



BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



Mrs. Binutha V.P.
Associate Professor
HOD, Medical Surgical Nursing Department

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|---------------------|---|
| Date of Appointment | 20.02.2014 |
| University FEP ID | N10527 |
| Email ID | Binutha27@gmail.com |
| Mobile Number | 9048348103 |
| Date of Birth | 27.07.1981 |
| Nationality | Indian |
| Department | Medical surgical nursing |
| Areas of Expertise | Medical nursing, surgical nursing, clinical speciality I and II |

ACADEMIC DEGREES

| Degree | Month/Year of Completion | University and Institution | Specialty |
|--------------|--------------------------|---|--------------------------|
| M.Sc nursing | September 2008 | Annamalai University Chithambaram Rani Myammai CON | Medical surgical nursing |
| B.Sc nursing | November 2003 | Dr. MGR University Chennai Sree Mookambika CON | - |

LICENSURE

| License | Registration Number | Expiration Date |
|-----------------------------------|---------------------|-----------------|
| RNRM - Kerala Nurses and Midwives | 1819 | 30.03.2023 |

CERTIFICATION

| Certificate | Certificate Type | Date Acquired | Expiration Date |
|---|------------------|---------------------------|-----------------|
| I Year certificate course | CABS-DTRT | 23.10.2019 | life long |
| World breast feeding week celebration participated in exhibition competition | First prize | 01.08.2007- 07.08.2007 | |
| National conference on Empowering Nurses to make a difference in poster competition | Third prize | 21.07.2018 | |
| National conference on Best Practice in Nursing participated in poster presentation | Third prize | 30.11.2018 | |



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| TEACHING RESPONSIBILITY | | |
|-------------------------|------------------------|--|
| <i>Programme</i> | <i>Course /Subject</i> | <i>Role/Responsibilities</i> |
| M.Sc Nursing | Clinical speciality I | Theory/ clinical/ dissertation |
| M.Sc Nursing | Clinical speciality II | Theory/ clinical/ dissertation/ coordinator |
| B.Sc Nursing | Medical nursing | Theory/ clinical |
| B.Sc Nursing | Nursing Research | Theory/ clinical |

| NON-TEACHING RESPONSIBILITY | |
|-----------------------------|------------------------------|
| <i>Office/Committee</i> | <i>Role/Responsibilities</i> |
| IEC Committee | Secretary |
| NAAC Criterion 3 | Head |
| KUHS Criterion 5 | Head |
| Curriculum Committee | Member |
| Library Committee | Member |
| HOD Meeting | Secretary / report |
| Grievance Committee | Secretary / Report |

| TEACHING EXPERIENCE | | | |
|-------------------------------|------------------------------|-------------------|-------------------------------|
| Before PG | | | |
| <i>Designation</i> | <i>Institution</i> | <i>University</i> | <i>Start/Ending Dates</i> |
| Tutor/ clinical instructor | Karnataka college of nursing | RUGHS | 14.02.2004- 29.09.2006 |

| TEACHING EXPERIENCE | | | |
|---------------------|---|-------------------|-------------------------------|
| After PG | | | |
| <i>Designation</i> | <i>Institution</i> | <i>University</i> | <i>Start/Ending Dates</i> |
| Asso. Prof | Bishop Benziger college of nursing, Kollam | KUHS | 20.02.2014 - till date |
| Asst. Prof | Azeezia college of nursing | KUHS | 01.10.2008- 19.02.2014 |

| CLINICAL EXPERIENCE | | |
|---------------------|--------------------|---------------------------|
| <i>Designation</i> | <i>Institution</i> | <i>Start/Ending Dates</i> |
| NIL | - | - |



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EXPERIENCE AS GUIDE

| University | College | Level | No. of Students | Duration (in months) |
|------------|--|-------|-----------------|----------------------|
| KUHS | Bishop Benziger college of Nursing, Kollam | PG | 19 | 36 |

SCHOLARLY WORK

PUBLISHED PAPERS AND BOOKS

| Title | Year | Citation in Vancouver Style | URL |
|---|------|--|---|
| 1. Assess the level of knowledge on home care management of CVA among care givers with a view to develop teaching module at BBH kollam | 2017 | Binutha V P., Lovelin Morris Fernandez., Athula Mary Jacob., Jasmine P.V., Jerin James., Resmi Raveendran., Sherin Sebastian., Tincy Gerald., Sony John., Safarina Mary and Anita Thomas A descriptive study to assess the level of knowledge on home care management of CVA among care givers with a view to develop teaching module at BBH, Kollam. Page: 3826-3827 volume 7 | https://journalcmpr.com/issues/assess-level-knowledge-home-care-management-cva-among-care-givers-view-develop-teaching |
| 2. A study to assess the effect of individualized medication education programme on knowledge and drug taking character among cardiac patient in BBH. | 2019 | Mrs. Binutha V. P. Mrs. Sherin Sebastian* Mrs. Resmi Ravindran Mr. Jerin J Mrs. Reshma V. S. Mrs. Sony John Mrs. Safreena Mary Mrs. Anitta Thoma effect of individualized medication education programme on knowledge and drug taking character among cardiac patient in BBH international journal of nursing research volume 9 issues 2 feb 2020 | https://www.worldwidejournals.com/international-journal-of-scientific-research-(IJSR)/article/effect-of-individualized-medication-education-programme-on-knowledge-and-drug-taking-character-among-cardiac-patients-in-bishop-benziger-hospital/MjQwMzY=/?is=1&b1=777&k=195 |



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| 3. Effectiveness of video assisted teaching regarding colonoscopy procedure on knowledge and pre procedure anxiety among patients undergoing colonoscopy. | 2018 | Ravindran, Resmi; P, Binutha VP Effectiveness of Video Assisted Teaching Regarding Colonoscopy Procedure on Knowledge and Pre Procedure Anxiety among Patients Undergoing Colonoscopy. International Journal of Nursing Education . Oct-Dec2017, Vol. 9 Issue 4, p116-120. 5p. | https://web.b.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=09749349&AN=127723886&h=b5Byl4cBTwF5Iw1hSwFvxRza%2b7e9Q14URy7lS54blUrdMBOUL0iE6CAhBz3pLER8aGFXzLkT4US1%2b6FnxZwmGw%3d%3d&crl=c&resultNs=AdminWebAuth&resultLocal=ErrCrlNotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26auth%3dcrawler%26jrnl%3d09749349%26AN%3d127723886 |
| 4. Effectiveness of planned teaching programme on knowledge and practice regarding the use of incentive spirometry among patients undergoing abdominal surgery. | 2019 | | |
| 5. A study to assess the effectiveness of STP on knowledge and practice regarding endotracheal | 2019 | Mercy Thomas and Binutha V. PA study to assess the effectiveness of structured teaching programme on knowledge and practice regarding endotracheal suctioning among staff nurses in intensive care units of selected hospitals in Kollam. Volume 4 Page: 3849- | https://journalcmpr.com/issues/study-assess-effectiveness-structured-teaching-programme-knowledge-and-practice-regarding |



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| suctioning among staff nurses in ICU of selected hospital in kollam. | | 3853 | |
| 6.Effectiveness of teaching programme on knowledge of staff nurses regarding early identification and management of selected complications of patients admitted in ICU's at selected hospitals kollam | 2020 | Sandhya E., Binutha V. P., Anoop K. R. and Anand S. assess the effectiveness of teaching programme on knowledge of staff nurses regarding early identification and management of selected complications of patients admitted in icus at selected hospitals, kollam europion journal of pharmaceutical and science | https://www.ejbps.com/ejbps/abstract_id/6477 |

| PROFESSIONAL DEVELOPMENT | | | |
|--|---|-------------------|-----------------|
| <i>Title</i> | <i>Type/Institution/University</i> | <i>Date</i> | <i>Roles</i> |
| 1 .Continuing nursing education on innovative strategies in education . | St. Joseph College of Nursing, Anchal, Kollam | 15.06.2013. | Resource person |
| 2. Accreditation in nursing education – process and prospects. | Bishop Benziger College of nursing, Kollam | 5 and 6 may 2017. | Resource person |
| 3. Advanced nursing skills. | Bishop Benziger College of nursing, Kollam | 21.6.2019. | Resource person |
| 4.NAAC Steering Committee – Criterion 3 | Bishop Benziger College of nursing, Kollam | July 2016 to till | Chairperson |
| 5. KUHS Accreditation key area- 5 | Bishop Benziger College of nursing, Kollam | 2019-till | Chairperson |
| 6. Biomedical waste management. | Azeezia College Of nursing, Kollam | 08.02.2014 | Organizer |
| 7. National symposium on Transformative Curriculum in Nursing : Shaping Future in nursing. | Bishop Benziger College of Nursing | 08.08.2015 | Organizer |



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| 8. State level workshop on Ethics in Research. | Bishop Benziger College of Nursing | 20.01.2017 | Organizer |
| 9. State level workshop on Integration of Nursing Education and Service: Concept of dual responsibility for nurses | Bishop Benziger College of Nursing. | 04.04.2018. | Organizer |
| 10. National level conference on Best Practice in nursing | Bishop Benziger College of Nursing | 30.11.2018 and 01.12.2018. | Organizer |
| 11. National symposium on recent immunological advancement in HIV and opportunistic infections. | Annamalai University | 24-03-2007 and 25-03-2007 | Delegates |
| 12. National seminar on recent trends in nursing process | Rani Meyyammai College of nursing | 02-04-2007 and 03-04-2007 | Delegates |
| 13. TNAI kerala state branch educational programme on mind power and personality for nurses and procedures in critical care. | VNSS College of nursing kollam | 14-11-2008. | Delegates |
| 4. Quality Assessment in Examination. | Kerala University of Health and Allied Sciences | 13.10.2010 | Delegates |
| 5. Competency Based Approach for Developing Nursing Professionals. | Upasana College of Nursing. | 23.07.2013. | Delegates |
| 6. State level workshop on Reporting and Utilizing Research Findings | Bishop Benziger College of nursing | 08.04.2014 | Delegates |
| 7.TNAI conducting continuing education programme on Perioperative management of advanced surgical procedures | VNSS College of nursing Kollam | 23.08.2014 | Delegates |
| 8.State level workshop on management and leadership for best practices in nursing. | VNSS college of nursing | 12.12.2014 | Delegates |



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| 9.State level workshop on Human relation in nursing | Bishop Benziger College of nursing | 07.03.2015. | Delegates |
| 10.National work shop on Refining skills in oncology nursing research. | Regional Cancer Centre TVM | 08.04.2015-10.04.2015. | Delegates |
| 11.TNAI conducting state annual conference Recent Trends in Education and Practice | Bishop Benziger College of nursing | 05.12.2015. | Delegates |
| 12.State level workshop on Incorporating Spiritual Care in nursing: Challenge for Nurses. | Bishop Benziger College of nursing | 30.03.2016. | Delegates |
| 13.TNAI conducting continuing education programme on Emergency nursing care skills in cardiology. | Bishop Benziger College of nursing | 31.05.2016. | Delegates |
| 14.Continuing nursing education workshop on Emergency Management skills | Flask point at co-operative college of nursing | 16.07.2016. | Delegates |
| 15.State conference on Achieving Excellence in Interpretation of diagnostic studies-Beyond the basics. | Puspagiri College Of Nursing | 01.11.2017. | Delegates |
| 16.National conference on EMPODERAMIENTO-Empowering Nurses to make a difference | St.Thomas College of Nursing | 21.07.2018. | Delegates |
| 17.SOLACE- International nursing conference on oncology. | Caritas Hospital, Kottayam | 19.01.2018-20.01.2018. | Delegates |
| 18.State level workshop on Advanced Nursing Skills. | Bishop Benziger College of nursing | 21.06.2019 | Delegates |
| 19.State level workshop on INSCOL- CPR and AED Skill. | Bishop Benziger College of nursing | 21.06.2019. | Delegates |



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| 20.National seminar on healthy aging: Nurses Lead Innovations in Geriatrics and Gerontology . | NS Memorial Institute of medical science. | 17.01.2020. | Delegates |
| 21Exploring the challenges in comprehensive care of young children and adolescent in Covid-19” | Vinayaka mission college of nursing | 08.07.2020 to 10.07.2020 | Delegates |
| 22.e - learning : a medium of imparting education during pandemic times | VMCON, Karaikal. | 02.07.2020 to 04.07.2020 | Delegates |
| 23.professional integrity during pandemics implication and challenge in nursing | Bishop Benziger College of nursing | 23.07.2020 | Delegates |
| 24.paediatric interventional cardiology | Bishop Benziger College of nursing | 08.08.2020 | Delegates |
| 25.“Strengthening research proposal by collaboration & partnership” | NAAC Criteria III, Yenepoya Nursing College | 20th October 2020. | Delegates |
| 26.revised NAAC accreditation process of health sciences in college lesson learned. | Bishop Benziger College of nursing | 03.09.2020 | Delegates |
| 27.social graces; secret behind professional success | Bishop Benziger College of nursing | 11.08.2020 | Delegates |
| 28. COVID 19 stress in public health | Bishop Benziger College of nursing | 07.08.2020 | Delegates |
| 29. emotional intelligence and implication relevance in health care professionals | Bishop Benziger College of nursing | 04.08.2020 | Delegates |
| 30. Intellectual Property Rights | Bishop Benziger College of nursing | 20.11.2020 | Delegates |
| 31. <i>National guidelines for Ethical committees reviewing biomedical and health research during COVID-19 pandemic and challenges in functioning of Ethical committees during COVID-19 resilience phase'</i> | School of Health Policy and Planning Studies of Kerala University of Health Sciences | 19/9/2020, 20/9/2020 and 21/9/ 2020. | Delegates |



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| 32.comprehensive evaluation of clinical learning through OSCE | GOVT . college of nursing TVM., | 19&26.09.2020 | Delegates |
| 33. DELNET work resources | M.S. Sheshgiri college of eng and tech. | 02.12.2020 | Delegates |
| 34.epidermology level of prevention | SRM college of nursing | 10.07.2020 | Delegates |
| 35.COVID 19 challenge to humanity | VSSCON | 25&26.09.2020 | Delegates |
| 36.scope of nursing :international perspective | SRM college of nursing | 17.07.2020 | Delegates |
| 37. Nursing Leader's preparedness for COVID-19 positive laboring patients' "Impact of COVID-19 Pandemic & Strategies for mitigation | Reach and Internationalization, MCON, MAHE, Manipal Dr. Elsa | July 03, 2020. | Delegates |
| 38.new education policy & higher education sector, keralam - prospects, problems & preparedness" | Sacred Heart College | August 7, 2020 - Duration 90 Minutes | Delegates |
| 39.paradigm shift in nursing profession | royal global university | 31.07.2020 | Delegates |
| 40. Healthy Work Place | GOVT. College of Nursing TVM., | 09.09.2020 | Delegates |