Subject</i>	<i>Role/Responsibilities</i>
M.Sc Nursing, II year	Community health nursing	Subject In-charge, Classroom Teaching, Community posting
MSc Nursing, I year	Community health nursing	Classroom Teaching, Community posting
MSc Nursing	Management of Nursing Service and Education	Classroom Teaching, clinical supervision
BSc Nursing	Community health nursing-II	Classroom Teaching, Community posting



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NON-TEACHING RESPONSIBILITY	
<i>Office/Committee</i>	<i>Role/Responsibilities</i>
Centre coordinator	Inventory checking, conducting regular monthly meeting in the centre, conducting survey through students, updating registers and family folders, organizing various national and international health programs.
Library committee	Participating regular meeting
Hostel committee	Visit to hostel, verifying their registers, updating the files ,conducting regular meeting
Department activities	Regular meetings, updating all registers and files ,department research ,publication and presentation of research, collaborative programs with other departments, research collaboration, Radio project SWASHRAYA, Radio program, health program on special days, mentor mentee activities Regular HOD meetings and faculty meeting, Regular CNE, JOURNAL PRESENTATION in the department, NAAC head of criterion V and KUHS –Criterion II ,
Disciplinary committee	Member, participating in meeting
Curriculum committee	Presentation of previous year feedback, updating regular year ,follow up the suggestion and recommendation ,

TEACHING EXPERIENCE			
Before PG			
<i>Designation</i>	<i>Institution</i>	<i>University</i>	<i>Start/Ending Dates</i>
Tutor	Dr.SM CSI School of Nursing, Karakonam	Kerala University	04.06.02- 31.03.05
Lecturer	Dr.SMCSI. Medical College, Karakonam	Kerala University	01.04.05- 02.09.07



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TEACHING EXPERIENCE			
After PG			
<i>Designation</i>	<i>Institution</i>	<i>University</i>	<i>Start/Ending Dates</i>
Asst. Professor	Nightingale college of nursing, Nedumangad, TVM	KUHS	22.09.09- 10.07.14
Asst. Professor	Global college of nursing, Marthandam, Tamilnadu	Dr .MGR Medical University, Chennai	04.08.14- 20.04.15
Asso. Professor	Bishop Benziger college of Nursing, Kollam	KUHS	25.04.15-till date

CLINICAL EXPERIENCE		
<i>Designation</i>	<i>Institution</i>	<i>Start/Ending Dates</i>
Staff Nurse	Vivek laboratories of medical science(Blood bank incharge),Nagerkovil	15.12.98- 27.12.01
Staff Nurse	Dr.SMCSI. Medical College Hospital, Karakonam	04.06.02- 31.03.05

EXPERIENCE AS GUIDE				
<i>University</i>	<i>College</i>	<i>Level</i>	<i>No. of Students</i>	<i>Duration (in months)</i>
Dr .MGR Medical University,chennai	Global college of nursing, Marthandam, TN	II MSC speciality 04.08.14- 20.04.15	3	7 months
KUHS	Bishop Benziger college of Nursing, Kollam	2016-18	1	24 months



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KUHS	Bishop Benziger college of Nursing, Kollam	2019-onwards	2	16 months(continuing)
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SCHOLARLY WORK			
PUBLISHED PAPERS AND BOOKS			
Title	Year	Citation in Vancouver Style	URL
Knowledge and attitude assessment regarding prevention of waterborne diseases among mothers of preschoolers of selected community area Kollam	31st July, 2017	Thomas A, John AM, Pascal A, Amala A, Robin A, Sheeja S. A study to assess the knowledge regarding home remedies of viral fever among mothers at selected community area, Kollam. Asian Journal of Nursing Education and Research. 2020;10(2):194-200.	http://www.journalcra.com/sites/default/files/issue-pdf/23850.pdf
A study to assess the knowledge, attitude and practice of housewives regarding domestic waste water management in selected community areas, Kollam	30.11.2017	Cleetus S , Fulgen F , Sheeja S.A Study to Assess the Knowledge, Attitude and Practice of Housewives Regarding Domestic Waste Water Management in Selected Community Areas, Kollam. Sch. J. Arts Humanit. Soc. Sci. 2017; 5(11C):1733-1737	http://saspjournals.com/sjahss
A study to assess the knowledge and attitude of adolescent boys regarding substance abuse in selected areas of Pallithottam	09/11/2018	S.Sheeja , F.Feby , Jyothilakshmi, Gopinath.K. M a study to assess the knowledge and attitude of adolescent boys regarding substance abuse in selected areas of Pallithottam. european journal of pharmaceutical and medical research, 2018,5(12), 267-270	https://www.ejpmr.com/home/abstract_id/4491
A study to assess effectiveness of an interventional programme on knowledge regarding use of	January - March 2020	Athira S Vijayan, Sheeja S. A Study to Assess Effectiveness of an Interventional Programme on Knowledge Regarding Use of Amruthum Nutrimix Among Mothers of Under Five Children in Selected Urban	http://inventi.in/journal/article/impact/46/30110/preventive-social-medicines/pi



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Amrutham nutrimix among mothers of under five children in selected urban Anganwadis of Kollam, Kerala		Anganwadis of Kollam, Kerala. Inventi Impact: Preventive & Social Medicines, 2020(1):8-13, 2020.	
Study on knowledge regarding importance of maintaining proper body posture among office employees of Kollam	January- 2020	FulgenMF. Knowledge Regarding Importance Of Maintaining Proper Body Posture Among Office Employees Of Kollam. International Journal of Scientific Research. 2020 Jan 29;9(1).	http://www.worldwidejournals.info/index.php/ijsr/article/view/730/717
A study to assess the knowledge on mothers of underfive children regarding importance of vitamin A among selected areas of Pallithottam, Kollam	03.06.202 0	Varghese S, Manuel S, Tessy A, Vineetha CR, Sheeja S. A Study to Assess the Knowledge on Mothers of Underfive Children Regarding Importance of Vitamin A among Selected Areas of Pallithottam, Kollam. Asian Journal of Nursing Education and Research. 2020;10(1):84-8.	http://www.indianjournals.com/ijor.aspx?target=ijor:ajner&volume=10&issue=1&article=019

PROFESSIONAL DEVELOPMENT			
<i>Title</i>	<i>Type/Institution/University</i>	<i>Date</i>	<i>Roles</i>
Consultant	Don Bosco Tech	2015-2019	conduct awareness to the students
Consultant	Quilon Social Service Society	2019	conduct awareness program, seminar to the members of Vincent de Paul society
Chairperson of NACC	steering committee of Bishop Benziger College of Nursing, Kollam	2015 ONWARDS	The Institutional Accreditation by National Assessment and Accreditation Council
Program coordinator of	Community Radio Benziger 107.5fm	2017 -2020	Radio Project Swashraya
Life Membership	TNAI (Trained Nurse Association of India).	2000 onwards	member



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Life Member	SOCHNI(Society Of Community Health Nurses Of India)	2019 onwards	member
Member	Board of studies in Nursing of the Tamilnadu Dr.MGR Medical University Chennai	2019 onwards	Member
Member of Inspection team	The collegiate programme under KUHS	2019 onwards	Member
Accreditation in nursing education –process and prospects at Bishop Benziger College of nursing	State level conference	5,6 may 2017	Resource person

Organizer

1. National symposium on Transformative curriculum in nursing: shaping future nurses organized by Bishop Benziger College of Nursing, Kollam
2. Organized national level conference on “best practice in nursing” at Bishop Benziger College of Nursing, Kollam.
3. International virtual conference on professional integrity during pandemics “Implications and challenges in nursing” on 23.07.20-25.07.20
4. Departmental National level webinar organized on covid 19-trends in public health on 07.08.20
5. state level symposium on crash review on communicable diseases on 11.08.20-12.08.20
6. webinar on strategies to ensure job satisfaction among nurses during Covid -19 on 05.09.20

Paper Presentation

1. **Paper presentation** done in NRSI South region regional conference – “preventive and social nursing and emerging concept for practice” at Holy Cross College of Nursing, Kottiyam, Kollam.
2. **Paper presentation** done at the national level conference on best practice in nursing held at Bishop Benziger College of Nursing, Kollam.

Poster



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1. First Prize for **poster competition** on Empoderamiento-empowering nurses to make a difference at St Thomas College of nursing
2. Scientific E poster titled professional integrity during pandemics :implications and challenges in nursing on 23&24.07.20 in BBCON

Delegate

1. Attended national workshop on research methodology in Vivekananda College of nursing.
2. Participation to delegate in the National Community Health Nursing Conference ‘National leadership in community health’- CMC Vellore
3. Community experience in CMC (RUSHA)
4. Positive steps to handle violence against women-Nightingale College of nursing
5. National seminar on preventive cardiology organized by Chitra College of Nursing Pandalam
6. State annual conference of TNAI on recent trends in education and practice at convention centre, the Quilon Beach Hotel, Kollam
7. State level workshop on incorporating spiritual care in nursing: challenge for nurse held at Bishop Benziger College of Nursing
8. State conference on Research methods, Statistical Approaches and Publications-“lighting the future for innovative nursing research”
9. TNAI-CNE on Emergency Nursing Care Skills in Cardiology at Bishop Benziger College of Nursing, Kollam.
10. State level workshop on ethics in research held at Bishop Benziger College of Nursing, kollam
12. SOCHNI National conference on community health nursing –a global perspective to Indian context –omayal Achi College of Nursing.
13. Workshop on quality assurance in nursing service and education-Upasana College of Nursing, Kollam.
14. International nursing conference –solace -on oncology organized by caritas hospital
15. State level workshop on integration of nursing education and service: concept of dual responsibility for nurses held at Bishop Benziger College of nursing
16. Workshop for PG Guide at Govt Ayurveda College, Thiruvananthapuram



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17. National conference on Empoderamiento-empowering nurses to make a difference at St Thomas College of nursing

18. NRSI South region regional conference – “preventive and social nursing and emerging concept for practice” at Holy cross college of nursing, Kottiyam, Kollam.

19. National seminar on healthy ageing: Nurses lead Innovations in Geriatrics and Gerontology, organized by college of nursing, NS Memorial Institute of Medical Science, Kollam.

20. Team-Based Learning (TBL) embedded in the Nursing management and Professional Development (NMPD) Module during

COVID-19 & Active learner engagement using digital tools’ as a part of International Virtual Interactive Seminar Series on “Impact of COVID-19 Pandemic & Strategies for mitigation” On June 27, 2020 in manipal college of nursing.

21. “Pandemic impact on school children: Expanding role of teachers and parents’ as a part of International Virtual Interactive Seminar Series on “Impact of COVID-19 Pandemic & Strategies for mitigation” On July 01, 2020 in manipal college of nursing.

22. “Coping in times of crisis: strategies for physical and emotional wellbeing’ & ‘Living well during pandemic- Psychological Rehabilitation’ as a part of International Virtual Interactive Seminar Series on “Impact of COVID-19 Pandemic & Strategies for mitigation” On July 02, 2020 in manipal college of nursing.

23. ‘Nursing Leader’s preparedness for COVID-19 positive laboring patients’ as a part of International Virtual Interactive Seminar Series on “Impact of COVID-19 Pandemic & Strategies for mitigation” On July 03, 2020 in manipal college of nursing.

24. “Teaching during turbulence for health sciences & role of rubrics in assessment’ as a part of International Virtual Interactive Seminar Series on “Impact of COVID-19 Pandemic & Strategies for mitigation” On June 23, 2020 in manipal college of nursing.

25. ‘EBP- Hyped based data during pandemic- Role of Medical & Nursing policy makers’ as a part of International Virtual Interactive Seminar Series on “Impact of COVID-19 Pandemic & Strategies for mitigation” On July 04, 2020 in manipal college of nursing.

26. ‘Opportunity for nurses against the pandemic tide’ as a part of

International Virtual Interactive Seminar Series on “Impact of COVID-19 Pandemic & Strategies for mitigation” On July 09, 2020 in Manipal college of nursing.

27. ‘Understanding the impact of SARS- CoV-19 transmission reducing measures on older people and family carers’ & Impact of COVID-19 on

28. Older adult: Creative solutions to protect elderly’ as a part of International Virtual Interactive



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Seminar Series on “Impact of COVID-19 Pandemic & Strategies for mitigation” On June 29, 2020 in manipal college of nursing.

29. ‘Nurse Practitioner in India -A model for sustainability’ as a part of

International Virtual Interactive Seminar Series on “Impact of COVID-19 Pandemic & Strategies for mitigation” On July 10, 2020 in manipal college of nursing.

30. ‘Ensuring patient and health care workers safety during COVID-19 pandemic’ & Facility management & safety during COVID-19 pandemic’ as a part of International Virtual Interactive Seminar Series on “Impact of COVID-19 Pandemic & Strategies for mitigation” On June 30, 2020 in manipal college of nursing.

31. online methods of teaching and evaluation, organized by govt college of nursing Kozhikode on 16.07.20

32. International webinar on innovative and intellectual property rights on 04.07.20

33. TNAI webinar on breath and meditation-art of living 17.06.20-21.06.20

34. Aggression and crisis management of mentally ill, at BBCON on 07.07.20

35. National webinar on virtual learning in nursing education by Amala College of nursing thrissur on 17.07.20

36. Obstetric protocol in covid antenatal by Govt College of nursing Kozhikode on 14.07.20

37. Entrepreneurship scenario during covid-19 pandemic, with special reference to north east India, by Assam women’s management university on 12.07.20

38. E-Learning : A medium of imparting education during pandemic times from 02.07.20-04.07.20 by VMCON Karaikal

39. National webinar on exploring the challenges in comprehensive care of young children and adolescent in covid -19 from 08.07.20-10.07.20, by VMCON karaikal

40. National webinar on elderly care practices for promoting healthy ageing in covid-19(pandemic) from 15.07.20-17.07.20 by VMCON karaikal

41. Spit free India movement to prevent the spread of covid-19 Jun-Aug 20

42. Preparing for online teaching, United Nations environmental programme on 21.05.20

43. Revitalize the research spirit PSG CON 10-06.20

44. International webinar on publishing a research Article on 18.07.20 by PNNFI

45. “Emotional Intelligence & Decision making Style” from 22.07.2020 to 24.07.2020 organized by



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Department of Mental Health Nursing, VMCON, Karaikal.

46. impacts on covid-19: Challenges and issues of breastfeeding-role of midwives on 06.08.20 by BBCON pediatric department

47. “NEW EDUCATION POLICY & HIGHER EDUCATION SECTOR,

KERALAM - PROSPECTS, PROBLEMS & PREPAREDNESS” Organized by IQAC and Heartian Beavers (Tech Innoadapt Team) Sacred Heart College August 7, 2020 - Duration 90 Minutes

48. ‘GLOBAL NURSING CHALLENGES- EVOLVING THROUGH THE PANDEMIC’ by st Thomas college of nursing chethipuzha on 14th August 2020

49. Emotional intelligence :implications and relevance in health care professionals on 04.08.20 by mental health dept BBCON

50. National webinar on innovations in health care technology and its future by medical surgical department BBCON on 07.08.20

51. Legal and ethical aspects in midwifery and obstetrical nursing by Christ CON Rajkot on 07.09.20

52. Nursing research –unreleaseing the potentials on 08.09.20, by DM WIMS CON, Wayanad

53. KFUNAI in association with UNAI ASPIRE chapters of BBCON, UKFCET, TKMCE, and MARIAN college organized webinar on pursuit of happiness in the midst of covid crisis on 07.08.20

54. WEBINAR ON NAAC Accreditation process of health sciences colleges :lessons learned on 03.09.20

Panel discussion Participated in BBCON on 03.07.20

Examiner

- Examiner for B.Sc., (N) & M.Sc., (N) Under KUHS
- Examiner for M.Sc., (N) Under Dr.MGR medical university
- Question paper Setter for B.Sc., (N) & M.Sc., (N) at KUHS