

Accredited by NAAC,

OF NURSING

Member of United Nations Academic Impact Program
Approved Research Centre of Kerala University of Health Sciences



5.1.2 Orientation Programme Schedule for Students

#### BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM

#### ORIENTATION PROGRAMME SCHEDULE FOR B.Sc NURSING NEW ADMISSION 2015

| DATE     | TIME             | ACTIVITY                                      |  |
|----------|------------------|---|--|
| 20/08/15 | 10.30 – 4 pm     | Inauguration function                         |  |
| 22/08/15 | 9 – 11 am        | College orientation                           |  |
| 05/10/15 | 10.30 – 1 pm     | Communication English                         |  |
| 22/08/15 | 10.30 – 12.30 pm | Introduction to professionalism               |  |
| 31/08/15 | 2 – 3 pm         | Orientation of library                        |  |
| 31/08/15 | 9-1 pm           | Communication skill                           |  |
| 01/09/15 | 2-4 pm           | Time management                               |  |
| 01/09/15 | 8-1pm            | Value clarification/self awareness            |  |
| 01/09/15 | 2-4 pm           | Spiritual ideology                            |  |
| 02/09/15 | 8-1 pm           | Adolescent stress and positive living         |  |
| 2/09/15  | 2-4 pm           | Personality development                       |  |
| 4/09/15  | 2- 4 pm          | Meditation and yoga                           |  |
| 5/09/15  | 2- 4pm           | Interpersonal relationship in nursing         |  |
| 08/09/15 | 9-10 am          | Orientation f first year BSc nursing syllabus |  |
| 08/09/15 | 11 – 1pm         | Orientation to requirements of clinics/theory |  |
| 08/09/15 | 2-4pm            | Anti ragging class                            |  |



Signature of the Principal

Dr. ANOOPA. K.R. Ph.D (N)
PRINCIPAL
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KOLLAM - 1, KERALA

## BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM ORIENTATION PROGRAMME SCHEDULE FOR B.Sc NURSING NEW ADMISSION 2016

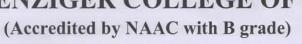
| DATE     | TIME                 | ACTIVITY                                      |  |
|----------|----------------------|---|--|
| 25/08/16 | 10.30 – 4 pm         | Inauguration function                         |  |
| 26/08/16 | 9.–11 am             | College orientation                           |  |
| 26/08/16 | 10.30 – 1 pm         | Communication English                         |  |
| 27/08/16 | 10.30 – 12.30 pm     | Introduction to professionalism               |  |
| 27/08/16 | 2 <sup>-</sup> -3 pm | Orientation of library                        |  |
| 27/08/16 | 9-1 pm               | Communication skill                           |  |
| 29/08/16 | 2-4 pm               | Time management                               |  |
| 29/08/16 | 8-1pm                | Value clarification/self awareness            |  |
| 29/08/16 | 2-4 pm               | Spiritual ideology and profession             |  |
| 30/08/16 | 8-1 pm               | Adolescent stress and positive living         |  |
| 30/08/16 | 2-4 pm               | Personality development                       |  |
| 30/08/16 | 2- 4 pm              | Meditation and yoga                           |  |
| 31/08/16 | 2- 4pm               | Interpersonal relationship in nursing         |  |
| 31/08/16 | 9-10 am              | Orientation f first year BSc nursing syllabus |  |
| 31/08/16 | 11 – 1pm             | Orientation to requirements of clinics/theory |  |
| 01/09/16 | 2-4pm                | Anti ragging class                            |  |
| 01/09/16 | 11-1 pm              |   |  |
| A        |                      | Personal hygiene                              |  |
| 03/09/16 | 9-1pm                | Group dynamics                                |  |
| 03/09/16 | 2-4 pm               | Motivation                                    |  |



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### **BISHOP BENZIGER COLLEGE OF NURSING**





# BISHOP BENZIGER COLLEGE OF NURSING,KOLLAM ORIENTATION PROGRAMME SCHEDULE FOR B.Sc NURSING NEW ADMISSION 2017

| DATE     | TIME             | ACTIVITY                                      |  |
|----------|------------------|---|--|
| 28/09/17 | 10.30 – 4 pm     | Inauguration function                         |  |
| 03/10/17 | 9 – 11 am        | College orientation                           |  |
| 03/10/17 | 10.30 – 1 pm     | Communication English                         |  |
| 03/10/17 | 10.30 – 12.30 pm | Introduction to professionalism               |  |
| 03/10/17 | 2 – 3 pm         | Orientation of library                        |  |
| 04/10/17 | 9-1 pm           | Communication skill                           |  |
| 04/10/17 | 2-4 pm           | Time management                               |  |
| 04/10/17 | 8-1pm            | Value clarification/self awareness            |  |
| 04/10/17 | 2-4 pm           | Spiritual ideology and profession             |  |
| 05/10/17 | 8-1 pm           | Adolescent stress and positive living         |  |
| 06/10/17 | 2-4 pm           | Personality development                       |  |
| 06/10/17 | 2- 4 pm          | Meditation and yoga                           |  |
| 06/10/17 | 2- 4pm           | Interpersonal relationship in nursing         |  |
| 07/10/17 | 9-10 am          | Orientation f first year BSc nursing syllabus |  |
| 07/10/17 | 11 – 1pm         | Orientation to requirements of clinics/theory |  |
| 07/10/17 | 2-4pm            | Anti ragging class                            |  |
| 09/10/17 | 11-1 pm          | Administrative matters                        |  |
| 10/10/17 | 9-1pm            | Ethics in nursing                             |  |
| 12/10/17 | 2-4 pm           | NSS orientation class                         |  |



Signature of the Principal D (N)
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## BISHOP BENZIGER COLLEGE OF NURSING,KOLLAM ORIENTATION PROGRAMME SCHEDULE FOR B.Sc NURSING NEW ADMISSION 2018

| DATE     | TIME         | ACTIVITY                              |
|----------|--------------|---------------------------------------|
| 03/10/18 | 10.30 – 4 pm | Inauguration function                 |
| 04/10/18 | 9 – 4 pm     | College orientation                   |
| 05/10/18 | 9 – 4 pm     | Communication English                 |
| 06/10/18 | 9 – 4 pm     | Introduction to professionalism       |
| 08/10/18 | 9 – 4 pm     | Orientation of library                |
| 09/10/18 | 9 – 4 pm     | Communication skill                   |
| 10/10/18 | 9 – 4 pm     | Time management                       |
| 11/10/18 | 9 4 pm       | Value clarification/self awareness    |
| 12/10/18 | 9 – 4 pm     | Spiritual ideology and profession     |
| 13/10/18 | 9 – 4 pm     | Adolescent stress and positive living |
|          |              |                                       |



Signature of the Principal

Dr. ANOOPA. K.R. Ph.D (N)
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#### BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM ORIENTATION PROGRAME SCHEDULE FOR B.Sc. (N) NEW ADMISSION 2019

| DATE     | TIME             | ACTIVITY                               | FACULTY   |
|----------|------------------|--|---|
| 18.09.19 | 10.00 - 03.00 pm | Inauguration of new batch              |   |
| 19.09.19 | 9.00-10.00am     | Introduction to Nursing                | Mrs. Sindhu Ambika, I yr Class Coordinato           |
|          | 10.00-10.30am    | Break                                  | -   |
|          | 10.30-1.00pm     | College Orientation                    | All B.Sc. I Year Faculty                            |
|          | 1.00-2.00pm      | - Lunch                                |   |
|          | 2.00-3.00pm      | Grooming                               | Dr. Anoopa K.R, Principal                           |
|          | 3.00-4.00pm      | Motivation                             | Mrs. Sherin Sebastin, Asst. Prof. Med. Sur<br>Dept. |
| 20.09.19 | 9.00-10.00m      | Life Skill Training                    | Prof. Annal Angeline, HOD, OBG Dept.                |
|          | 10.00-10.30am    | Break                                  |   |
|          | 10.30-11.30am    | SNA/NSS/KFUNAI                         | Safarina/Sony/Anu S Khosh                           |
|          | 11.30-1.00pm     | Inter Personal Relationship            | Mrs. Mercy Thomas                                   |
|          | 1.00-2.00pm      | Lunch                                  |   |
|          | 2.00-4.00pm      | Professionalism among nursing students | Prof. Latha Damodaran, Principal, NS Cor            |
|          | 9.00-10.00am     | Life Skill Training                    | Prof. Annal Angeline, HOD OBG Dept.                 |
|          | 10.00-10.30am    | Break                                  | -   |
|          | 10.30-11.30am    | College Administration                 | Mr. D Solomon                                       |
| 22.00.10 | 11.30-12.00      | Orientation to Library                 | Mrs. Soumya   |
| 23.09.19 | 12.00-1.00       | Time Management                        | Prof. Anand, S, Vice-Principal                      |
|          | 1.00-2.00pm      | Lunch                                  |   |
|          | 2.00-4.00PM      | Anti-Ragging Class/ Video              | Adv. Jose Pious                                     |
|          | 9.00-10.00am     | Group Dynamics                         | Dr. Anoopa K.R. Principal                           |
|          | 10.00-10.30am    | Break                                  |   |
| 24.09.19 | 10.30-1.00pm     | Medical Checkup/Library                |   |
|          | 1.00-2.00pm      | Lunch                                  |   |
|          | 2.00-4.00pm      | Communication Skills                   | Mrs. Claudette, Guest Lecturer                      |
|          | 9.00-10.00       | Personal Hygiene                       | Mrs. Anitta Thomas                                  |
|          | 10.00-10.30am    | Break                                  |   |
| 25.09.19 | 10.30-1.00pm     | Orientation to Syllabus                | All B.Sc. I Year Faculty                            |
|          | 1.00-2.00pm      | Lunch                                  |   |
|          | 2.00-4.00pm      | Personality Development                | Mrs. Maya, Guest Lecturer                           |
| 26.09.19 | 9.00-1.00pm      | Adolescent stress and positive living  | Mr. Khan Kaicode, Consultant Psychologis            |
|          | 1.00-2.00pm      | Lunch                                  |   |
|          | 2.00-4.00pm      | Interaction with Seniors               | •   |
| 27.09.19 | 9.00-11.00pm     | University Registration<br>Orientation | Prof. Anand, S, Vice-Principal                      |
|          | 11.00-12.00noon  | Orientation to Radio Benziger          | Mrs. Jyothilakshmi                                  |
|          | 12.000-1.00pm    | Subject Orientation                    | I Year Faculty                                      |
|          | 1.00-2.00pm      | Lunch                                  |   |
|          | 2.00-4.00pm      | Spiritual Ideology and Profession      | Rev. Fr. Irvin                                      |
| 28.09.19 | 9.00-10.00am     | Orientation to SSGP                    | Mrs. Feby Fulgen                                    |
|          | 10.00-10.30am    | Break                                  |   |
|          | 11.00-1.00pm     | Orientation to Computer Facility       | Mr. Jerin J   |
|          | , 1.00-2.00pm    | Lunch                                  | -   |
|          | 2.00-4.00pm      | Women Empowerment                      | Adv. Archa Radhakrishnan                            |

Principal

Class coordinator

ANOOPA. K.R. Ph.D (N)

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