



# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



## Prof. Annal Angeline Head of Department Obstetric and Gynaecological Nursing Dept.

Date of Appointment	17.06.2013
University FEP ID	N1030
Email ID	annalangelina@gmail.com
Mobile Number	8156869689
Date of Birth	10.06.1976
Nationality	Indian
Department	Obstetric and Gynaecological Nursing
Areas of Expertise	Obstetric and Gynaecological Nursing, Nursing Education, Nursing Management

ACADEMIC DEGREES			
Degree	Month/Year of Completion	University and Institution	Specialty
B.Sc. Nursing	April 2000	The Tamilnadu Dr.MGR Medical University, Sacred Heart Nursing College, Madurai	Nursing
M.SC Nursing	March 2004	The Tamilnadu Dr.MGR Medical University, M A Chidambaram College Of Nursing, Chennai	Obstetric and Gynaecological Nursing

LICENSURE		
License	Registration Number	Expiration Date
RNRM - Kerala Nurses and Midwives	4087	01/02/2022

CERTIFICATION			
Certificate	Certificate Type	Date Acquired	Expiration Date
Young adult guidance and counselling	KUHS	21.05.2019	
Moodle Orientation Program	KUHS ToT	20.09.2020	
Developing lifeskill	SWAYAM	11.02.2019	

TEACHING RESPONSIBILITY		
Programme	Course /Subject	Role/Responsibilities
M.Sc nursing	Obstetric And Gynaecological Nursing-II	Subject In-charge
M.Sc nursing	Nursing Education	Subject In-charge
M.Sc nursing	Nursing Management	Subject In-charge



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M.Sc nursing	Obstetric And Gynaecological Nursing-I	Classroom Teaching
B.Sc nursing	Obstetric And Gynaecological Nursing	Classroom Teaching

## NON-TEACHING RESPONSIBILITY

<i>Office/Committee</i>	<i>Role/Responsibilities</i>
IQAC	IQAC Coordinator
Anti-Ragging Committee	Secretary
Disciplinary Committee	Member
College Management	Secretary
College Council	Member
Curriculum Committee	Member
UG Programme	Coordinator
Institution Ethics Committee	Member

## TEACHING EXPERIENCE

### Before PG

<i>Designation</i>	<i>Institution</i>	<i>University</i>	<i>Start/Ending Dates</i>
Nursing Tutor	UCA School of Nursing	The Tamilnadu Dr.MGR Medical University.	04.03.2002 - 18.06.2002
Nursing Tutor	Delta School of Nursing	The Tamilnadu Dr. MGR Medical University	21.09.2000 - 28.02.2002

## TEACHING EXPERIENCE

### After PG

<i>Designation</i>	<i>Institution</i>	<i>University</i>	<i>Start/Ending Dates</i>
Professor	Bishop Benziger College of Nursing, Kollam	KUHS	17.06.2013 - till date
Associate Professor	Sri K R N College of Nursing	The Tamilnadu Dr.Mgr Medical University	05.09.2011 - 06.03.2013
Associate Professor	Bishop Benziger College of Nursing, Kollam	KUHS	14.07.2009 - 02.09.2011
Associate Professor	Swathantra College of Nursing	NTR Hyderabad	12.03.2007 - 08.07.2009



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Associate Professor	Swathantra College of Nursing	NTR Hyderabad	02.04.2004 - 30.04.2005
Associate Professor	Sharmila College of Nursing	The Tamilnadu Dr.MGR Medical University	01.08.2006 - 28.02.2007
Associate Professor	Vijayanagar College of Nursing	RGUHS	02.05.2005 - 15.05.2006

## CLINICAL EXPERIENCE

Designation	Institution	Start/Ending Dates
	NIL	

## EXPERIENCE AS GUIDE

University	College	Level	No. of Students	Duration (in months)
KUHS	Bishop Benziger College of Nursing, Kollam	PGs UG	10 4	110
NTR Hyderabad	Swathantra College of Nursing	PG	3	40
The Tamilnadu Dr.MGR Medical University	Sri K R N College of Nursing	PG	3	26

## SCHOLARLY WORK

### PUBLISHED PAPERS AND BOOKS

Title	Year	Citation in Vancouver Style	URL
Are The Nurses Competent to Give Spiritual Care?	2021	KR Anoop, Annal Angeline, Jimi Patrishia Jerome. Indian Journal of Psychiatric Nursing. Feb.Vol.17, Issue .2 P.No.100-3	<a href="https://www.ijpn.in/text.asp?2020/17/2/100/308834">https://www.ijpn.in/text.asp?2020/17/2/100/308834</a>
To Assess The Bio-Psycho-Social And Spiritual Impact Of COVID-19 Among The Students Studying In Selected Nursing	2020	AnnalAngeline, Dr.S.Usha, Dr.A noopaKr. To Assess The Bio-Psycho-Social And Spiritual Impact Of COVID-19 Among The Students Studying In Selected Nursing Colleges. International Journal	<a href="https://www.ijsr.net/get_abstract.php?paper_id=SR20613171312">https://www.ijsr.net/get_abstract.php?paper_id=SR20613171312</a>



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Colleges		Of Science And Research.Vol.9.Issue.6,Pn.956-962	
Assess The Knowledge On Dysfunctional Uterine Bleeding Among Fourth Year Bsc. Nursing Students	2020	Jincy Liz Mathew And AnnalAngeline.European Journal Of Biomedical And Pharmaceutical SciencesEuropean Journal Of Biomedical And Pharmaceutical Sciences European Journal Of Biomedical And Pharmaceutical Scioences,Vol.6,Issue .5 P.No.273-278	<a href="https://storage.googleapis.com/journal-uploads/ejbps/article_issue/volume_6_may_issue_5/1559207645.pdf">https://storage.googleapis.com/journal-uploads/ejbps/article_issue/volume_6_may_issue_5/1559207645.pdf</a>
A Study To Assess The Effectiveness Of Planned Teaching Programme On Knowledge And Practice Regarding The Breast Problems And Its Management Among Postnatal Mother In Selected Hospitals, Kollam.	2020	AnnalAngeline,Mrs. Joyce Yesudas, Mrs.NishaJohn.International Journal Of Scientific Research,Vol.9,Issue.1,P N.8-9	<a href="https://www.worldwidejournals.com/international-journal-of-scientific-research-(IJSR)/recent_issues_pdf/2020/January/a-study-to-assess-the-effectiveness-of-planned-teaching-programme-on-knowledge-and-practice-regarding-the-breast-problems-and-its-management-among-postnatal-mother-in-selected-hospitals-kollam_January_2020_1577857820_3606138.pdf">https://www.worldwidejournals.com/international-journal-of-scientific-research-(IJSR)/recent_issues_pdf/2020/January/a-study-to-assess-the-effectiveness-of-planned-teaching-programme-on-knowledge-and-practice-regarding-the-breast-problems-and-its-management-among-postnatal-mother-in-selected-hospitals-kollam_January_2020_1577857820_3606138.pdf</a>
Effectiveness Of Video Assisted Teaching Program Regarding The Knowledge Of Polycystic Ovarian Disease And Its Prevention Among Adolescent Girls Studying In Selected Higher Secondary Schools At Kollam,	2019	P.V. Greeshma , AnnalAngeline.International Journal Of Research Ayurveda ,Vol.10.(1),67-70	<a href="https://ijrap.net/admin/php/uploads/2188_pdf.pdf">https://ijrap.net/admin/php/uploads/2188_pdf.pdf</a>



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India			
Effectiveness Of Paced Breathing Exercise On Labour Pain And Anxiety Among Primi Mothers During First Stage Of Labour In Selected Hospitals At Kollam	2019	Jincy Liz Mathew* 1 ,Annal Angeline2 , Anooa K. R.3 And AnandS.European Journal Of Biomedical And Pharmaceutical Science,Vo.6 Issue.13,449-452.	torage.googleapis.com/journal-uploads/ejbps/article_issue/volume_6_december_issue_13/1575451406.pdf
A Study To Assess The Knowledge On Partograph Among Fourth Year Bsc Nursing Students In Bishop Benziger College Of Nursing	2018	Greeshma P V And Annal A.A Study To Assess The Knowledge On Partograph Among Fourth Year Bsc Nursing Studentsin Bishop Benziger College Of Nursing,Kollam,International Journal Of Current Medical And Pharmaceutical Research,04,(5).P.N.3279-328-	<a href="https://journalcmpr.com/issues/study-assess-knowledge-partograph-among-fourth-year-bsc-nursing-students-bishop-benziger#:~:text=pubmed-,A%20study%20to%20assess%20the%20knowledge%20on%20partograph%20among%20fourth,benziger%20college%20of%20nursing%2C%20kollam&amp;text=Labour%20is%20a%20process%2C%20where%20women%20give%20birth%20to%20the%20child.&amp;text=The%20objective%20of%20the%20study,among%20fourth%20year%20B.Sc.">https://journalcmpr.com/issues/study-assess-knowledge-partograph-among-fourth-year-bsc-nursing-students-bishop-benziger#:~:text=pubmed-,A%20study%20to%20assess%20the%20knowledge%20on%20partograph%20among%20fourth,benziger%20college%20of%20nursing%2C%20kollam&amp;text=Labour%20is%20a%20process%2C%20where%20women%20give%20birth%20to%20the%20child.&amp;text=The%20objective%20of%20the%20study,among%20fourth%20year%20B.Sc.</a>
Effectiveness Of Self Instructional Module On Knowledge And Attitude Regarding Breast Self Examination.	2018	AnnalAngeline,JoyceYesudas, NishaJohn,ElizabethSerinRaj.European Journal Of Biomedical And Pharmaceutical Sciences,Vol.5,Issue.7,2081,P. N 381-388	<a href="https://www.ejbps.com/ejbps/abstract_id/4744">https://www.ejbps.com/ejbps/abstract_id/4744</a>
Effect of Guided SomatoPsyhic Relaxation Technique On Pain And Anxiety Among Primigravidae During First Stage Of	2018	Nimmi Mani Daniel,AnnalAngeline.International Journal Of Current Medical And Pharmaceutical Research,Vol.4,Issue.6(A),June	<a href="https://journalcmpr.com/issues/quasi-experimental-study-assess-effect-guided-somato-psychic-relaxation-technique-pain">https://journalcmpr.com/issues/quasi-experimental-study-assess-effect-guided-somato-psychic-relaxation-technique-pain</a>



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Labour In Selected Hospitals At Kollam		2018,P.N.3381-3383	
Effectiveness of Interventional Package on Menopausal Symptoms Among Post Menopausal Women	2017	Elizabeth SR, Angeline A. Effectiveness of Interventional Package On Menopausal Symptoms Among Post Menopausal Women.International Journal Of Nursing Education, April- June 2017, Vol.9, N.2 P.N 66-70	<a href="https://www.indianjournals.com/ijor.aspx?target=ijor:ijone&amp;volume=9&amp;issue=2&amp;article=013">https://www.indianjournals.com/ijor.aspx?target=ijor:ijone&amp;volume=9&amp;issue=2&amp;article=013</a>
Effectiveness of Music Therapy on Anxiety and Pain among Mothers During First stage of Labour in Selected Hospital, Kollam	2017	Nisha J, Angeline A. Effectiveness Of Music Therapy On Anxiety And Pain Among Mothers During First Stage Of Labour In Selected Hospitals At Kollam.International Journal Of Nursing Education, April- June 2017, Vol.9, No.2, P.N 24-29	<a href="https://www.semanticscholar.org/paper/Effectiveness-of-Music-Therapy-on-Anxiety-and-Pain-John-Angeline/093e68a2b3b754c9aae90f722b6167bfc324100e">https://www.semanticscholar.org/paper/Effectiveness-of-Music-Therapy-on-Anxiety-and-Pain-John-Angeline/093e68a2b3b754c9aae90f722b6167bfc324100e</a>
A Study To Assess The Knowledge And Attitude Towards Gynecological Examination among Women Residing In Working Womens Hostel Kollam	2017	Annal Angeline, Joyce Yesudas, Nisha John, Elizabeth Serin Raj. Journal Of Trained Nurses Association Of India, Kerala Branch, Vol.12, N0 3, July- September 2017, P N.34-37	<a href="https://www.google.com/search?q=trained+nurses+association+of+india+kerala+branch-study+to+assess+the+knowledge+and+attitude+regarding+gynecological+examination+among+women+residing+in+working+women+hostel,kollam+ledge+and+attitude+towards+gynecological+examination&amp;spell=1&amp;sa=X&amp;ved=2ahUKEwjItpq-_v7rAhXTIOYKHeynCs4QBSgAegQICxAo&amp;biw=1242&amp;bih=597">https://www.google.com/search?q=trained+nurses+association+of+india+kerala+branch-study+to+assess+the+knowledge+and+attitude+regarding+gynecological+examination+among+women+residing+in+working+women+hostel,kollam+ledge+and+attitude+towards+gynecological+examination&amp;spell=1&amp;sa=X&amp;ved=2ahUKEwjItpq-_v7rAhXTIOYKHeynCs4QBSgAegQICxAo&amp;biw=1242&amp;bih=597</a>



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PROFESSIONAL DEVELOPMENT			
<i>Title</i>	<i>Type/Institution/University</i>	<i>Date</i>	<i>Roles</i>
Impact of COVID_19 Among Elderly	Bishop Benziger College of Nursing	03.07.2020	Participant
Innovation in Health Care Technology and its future	Bishop Benziger College of Nursing	07.08.2020	Participant
Emotional Intelligence : Implications and relevance in Health Care Professional	Bishop Benziger College of Nursing	04.08.2020	Participant
Support Breast feeding for a healthier planet	The Trained Nurses Association of India	06..8.2020	Participant
Strategies to ensure job satisfaction among Nurses during COVID-19	Bishop Benziger College of Nursing	05.09.2020	Participant