



BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



Mrs. Jyothilakshmi J Tutor with PG Community Health Nursing Department

Date of Appointment	19.06.2017
University FEP ID	N11559
Email ID	Jyothi.sreelal@gmail.com
Mobile Number	9656830755
Date of Birth	28.08.1982
Nationality	Indian
Department	Community Health Nursing
Areas of Expertise	Community Health Nursing, OBG, Nursing Education, Nursing Management

ACADEMIC DEGREES			
Degree	Month/Year of Completion	University and Institution	Specialty
M.Sc. Nursing	September 2013	KUHS Bishop Benziger College of Nursing, Kollam	Community Health Nursing
Post Basic B.Sc Nursing	December 2008	University Of Kerala Holycross College of Nursing, Kottiyam, Kollam	Nursing
General Nursing and Midwifery	February 2004	Kerala Nurses and Midwives Council Dr.Nair's Hospital,Kollam	Nursing

LICENSURE		
License	Registration Number	Expiration Date
RNRM - Kerala Nurses and Midwives	39913	26/11/2025

CERTIFICATION			
Certificate	Certificate Type	Date Acquired	Expiration Date
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TEACHING RESPONSIBILITY		
Programme	Course /Subject	Role/Responsibilities
M.Sc Nursing	Community Health Nursing	Classroom teaching Community posting
M.Sc Nursing	Management of Nursing Service & Education	Classroom teaching Clinical supervision
B.Sc Nursing	Community Health Nursing OBG	Classroom teaching Community posting



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	Nursing Education Management of Nursing Service & Education	Clinical supervision
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NON-TEACHING RESPONSIBILITY	
<i>Office/Committee</i>	<i>Role/Responsibilities</i>
NSS Programme Officer - BBCON	To motivate the student youth to understand the values and philosophy of NSS. To help the volunteers to plan, implement and evaluate the activities of NSS. To provide proper guidance and direction to the student NSS Volunteers.
Community Health Centre Secretary	To conduct monthly centre meeting. To report the activities to Head of the Institution. To organize and conduct health extension programmes in community areas. To assess the performance of activities in the health centre and community To give proper guidance and support to students in clinical posting areas.
NAAC Criterion 2 Staff Member	To complete the required datas for NAAC Criterion 2 to improve the quality of education.
KUHS QAS Criterion 6 Head	To organize all aspects of the quality assurance process. To collect datas for QAS To prepare reports for QAS.

TEACHING EXPERIENCE			
Before PG			
<i>Designation</i>	<i>Institution</i>	<i>University</i>	<i>Start/Ending Dates</i>
Clinical Instructor	Upasana College of Nursing, Kollam	University of Kerala	11.02.2009 - 01.03.2010

TEACHING EXPERIENCE			
After PG			
<i>Designation</i>	<i>Institution</i>	<i>University</i>	<i>Start/Ending Dates</i>



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Tutor with PG	Bishop Benziger College of Nursing, Kollam	KUHS	19.06.2017 - Still working
Lecturer	Holy Cross College of Nursing, Kollam	KUHS	11.01.2016 - 31.05.2017

CLINICAL EXPERIENCE		
<i>Designation</i>	<i>Institution</i>	<i>Start/Ending Dates</i>
Staff Nurse	ESI Model Hospital, Asramam, Kollam	19.03.2005 - 18.03.2005 01.04.2005 - 27.10.2006
Staff Nurse	Dr.Nair's Hospital, Asramam, Kollam	18.03.2004 - 18.03.2005

EXPERIENCE AS GUIDE				
<i>University</i>	<i>College</i>	<i>Level</i>	<i>No. of Students</i>	<i>Duration (in months)</i>
KUHS	Bishop Benziger College of Nursing	UG	15	36 months

SCHOLARLY WORK			
PUBLISHED PAPERS AND BOOKS			
<i>Title</i>	<i>Year</i>	<i>Citation in Vancouver Style</i>	<i>URL</i>
Effectiveness Of Video Assisted Teaching Module Regarding First Aid Measures For Foreign Body Aspiration In Primary School Children On Knowledge Among Ttc Students In Selected Ttc Institutes At Kollam District	2018	J Jyothilakshmi.Effectiveness Of Video Assisted Teaching Module Regarding First Aid Measures For Foreign Body Aspiration In Primary School Children On Knowledge Among Ttc Students In Selected Ttc Institutes At Kollam District.European Journal Of Pharmaceutical And Medical Research.2018 Aug;5(8):379-385.	https://www.ejpmr.com/home/abstract_id/4099



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<p>A Study To Assess The Knowledge And Attitude Of Adolescent Boys Regarding Substance Abuse In Selected Areas Of Pallithottam</p>	<p>2019</p>	<p>S Sheeja,Fulgen Feby,Jyothilakshmi,Gopinath K Mekha.A Study To Assess The Knowledge And Attitude Of Adolescent Boys Regarding Substance Abuse In Selected Areas Of Pallithottam.European Journal Of Pharmaceutical And Medical Research.2019 Mar;5(12):267-270.</p>	<p>https://www.ejpmr.com/home/abstract_id/4491</p>
<p>A Study To Assess The Effectiveness Of Structured Teaching Programme On Knowledge Regarding Thyroid Problems Among Adolescent Girls</p>	<p>2019</p>	<p>John Mary Alan,Roy Arya,Mohamed Ayisha,John Deepa,John Jincy,Jyothilakshmi.A Study To Assess The Effectiveness Of Structured Teaching Programme On Knowledge Regarding Thyroid Problems Among Adolescent Girls.International Journal Of Advances In Nursing Management.2019 Jul-Sep;7(3):201-205.</p>	<p>https://ijanm.com/HTMLPaper.aspx?Journal=International%20Journal%20of%20Advances%20in%20Nursing%20Management;PID=2019-7-3-7</p>
<p>On Knowledge Regarding Importance Of Maintaining Proper Body Posture Among Office Employees Of Kollam</p>		<p>S sheeja,fulgen feby,jyothilakshmi,M Amithab.On Knowledge Regarding Importance Of Maintaining Proper Body Posture Among Office Employees Of Kollam.International Journal Of Scientific Research.2020jan;9(1):50-51.</p>	<p>https://www.worldwidejournals.com/international-journal-of-scientific-research-(IJSR)/recent_issues_pdf/2020/January/on-knowledge-regarding-importance-of-maintaining-proper-body-posture-among-office-employees-of-kollam_January_2020_1577860394_5016180.pdf</p>



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<p>A Study To Assess The Knowledge Regarding Droplet Infection Among Residents In Selected Community Areas At Kollam</p>		<p>Francis Sherin,Sibi Mariyam Simi,Bavan Sneha,Saju Sneha,Sebastian Snovy.A Study To Assess The Knowledge Regarding Droplet Infection Among Residents In Selected Community Areas At Kollam.International Journal Of Nursing Education And Research.2020 Jun;8(2):249-255.</p>	<p>http://www.indianjournal.com/ijor.aspx?target=ijor:ijner&volume=8&issue=2&article=023</p>
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PROFESSIONAL DEVELOPMENT			
<i>Title</i>	<i>Type/Institution</i>	<i>Date</i>	Roles
<p>National level conference on “Best Practices in Nursing”</p>	<p>Bishop Benziger College of Nursing, Kollam, Kerala.</p>	<p>30.11.2018</p>	<p>Paper Presentation</p>
<p>National level conference on “Best Practices in Nursing”</p>	<p>Bishop Benziger College of Nursing, Kollam, Kerala.</p>	<p>30.11.2018</p>	<p>Poster Presentation</p>
<p>Workshop on “Legal Insight: Safe Practice” at Government College of Nursing, Alappuzha</p>	<p>Government College of Nursing,Alappuzha</p>	<p>20.04.2018</p>	
<p>Certificate programme in Health Science Education Technology in MOOC Platform</p>	<p>KUHS</p>	<p>October 2020 - December 2020</p>	
<p>Training of Trainers Program in online Education System Management</p>	<p>Bishop Benziger College of Nursing, Kollam</p>	<p>September 2020</p>	