



BISHOP BENZIGER COLLEGE

OF NURSING

Accredited by NAAC,

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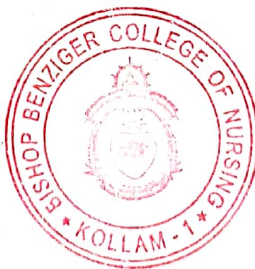
Approved Research Centre of Kerala University of Health Sciences



8.1.4 - Student Health Record

BISHOP BENZIGER COLLEGE OF NURSING

KOLLAM



STUDENTS HEALTH RECORD

BISHOP BENZIGER COLLEGE OF NURSING

SASTRI JN., KOLLAM-1

STUDENTS HEALTH RECORD



Name of the student : Abiya Babu

Name of the course : BSc Nursing

Date of entrance to college : 18/09/2019

Student's Name Abija Babu

Age 17 DOB 11/11/2001 sex Female

Address of the Parent: Kobukkara Kizhakkattil Religion/Community: Christian, Catholic

Exarchia Naduvil Nationality: Indian

Secoyard South Blood Group: O+ve

Address of the local guardian: Malanur P.O

FAMILY HEALTH HISTORY

Sl. No.	Name of the family member	Student's relation with family member	Age if living	Health Status	Age at death	Cause of death of deceased
1.	Babu K u	Father	47	Healthy	-	
2.	Suma Babu	Mother	42	Healthy	-	
3.	Abin Babu	Brother	16	Healthy	-	
4.	Aleyamma	grandmother	75	Healthy	-	
5.	Cervaythex	grandfather	-	-	83	

History/Presence of : TB, Epilepsy disease, Mental, Hypertension, Heart disease, Diabetes, Skin diseases and any Blood disorders.

PERSONAL HEALTH RECORD

- Diseases - any complications : _____
- Age at which of occurred : _____
- Any surgeries (specify) : _____
- Injuries (Specify) : _____
- Health habits :
 - Bowles : _____
 - Menstruation : _____
 - Rest/Sleep : _____
 - Exercise : _____
 - Recreation : _____

6. Has suffered or suffering from : to-ky/na RTI caused by

Headache, Indigestion, Fainting, Dizziness, Insomnia, Cough, Colds, Oedema, Joint Pains, UTI, Asthma, Fever, Haemorrhoids, Allergy, Convulsions, Hemoptysis, Epitaxis any other specify : _____

7. Special Interests and hobbies (Specify) : _____

PHYSICAL EXAMINATION (ON ENTRANCE)

Height : 158 Weight : 67 TPR: 98/60/100

General appearance - (Nutritional state, state of skin, muscular tone, posture etc.)

Teeth and gums : _____

CHEST :

Contour : _____ Expansion : _____

Examination of lung : _____

HEART

Rhythm : _____ Size : _____

Character of sounds : normal

Rate : _____ Sitting _____ After exercise : _____

After 2 minutes : _____ Blood Pressure : 120/80 mm

ABDOMEN : normal



SPINE (Rotation, Curvatures) _____

ORTHOPEDIC DEFORMITIES (Flat feet, Spondylitis etc.) _____

NERVOUS SYSTEM (Reflexes, tremors) _____

Comment on emotional stability of student if possible _____

EYE, E.N.T. EXAMINATION

EYE

Vision _____ Right _____ Left _____

Reaction _____

Any Disorders (Specify) _____

Ears

Hearing _____ Right _____ Left _____

Any Disorders (Specify) _____

Nose

(N.S.D., Occlusion of breathing)

Any disorders (Specify) _____

Throat

(Enlargement of tonsils)

Any disorders (Specify) _____

Sinuses _____

Glands: (Cervical, Thyroid glands)

Is there anything in the history and physical examination which will make the candidate unsuitable for nursing _____

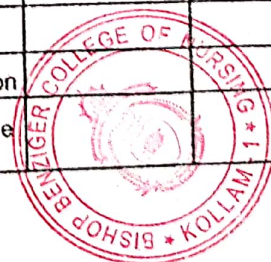
Remarks _____

Date: 22/10/16

Signature of the Physician

SUBSEQUENT EXAMINATION

Physical Examination	End of I year Date _____	End of II year Date _____	End of III year Date _____	End of IV year Date _____
Teeth & Gum				
Chest				
Heart				
B.P.				
Abdomen				
Posture				
Feet				
Skin				
Elimination				
Uterine disorders				
Ear				
Eye				
Nose				
Throat				
Sinuses				
Glands				
General Condition				
Signature of the Doctor				



HEALTH HABITS

	End of I year Date _____	End of II year Date _____	End of III year Date _____	End of IV year Date _____
Smoking				
Drinking				
Exercise				
Mensuration				
Emotional Stability				

LABORATORY FINDINGS

Examination	On Entrance Date _____	End of I year Date _____	End of II year Date _____	End of III year Date _____	End of IV year Date _____
Stool examination					
Hb					
Cell count					
Urine analysis					
Stool Examination					

Tuberculin tests : _____

Wasserman test (on entrance) Date : _____

Findings _____

Chest X-ray (Report) : _____

Metabolic rate (if indicated) :

Electrocardiogram (if indicated)

Date : _____ Findings : _____

PROTECTIVE INNOVATIONS

Vaccines	Date	Date	Date	Date	Remarks
Hepatitis A					
Hepatitis B	3/10/19	25/11/19	19/12/2020		
T.A.B.					
Cholera					
B.C.G					
Varicella					
M.M.R.					
Others					



wt kg	I year		II year	III year	IV year
	Temp	Pulse			
88					
86					
84					
82					
80					
78					
76					
74					
72					
70					
68					
66					
64					
62					
60					
58					
56					
54					
52					
50					
48					
46					
44					
42					
40					
38					
36					

ILLNESS RECORD DURING THE COURSE

Year	Period of illness From To	Diagnosis	Treatment	Days lost	Remarks
	04 11 2019	fever		7	

