



# BISHOP BENZIGER COLLEGE

# OF NURSING

*Accredited by NAAC,*

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*Approved Research Centre of Kerala University of Health Sciences*



## 3.3.1 – Institutional Ethics Committee Report 2015-2020

26.6.15 Minutes of ~~meeting~~ Institutional Ethics Committee meeting held on 26.6.2015.

The Institutional Human Ethics Committee (IHEC) was conducted on 26.6.2015 at Bishop Benziger college of Nursing, Kollam. The following members were present.

1. Prof. Anoopak.R Principal - Chairperson.
2. Dr. Sindha P. MSc, MEd, PhD - Member
3. Mr. Fredric Leon Fernandez MS - Member
4. Dr. P.S. Anil Jose MA, BED, MPhil, PhD - Member
5. Mr. Job Kurian MSc BED, SET - Member
6. Mr. S. Anand, vice Principal, cum HOD of }  
Mental health Nsg } - Member.
7. Prof. Bhasura Chandrachud HOD of }  
child health nsg } - Member
8. Mrs. Anna Angeline HOD of OBU - Member
9. Mrs. Binutha V.P HOD of MSN - Member (Secretary).
10. Mrs. Sheeja HOD of Comm. H.N - Member
11. Dr. Praveen Nambodiri M.D. Am - Member  
(Nephrologist).

A total of 4 proposals were included in the IEC meeting - All 4 proposals were presented and were approved. Scholars were directed to incorporate changes suggested by the committee members.

Sl.No	Name	Speciality	Title	Comments
1.	Ms. Anjitha Somarajan	Medical surgical Nsg.	A comparative study to assess the effectiveness of reflective	→ Changes in the Title & Statement → <del>action</del>

Sl. No	Name	Speciality	Title	Comments.
			diary over self instructional module on stress level among first order care givers of patients with MI admitted in ccu of selected hospitals at kollam	⇒ operational definition in detail. ⇒ grammatical mistakes in statement and objectives. ⇒ Add some study in need for the study
2.	Mrs. Saritha Mohan	Medical surgical Nsg.	A study to assess the effectiveness of cardiac counseling on knowledge and anxiety among patient diagnosed with acute coronary syndrome in selected hospitals at kollam	⇒ changes in the title & statement of informed consent ⇒ operational definition change ⇒ grammatical mistake in hypothesis and objectives.
3.	Mrs. Sreeja S.	Medical surgical Nursing.	A study to assess the effectiveness of selected Nsg interventions on muscle cramps in patients with chronic kidney disease undergoing hemodialysis at selected hospitals kollam.	⇒ changes in title & statement ⇒ changes in objectives ⇒ Add some study in need for the study. ⇒ operational definition changes.

~~Signature of Charitha~~

Sl. No.	Name	Speciality	Title	Comments
4.	MRS. Niveditha Taji	Medical / Surgical Nursing	A study to assess the effectiveness of foot reflexology on reducing anxiety among patients undergoing coronary angiogram in selected hospitals at Kollam.	→ changes in the title and statement. → changes in objectives. → Grammatical mistakes in hypothesis and variables.

Signature of Secretary

Signature of Chairperson



Dr. ANOOP...  
BISHOP BENERJI COLLEGE OF NURSING  
KOLLAM

## Minutes of Institutional Ethics Committee on 02/06/16

The Institutional Ethics committee was conducted on 02/06/16 at Bishop Benjigan College of Nursing, Kollam. The following members were present


- Prof. Anoop K.R, Principal - Chairperson
- ~~Dr. An~~ Dr. Asha S. Kumar M.Sc, Ph.D - Member
- Dr. Anil Jose M.Ed, Ph.D - Member.
- Mr. Anand S, Vice Principal - Member.
- Mrs. Bhasura Chandrachud, HOD, CHN - Member.
- Mrs. Anjal Angehni, HOD, OBG - Member.
- Mrs. Binutha V.P, HOD, MSN - Member
- Mrs. Sheeja HOD, Community Health Nursing - Member.

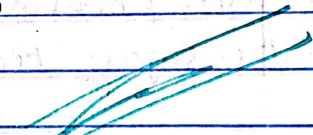
A total of 4 proposals were included in the meeting. The members gave valuable suggestions for the proposals presented.

Sl No	Name	Specialty	Title	Comments
1.	Anu Mohan	Medical Surgical Nursing.	A study to assess the effect of structured teaching program on knowledge and practice regarding prevention of stroke	<ul style="list-style-type: none"> <li>- Changes in the title &amp; statement</li> <li>- Modifications in operational definitions.</li> <li>- Eliminate certain</li> </ul>

Sl No	Name	Speciality	Title	Comments
			among hypertensive patients in selected Community area, Kollam.	<ul style="list-style-type: none"> <li>Objectives</li> <li>- Alter the Community Settings.</li> <li>- Add more references.</li> </ul>
2.	Nisha Mani Daniel.	Medical - Surgical Nursing.	A study to assess the effect of <sup>improving</sup> Burger's Allen's exercises in limb tissue perfusion among patients with Type - II Diabetes mellitus in selected hospitals Kollam	<ul style="list-style-type: none"> <li>- Change in the statement of the problems</li> <li>- Change the order of hypothesis and deleted 1 objective.</li> <li>- Sampling technique changed.</li> <li>- Change in Operational definitions:</li> <li>- Modification in inclusion &amp; exclusion criteria</li> </ul>
3.	Veena . V. C.	Medical Surgical Nursing.	A Study to assess effect of Structured teaching program. on knowledge practice & perceived	<ul style="list-style-type: none"> <li>- Modifications in statement</li> <li>- Change the</li> </ul>

Sl. NO.	NAME	SPECIALITY	TITLE	COMMENTS.
			Skill of Staff Nurses on regarding care of patient with mechanical Ventilator in selected hospitals.	Methodology. - Advised. grammatical mistakes.
A.	Miss. Nimmi-Mani-Daniel.	Obstetrics & Gynaecological Nursing.	A study to compare the effect of planned teaching vs informational booklet on knowledge regarding selected aspects of antenatal care among primi antenatal mothers visiting OPDs of selected hospitals at Kollam	- changed the problem statement. - Advised research methodology. - Advised to add. Review of literature.

  
Signature of Secretary.

  
Signature of Chairperson

13.05.17.

Minutes of the <sup>ethics</sup> ~~Ethical~~ Committee Meeting conducted on 13/5/17

The institutional Ethical Committee was conducted on 13/5/17 at Bishop Benziger College of Nursing, Samaratell, at 10 AM. The following members were present in the committee meeting.

1. Prof. Anoop K.R. Principal. - Chairperson.
2. Dr. Sindha. P MSc Med PhD - Member
3. Dr. Asha. S. Kumar MSc PhD - Member.
4. Dr. Acharya Thulasitharan - Member.
5. Mr. Job Kurian MSc Med SET - Member
6. Mr. Anil Jose MA BEd, MPhil PhD - member.
7. Prof. Anand. S. Vice principal - Member
8. Prof. Anna Angeline HOD of OBG. → Member
9. Mrs. Binitha. V.P. HOD in MSN. → Secretary
10. Mrs. Sheeja. S. HOD in CHN. → Member
11. Mrs. Salima HOD in Child H.N. → Member
12. Mr. Antony Thomas Asst. Professor → Member
13. Mrs. Lovelin. Morin. Nsg tutor → Member.
14. Dr. Sujay Kengan (Cardiology) Absent.

A total of 7 proposals were included in TEC meeting. All 7 proposals were presented and were approved <sup>with modification</sup>. Scholars were directed to incorporate changes suggested by the committee members.

S.No	Name	Speciality	Title	Comments
1	Ann Benzily	Medical Surgical Nsg	A study to assess the effectiveness of mirror therapy on upper	→ changes in title and statement like effect - effectiveness



extremity motor selected ~~20~~ 20 patients  
function in stroke → Private and  
patients at selected Govt hospitals  
hospitals, Kollam. → Add more  
need and  
significance.

2. Ms. Binny Babu Medical Surgical Nursing. A Study to assess → changes in  
the effectiveness title and  
of progressive statement.  
muscle relaxation → Change in  
exercise on anxiety intervention  
and pain among → Removed  
post abdominal level of ~~anxiety~~  
surgery patient stress added  
in selected Anxiety and  
Hospital, Kollam. Pain.  
→ Add abdominal  
surgery.

3. Ms. Mercy Thomas. Medical Surgical Nursing. A Study to → changes in  
assess the title and  
effectiveness statement.  
of structured effect → Effective  
teaching Programme → Need to  
on knowledge give conceptual  
and practice frame works  
regarding and detail  
endotracheal operational  
suctioning among definition.  
staff nurses in → study take  
ICU. with  
randomisation.

4. Ms. Parvathy Medical Effectiveness of → changes in  
 Chandran Surgical video assisted title and state  
 Nursing. Teaching on ment of the  
 knowledge regarding Problem.  
 home care management effect → Effective  
 among Patients → Remove levels<sup>ness</sup>  
 diagnosed with from objectives  
 acute coronary → Add more  
 syndrome. back ground of  
 the study. like  
 Kerala statistics.

5. Ms. Athira S. community Effectiveness of an → changes in  
 vijayan. health interventional title and state  
 Nursing. Programme on ment of the  
 knowledge regarding Problem.  
 use of Amrutam → Add more  
 Nodrimin among background of  
 mothers of underfive the study  
 children in selected objective -  
 urban anganwadis Improvement in  
 of Kollam, Kerala. level of knowledge

6. Ms. Monisha M. Mental Effectiveness of → changes in title  
 health Progressive muscle and statement  
 Nursing. relaxation therapy of the problem,  
 on job stress effect - Effectiveness  
 among workers → change the  
 in cashew Sampling technique  
 factories, Kollam. → Add more  
 back ground of  
 the problem.

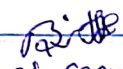
7. P.V. Eereshma, OBC

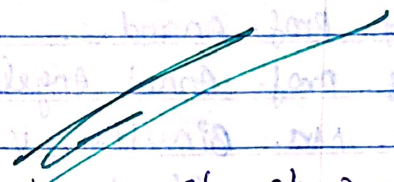
31

A study to assess the effectiveness of video assisted teaching programme regarding the knowledge of polycystic ovarian disease and its prevention among adolescent girls studying in selected higher secondary schools at Kollam.

→ No changes in title and statement.

→ Advise regarding the knowledge to prepare of polycystic tool and ovarian disease continue and its prevention with among adolescent experimental girls. Studying in study. selected higher secondary schools at Kollam.

  
Signature of Secretary

  
Signature of Chairperson.

## Minutes of the Ethics Committee Meeting on - 13.5.18

The Institutional Ethics committee meeting conducted on 13.5.18 at Bishop Berniger College of Nursing seminar Hall at 10am. The following members were presented in the committee Meeting.

1. Prof. Anoopra. B.R. Principal - Chair person.
2. Dr. Sindha P Msc. Med PhD - Member
3. Dr. Asha. S. Kumar Msc PhD - "
4. Mr. Job Kurian Msc Med, - "
5. Dr. Anil Jose (Psychologist) - "
6. Dr. Sejay Rengha (Cardiologist) - Absent "
7. Prof. Anand. S. - Member.
8. Prof. Anna Angelina - "
9. Mrs. Binutha, V.P - "
10. Mrs. Sheeja. S - "
11. Mrs. Lovelin Moriz - "
12. Mrs. Betty B. J - "

A total of 3 Proposals were included in IEC meeting. All 3 Proposals were presented and approved with some modifications. Scholars were directed to incorporate changes suggested by the committee members.

<u>Sno</u>	<u>Name</u>	<u>Speciality</u>	<u>Title</u>	<u>Comments.</u>
1.	Sandhya. K	Medical Surgical Nsg	Effectiveness of teaching Programme on knowledge regarding early identification and Management of selected complications of Patients admitted in ICUs with acute medical	- changes in statement - deleted. - Emergency management of nsg patient

conditions among changed in to  
 staff nurses at staff nurses  
 selected hospitals working in ICU  
 in Kollam. 3 early identifica-  
 tion.  
 objective changed.

2. Jincy Liz Mathew OBG Nsg Effectiveness of  
 paced breathing exercise on labor  
 pain and anxiety among primi  
 mothers during first stage of  
 labor in selected hospitals at Kollam. No changes

3. Jini Patricia child health Jerome Nsg Effectiveness of  
 nurse led interventional package on knowledge of mothers regarding  
 nurse led home care management of children with bronchial Asthma  
 in outpatient department of the selected hospitals at Kollam district.  
 Effectiveness of nurse led interventional package on knowledge of  
 mothers regarding nurse led home care management of children with  
 bronchial Asthma in outpatient department of the selected hospitals  
 at Kollam district. → change in objective also.

Signature of secretary

Signature of chairperson.

## Minutes of the Institutional Ethics Committee Meeting held on 15.5.2019

The Minutes of the Institutional Ethics Committee meeting held on 15.5.2019 at 9am - 4pm Bishop Benziger College of Nursing seminar Hall. The following members were presented in the committee meeting.

1. Prof. Dr. Anoopu. K.R Principal - Chairperson.
2. Dr. Sindha P Msc Med Phys - Member
3. Dr. Asha S. Kumar Msc PhD - "
4. Mr. Job Kurian Msc Med - "
5. Dr. Anil Jose (Psychologist) - "
6. Prof. S. Anand - "
7. Prof. Annu Angelina - "
8. Mrs. Binutha V.P - Secretary
9. Mrs. Sheeja. S. - Member
10. Mrs. Betsy K.J - "
11. Mrs. Feby - "
12. Mrs. Sherin - "

A total of 7 proposals were included in IEC meeting. All 7 proposals were presented and approved with some modification. scholars were directed to incorporate the changes suggested by the committee members.

Sr NO	Name	Speciality	Title	Comments
1.	Ms. Anu Joseph	Medical surgical Nursing	Assess the effect of hand Hygiene protocol on Knowledge and Practice regarding hand hygiene among health care assistants of selected hospital kollam.	- change in statement, development deleted and its changed the assess the effect.

			<p>&gt; students changed in to health care assistants. Objectives also changed according to the statements</p>
2. Ms. Priya S.	Medical Surgical Nursing.	Effectiveness of Intradialytic leg exercise on post dialytic well being among patients Undergoing hemodialysis at selected Hospital Kollam.	<p>-</p> <p>→ change in statement, fatigue changed in post dialytic well being. objectives also changed.</p>
3. Ms. Miranz Masthafa.	Medical Surgical Nursing.	A study to assess the effectiveness of video assisted teaching Program on knowledge regarding self care management and compliance to therapeutic regimen among type 2 diabetes mellitus Patients in selected community area, Kollam.	<p>→ Hypoglycemic and Hyperglycemic attacks changed into therapeutic regimen among type 2 D.M.</p>
4. Preethy Das	Medical Surgical Nursing	A study to assess the effectiveness of structured teaching program on compliance to therapeutic regimen	<p>Therapeutic regimen back massage on sleep changed in to therapeutic</p>

among cardiac patients regimen among  
with cardiovascular cardiac patients.  
disease in selected  
Hospital Kollam.

5. Ms. Liznie Dennis OBN

Child Birth experience → statement  
among Postnatal changed in to  
mothers with a view Child birth  
to prepare a module experience among  
on respectful Postnatal mothers  
maternity care. in selected Hospital  
it changed  
view to prepare  
a module.

6. St. Mariyamma.K.S OBN

Maternal Satisfaction →  
and its contributing → Title modified  
factors among who had  
Postnatal mothers at. undergone  
Govt. Victoria Hospital, vaginal delivery  
Kollam?

7. Ms. Susy Mary Thomas OBN

Effectiveness of Nursing → Title modified  
interventions on Knowledge and  
selected neonatal out Practice of  
come parameters breast feeding  
among mothers with among Postnatal  
breast complications mothers changed  
in selected hospital in to neonatal  
Kollam. Outcome  
Parameters  
among mothers  
with breast  
complications.

signature of secretary

signature of chairperson.



37

Minutes of the Institutional Ethics Committee  
Meeting held on 9.7.2020 at 9am.

The minutes of the Institutional Ethics Committee meeting held on 9.7.2020 at 9am - 4.30pm at Bishop Benziger college of nursing Seminar Hall. The meeting start with silent prayer followed by welcome speech.

The following members were presented in the committee meeting.

1. Prof. Dr. Anoop K.R. Principal - Chairperson.
2. Dr. Sridha P. MSc MEd PHA - member & research coordinator.
3. Dr. Asha S. Kumar MScw Phd - Member
4. Mr. Job Kurian MSc MED - " (Statistician)
5. Dr. Sijin K.S. CPsychologist - "
6. Prof. S. Anand. B. = "
7. Prof. Anna Angelina - "
8. Mrs. Binutha V.P. - secretary.
9. Mrs. Sheeja S. - Member
10. Mrs. Betsy K.J - "
11. Mrs. Joyce Yesudas - "
12. Mrs. Sherin Sebastian - "
13. Mrs. Feby Fulgen - "

A total of 9 (nine) proposals were included in IEC meeting. All 9 proposals were presented and approved with some modification.

Scholars were directed to incorporate the changes suggested by the committee members.

Sl. No	Name	Speciality	Title	Comments.
1.	Mrs. Sony Anil (John).	Medical Surgical Nsg	A study to assess the knowledge of staff nurses in managing electrolyte imbalance with a view to develop a nursing care protocol in selected hospitals at Kollam.	→ statement changed with prepare a protocol and experimental study changed in descriptive study.
2.	Mrs. Sudha	"	A study to assess the effectiveness of cold saline application among patients with peripheral intravenous cannula induced phlebitis in selected hospitals at Kollam.	→ little change in statement of the problem. → objective changes made. → Add more background of the problem.
3.	Mrs. Anitta Basi	"	A study to assess the effectiveness of structured teaching programme on knowledge and practice regarding documentation of selected assessment scales among ICU nurses of selected hospitals, Kollam.	→ Add documentation of selected assessment in statement of the problem. → objective also changed. → change the sampling techniques.

A. Mrs. Iyia.	"	A study to assess the knowledge regarding home care management among ischemic heart disease client with a view to develop a nursing care guide in selected hospitals OPD at Kollam.	change the title in a descriptive study. → objective also changed only 2 objective.
5. Mrs. Neethu. Jayesh	child health Nursing	A study to assess effectiveness of instructional programme on knowledge regarding selected learning disabilities of children among lower primary school teachers in selected schools, Kollam.	→ changes made in statement and objective like school teachers. → Add more objectives. → Add more background of the problem.
6. Sr. Medona	"	A study to assess effectiveness of interventional package on knowledge and practice regarding administration of pediatric medication among mothers of under five children at OPD of selected hospitals Kollam.	→ changed the statement and objectives. → grammatical mistake in operational definition. → Advice to add more studies in need for the study.

7. Mrs. Sajaveena

community health

A study to assess the effectiveness of interventional programs on knowledge and practice regarding WASH intervention among school age children at selected schools of Kollam.

→ changed the statement like community area school.  
→ modification of hypothesis.

8. Ms. Minty Sebastian

A study to assess the effectiveness of isometric exercise on pain, functional mobility and anxiety among patients with joint pain in selected areas, Kollam.

→ statement changed like patients with osteo arthritis changed in to joint-pain.  
→ objectives also changed.

9. Mrs. Haritha-J.O.

A study to assess the effectiveness of structured teaching programme on knowledge attitude and practice regarding suchitwa mission among women in selected coastal area of Kollam District.

→ statement changed and added coastal area.  
→ modified the objective.  
→ No other changes made this study.

Signature of secretary

Signature of chairperson.