



BISHOP ENZIGER COLLEGE

OF NURSING

Accredited by NAAC,

Member of United Nations Academic Impact Program

Approved Research Centre of Kerala University of Health Sciences



5.1.2 Student List for Radio Programme - Swashraya

Bishop Benziger College of Nursing
Diploma in Community Health
Radio Broadcasting Content Preparation (II year B.Sc. Nursing)

Unit V –Environmental Pollution

Broadcast Hours: 45

Sl No.	Name of Student	Topic	Name of Supervisor
1	Emy Edison	Environment , Components of environment	Mrs. Feby Fulgen Tutor, Community Health Nursing
2	Biffy Ann Philip	Factors affecting environmental health	
3	Feba Alex	Environmental Pollution -types	
4	Dency J	Air Pollution –Definition, Source, Effect	
5	Ashlin Sunny	Prevention of Air Pollution	
6	Feviya Das	Water Pollution –Definition, Source, Effect	
7	Maria Jose	Prevention of water Pollution, purification of water on a small scale	
8	Sandra Cheriyan	Noise Pollution –Definition, Source, Effect	
9	Vineetha C.R	Prevention of noise Pollution	
10	Jisha Ashi Rocha	Land Pollution –Definition, Source, Effect	
11	Sneha Bhavan	Prevention of land Pollution	
12	Badriyathul Sabira	Radio Active Pollution –Definition, Source, Effect	
13	Sherin Johnson	Prevention of Radio Active Pollution	
14	Snovy Sebastian	Mosquito borne diseases	
15	Arya Roy	Prevention & control of Mosquito borne diseases	

Signature of Principal

Dr. ANOJDA K.R. PH.D (M)
 PRINCIPAL
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 KOLLAM -1, KERALA



Bishop Benziger College of Nursing

Diploma in Community Health

Radio Broadcasting Content Preparation (IV year B.Sc. Nursing)

Unit I –Fundamentals of Health and illness

Broadcast Hours: 30 & Practical Hours: 15

Sl No.	Name of Student	Topic	Name of Supervisor
1	Sonia K.G	Health & Illness, Concept of Health, Physical Health, Care of Skin	Mrs. Mekha K Gopinath Tutor, Community Health Nursing
2	Azia V John	Dimensions of Health, Care of Hair	
3	Annamma Thomas	Determinants of Health, Oral Hygiene, Care of Teeth	
4	Anumol Abraham	Personal Hygiene, Care of Eyes	
5	Ayimy Sebastian	Brushing Techniques, Care of Ears	
6	Anija Johnson	Environmental Hygiene, Hand Hygiene	
7	Irshana I	Overcrowding, Care of Feet	
8	Katherine Shelda Jose	Diseases/ illness, Epidemiological triad, rest & sleep	
9	Merlin Hilary	Levels of prevention, Exercise	
10	Reshma GS	Methods of prevention of diseases, recreation	
11	Sangeetha S	Health Problems / Causes, posture	
12	Soumya TS	Classification of Health Problems, Constipation	
13	Sneha John Bosco	Habits, Menstrual Hygiene	
14	Teena S Babu	Immunity, Elimination	
15	Vijitha Vijayan	Sound Nutrition, mental health	

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Unit II –First Aid

Broadcast Hours: 30 & Practical Hours: 15

Sl No.	Name of Student	Topic	Name of Supervisor
1	Sonia K.G	Treating a Bruise at home	Mrs. Sheeja S HOD, Community Health Nursing
2	Azia V John	Food Poisoning	
3	Annamma Thomas	Nose Bleed, Bleeding from mouth	
4	Anumol Abraham	Cuts & Lacerations	
5	Ayimy Sebastian	Drowning	
6	Anija Johnson	Burns	
7	Irshana I	Broken bones & fractures	
8	Katherine Shelda Jose	Poison in eye	
9	Merlin Hilary	Insect bites	
10	Reshma GS	Dog bite	
11	Sangeetha S	Heat stroke, sun burn	
12	Soumya TS	Fire & Electrical injury	
13	Sneha John Bosco	Hyperglycemia & Hypoglycemia (complications of Diabetes)	
14	Teena S Babu	Snake bite	
15	Vijitha Vijayan	Foreign object in eye, ear, nose	

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Unit III - Basic Patient Care

Broadcast Hours: 30 & Practical Hours: 15

Sl No.	Name of Student	Topic	Name of Supervisor
1	Athira S Vijayan	Vital Signs Monitoring-Temperature, Pulse, Respiration	Mrs. Sheeja S HOD, Community Health Nursing
2	Ann Benzily	Blood Pressure, Height, Weight measurement	
3	Bincy Babu	Waist circumference, hip circumference, BMI	
4	Greeshma PV	Hair care	
5	Mercy Thomas	Bed bath	
6	Parvathy Chandran	Back rub	
7	Monisha Monachan	Foot care	
8	Anu Mohan	Nail Care	
9	Nimmi Mani Daniel	Blood Sugar testing	
10	Nisha Mani Daniel	Mouth care, respiratory care	
11	Veena	Wound Dressing	

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Unit IV –Nutrition & Diet

Broadcast Hours: 45

Sl No.	Name of Student	Topic	Name of Supervisor
1	Sheeba Joy	Introduction, balanced diet, importance of balanced diet	Mrs. Mekha K Gopinath Tutor, Community Health Nursing
2	Sruthy S Panicker	Malnutrition	
3	Sandra Sebastian	Carbohydrates, iodine	
4	Athira S	Proteins	
5	Jency Ninan	Fat	
6	Bincy P Biju	Vitamin A & Iron	
7	Athira N Asok	Vitamin B1 – B12	
8	Jibi Stephen	Vitamin C	
9	Sneha Simon	Vitamin D	
10	Shiny Babu	Vitamin E	
11	Sini Jose	Vitamin K	
12	Liba L Raj	Calcium	
13	Anupama Ram	Magnesium	
14	Aleena Johnson	Potassium	
15	Babitha Xavier	Sodium	

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