



BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



Prof. S Anand
Vice Principal
HOD, Mental Health Nursing Dept.

Date of Appointment	15.07.2013
University FEP ID	N19954
Email ID	swamidasanand@gmail.com
Mobile Number	7012365892
Date of Birth	10.05.1977
Nationality	Indian
Department	Mental Health Nursing Department
Areas of Expertise	Mental Health Nursing, Nursing Research

ACADEMIC DEGREES

<i>Degree</i>	<i>Month/Year of Completion</i>	<i>University and Institution</i>	<i>Specialty</i>
B.Sc Nursing	Nov/ 1998	The Tamilnadu Dr.MGR Medical University, Chennai	Nursing
M.Sc Nursing	Mar / 2004	The Tamilnadu Dr.MGR Medical University, Chennai	Mental Health Nursing

LICENSURE

<i>License</i>	<i>Registration Number</i>	<i>Expiration Date</i>
RNRM - Kerala Nurses and Midwives	5660	01.02.2022

CERTIFICATION

<i>Certificate</i>	<i>Certificate Type</i>	<i>Date Acquired</i>	<i>Expiration Date</i>
Academic Writing	SWAYAM Online course	09.11.2019	
Health Research Fundamentals	SWAYAM Online course	09.2019	
Health Care Counselling	KUHS certificate course	21.05.2019	
Moodle Orientation Program	KUHS ToT Program	27.08.2020	
Understanding Open Educational Resources	Self-Learning Online Course	20.10.2019	

TEACHING RESPONSIBILITY

<i>Programme</i>	<i>Course /Subject</i>	<i>Role/Responsibilities</i>
M.Sc Nursing	Mental Health Nursing	Class Room Teaching, Clinical supervision
M.Sc Nursing	Nursing Research	Class Room Teaching, Guidance for practical



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B.Sc Nursing	Psychology	Class Room Teaching
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NON-TEACHING RESPONSIBILITY	
Office/Committee	Role/Responsibilities
Vice Principal	Administrative Work
HOD Mental Health Nursing Department	Planning and Execute Departmental Activities
PG Course Coordinator	Supervising MSc N Course Activities
Curriculum Committee in-charge	Planning and Execute of Curriculum Committee Activities
Staff Induction Program in-charge	Planning and Execute of Staff Induction Program Activities
KUHS Certificate and Stock Verification	KUHS admission process and KUHS Exam Stock Verification
Transcript\ Reference in-charge	Students Transcript\ Reference Verification
NAAC VI Criterion Head	Planning and Execute of NAAC VI Criterion
KUHS QAS VIII Criterion Head	Planning and Execute of KUHS QAS VIII Criterion

TEACHING EXPERIENCE			
Before PG			
Designation	Institution	University	Start/Ending Dates
Nursing Tutor	Cape City Paramedical science , TN	Board	15.01.2000-15.06.2001

TEACHING EXPERIENCE			
After PG			
Designation	Institution	University	Start/Ending Dates
Lecturer	Sarojini College of Nursing, Bangalore	RGUHS, Bangalore	28.04.2004-30.04.2005
Lecturer	Srimaruthi College of Nursing, Bangalore	RGUHS, Bangalore	02.05.2005 - 15.05.2006
Associate Professor	Muhammed Sathek Aj College of Nursing, Chennai	The Tamilnadu Dr. Mgr Medical University, Chennai	20.06.2006 - 31.08.2007
Associate Professor	Swathantra College of Nursing, Rajamundry	NTR Hyderabad	18.09.2007 - 19.08.2009



BISHOP BENZIGER COLLEGE OF NURSING

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Associate Professor	Bishop Benziger College of Nursing, Kollam	KUHS	22.08.2009 - 30.08.2011
Associate Professor	Sri K R N College of Nursing, Sankarankoil, Tamilnadu	The Tamilnadu Dr. Mgr Medical University, Chennai	05.09.2011 - 19.06.2012
Associate Professor	Upasana College of Nursing, Kollam	KUHS	20.06.2012 - 12.07.2013
Associate Professor	Bishop Benziger College of Nursing, Kollam	KUHS	15.07.2013 - 30.09.2013
Vice Principal	Bishop Benziger College of Nursing, Kollam	KUHS	01.10.2013 - 14.3.2016
Professor	Bishop Benziger College of Nursing, Kollam	KUHS	15.30.2016

CLINICAL EXPERIENCE

<i>Designation</i>	<i>Institution</i>	<i>Start/Ending Dates</i>
Staff Nurse	Morris Mathias Hospital, Nagercoil.	14.07.2001 - 30.06.2002

EXPERIENCE AS GUIDE

<i>University</i>	<i>College</i>	<i>Level</i>	<i>No. of Students</i>	<i>Duration (in months)</i>
Swathantra College of Nursing, Rajamundry	NTR Hyderabad	PG UG	3 10	23
Bishop Benziger College of Nursing, Kollam	KUHS	PG UG	1 10	24
Sri K R N College of Nursing, Sankarankoil, Tamilnadu	The Tamilnadu Dr. MGR Medical University, Chennai	PG UG	3 10	9
Upasana College of Nursing, Kollam	KUHS	PG UG	3 10	12
Bishop Benziger College of Nursing, Kollam	KUHS	PG UG	4 15	84

SCHOLARLY WORK

PUBLISHED PAPERS AND BOOKS

<i>Title</i>	<i>Year</i>	<i>Citation in Vancouver Style</i>	<i>URL</i>
Correlation Between Emotional Quotient And Academic Performance Among Second Year B.Sc.	2016	Anoopa K R, Anand S, Amaljames, Anu s khosh, Tincygerald. Correlation between emotional quotient and academic performance among second year	http://dx.doi.org/10.7897/2277-4343.076251



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Nursing Students		b.sc.nursing students. INTJRES. Ayurveda Pharm.Nov - dec 2016;7(6)110-114	
Correlation Between Knowledge And Attitude Towards The Treatment Of Mental Illness Among The Caregivers Of Mentally Ill	2018	Anoopa K R, Anand S, Anu s khosh, Sajiniraju. Correlation Between Knowledge And Attitude Towards The Treatment Of Mental Illness Among The Caregivers Of Mentally Ill. Correlation Between Knowledge And Attitude. 2018;5(6): 513-519.	https://storage.googleapis.com/journal-uploads/ejbps/article_issue/volume_5_june_issue_6/1528107316.pdf
Effectiveness Of Progressive Muscle Relaxation Therapy On Job Stress Among Workers In Cashew Factories, Kollam	2019	Monisha M, Anand S. Effectiveness Of Progressive Muscle Relaxation Therapy On Job Stress Among Workers In Cashew Factories, Kollam. Effectiveness Of Progressive Muscle Relaxation Therapy . 2019;6(6): 238-243.	https://storage.googleapis.com/journal-uploads/ejbps/article_issue/volume_6_june_issue_6/1559283796.pdf
Effectiveness Of Nurse Led Interventional Package On Knowledge Of Mothers Regarding Home Care Management Of Children With Bronchial Asthma In Outpatient Department Of The Selected Hospitals At Kollam District	2020	Jimi patrishiajerome, Betsy k jayims, s anand , K R Anoopa. Effectiveness Of Nurse Led Interventional Package On Knowledge Of Mothers Regarding Home Care Management Of Children With Bronchial Asthma In Outpatient Department Of The Selected Hospitals At Kollam District. Effectiveness Of Nurse Led Interventional Package. 2020;7(1): 494-498.	https://storage.googleapis.com/journal-uploads/ejbps/article_issue/volume_7_january_issue_1/1577842978.pdf
A Study To Explore The Views Of First Year B.Sc Nursing Students Regarding Sexual Abuse In Selected Nursing College	2020	Anand, S, Dr anoopa , K.R, Anu s khose, Sajiniraju. A Study To Explore The Views Of First Year Bsc Nursing Students Regarding Sexual Abuse In Selected Nursing College. Explore The Views Of First Year Bsc Nursing Students Regarding Sexual Abuse. 2020;7(3): 357-359.	https://storage.googleapis.com/journal-uploads/ejbps/article_issue/volume_7_march_issue_3/1582888586.pdf
A Study To Assess The Effectiveness Of A Structured Teaching Program On Knowledge Of Enuresis And Encopresis Among Adolescence In Bishop Benziger College Of Nursing, Kollam	2020	Anand, S. A Study to Assess the Effectiveness of a Structured Teaching Program on Knowledge of Enuresis and Encopresis among Adolescence in Bishop Benziger College of Nursing, Kollam. Effectiveness of a Structured Teaching Program on Knowledge of Enuresis and Encopresis. 2020;9(2): 586-587.	https://www.ijsr.net/get_abstract.php?paper_id=SR20207150016



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PROFESSIONAL DEVELOPMENT			
<i>Title</i>	<i>Type/Institution/University</i>	<i>Date</i>	<i>Roles</i>
Participating and Responding to the perpetual Challenges of COVID-19	Lourde College of Nursing	01.08.2020	Participant
Higher Education in India: A Review	Nesamany Memorial Christian College	05.08.2020	Participant
Impact of COVID_19 Among Elderly	Bishop Benziger College of Nursing	03.07.2020	Participant
‘Understanding the impact of SARS-CoV-19 transmission reducing measures on older people and family carers’ & Impact of COVID-19 on older adult: Creative solutions to protect elderly’	Manipal College of Nursing	29.06.2020	Participant
Innovation in Health Care Technology and its future	Bishop Benziger College of Nursing	07.08.2020	Participant
Emotional Intelligence : Implications and relevance in Health Care Professional	Bishop Benziger College of Nursing	04.08.2020	Organizer
Support Breast feeding for a healthier planet	The Trained Nurses Association of India	06..8.2020	Participant
National Education Policy 2020	Annapoorna College of Nursing	05.09.2020	Participant
Teaching and Assessment Strategies using online platform in Nursing Education	PRS College of Nursing	25.08.2020	Participant
Strategies to ensure job satisfaction among Nurses during COVID-19	Bishop Benziger College of Nursing	05.09.2020	Participant
Mental Health: Concept and Psychometrics	Choithram College of Nursing	9,10.09.2020	Participant