



BISHOP ENZIGER COLLEGE

OF NURSING

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Approved Research Centre of Kerala University of Health Sciences



5.1.2 Report of BLS Training Programme



BLS TRAINING PROGRAM CONDUCTED BY ALUMNI MEMBER

Basic Life Support (BLS) course offered by our alumni member Mr. mukesh was provided to III Year BSc nursing students and faculties on 25.02.2020 at seminar hall of bishop benziger College of nursing, kollam. The BLS guidelines were provided to the students. The guidelines highlighted a set of clinical interventions for the immediate emergency management of cardiac arrest, heart attack and other life threatening medical emergencies for pediatrics, adults and first aid management of emergency conditions, as well as knowledge and skills to apply those interventions. The guidelines were set into several groups' instructions that are followed, and to increase its effectiveness.

The guidelines were given regarding Cardiac Arrest. During the training program, the students got training in essential skills individually; the students learned the basics of resuscitation like chest compressions, adult and infant breaths, management of choking in adults and infants etc. detail instruction was given in recognizing and initiating early management of cardiac conditions like choking and the supportive care, identifying and treating, recognizing other life-threatening clinical situations such as cardiac arrest and providing initial care, applying BLS algorithms and effective resuscitation team dynamics.

At the end of the program students gave a feedback about the program. It was an Informative and interactive session for the students and faculty. There were 54 participants in the programme. Also there was return demonstration session on CPR technique by the participants. The pre test and post test was conducted before and after the class, using the structured questionnaire on the basis of CPR. Course certificate were issued to the students.


Alumni Secretary


Signature of the principal

Dr. ANOOPA. K.R. Ph.D (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1, KERALA





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