



# BISHOP BENZIGER COLLEGE

# OF NURSING

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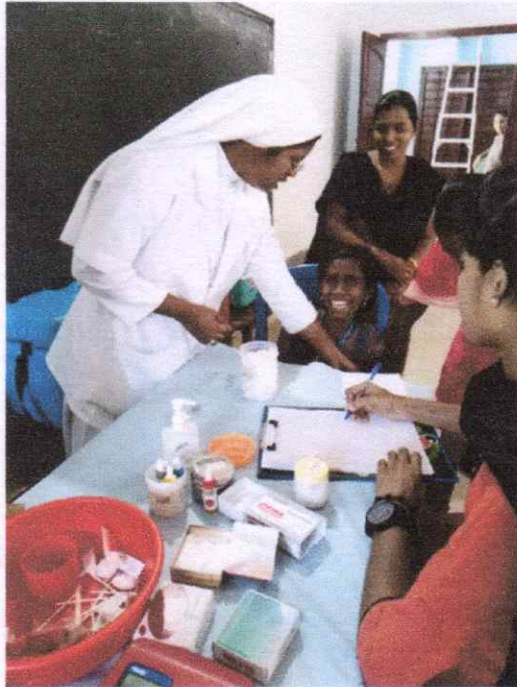


## 7.3.1 Health care of people living at coastal area



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## 24.02.2020: School Health Programme in St.John's U.P School, Thirumullavaram

As part of completing the IV year community health nursing clinical requirement, the IV year B.Sc nursing students (48) organized a school health



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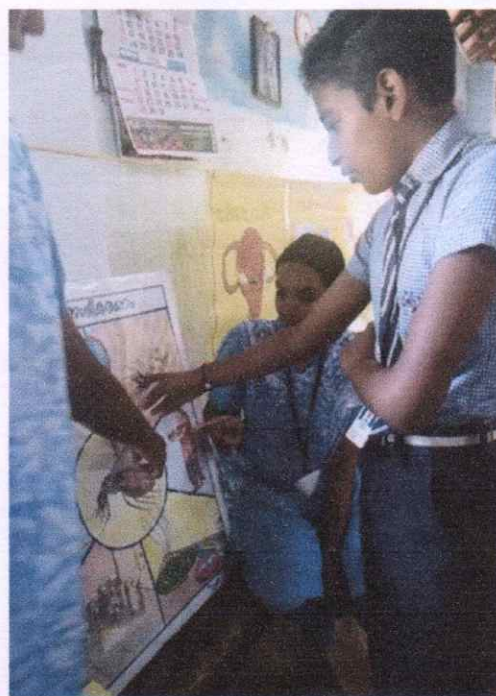
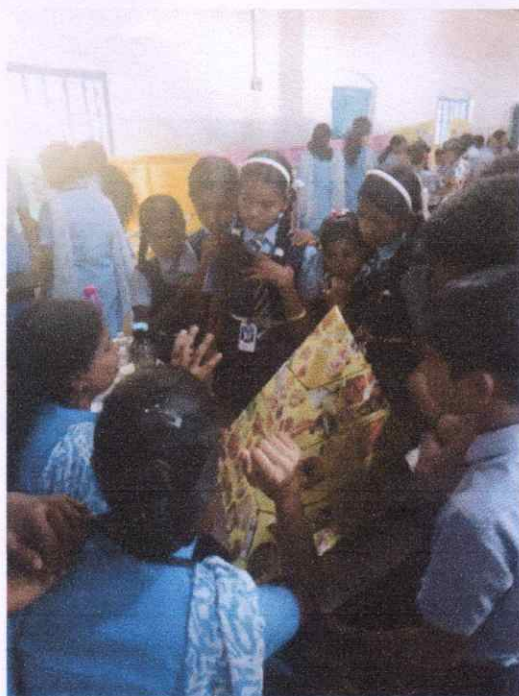
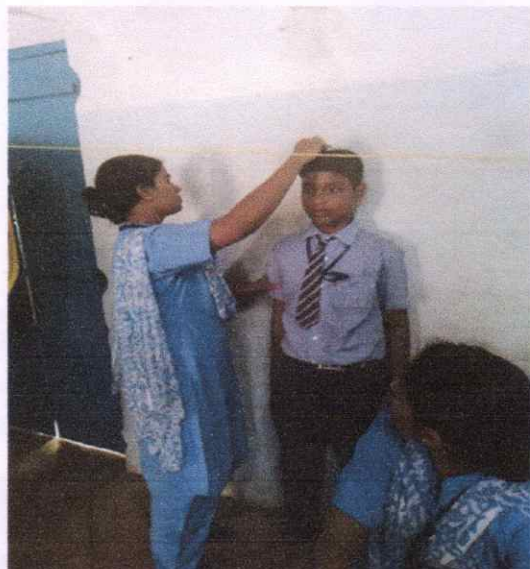


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UNITED NATIONS  
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Sharing  
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Signature of HOD



  
Signature of Principal

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programme in St.John's U.P School,Thirumullavaram from 11 am to 01 pm on 24.02.2020 .The school students from 6<sup>th</sup> and 7<sup>th</sup> class participated in the school health programme.Total 47 students participated in the school health programme.The activities involved in the school health programme were as mentioned below:

- Health Exhibitions
- Health educations (Personal hygiene, menstrual hygiene, oral hygiene, adolescent health and nutrition etc.)
- Assessment of Health problems
- Assessment on growth and development.



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## 23.02.2020: Blood donation camp and NCD clinic

The IV year B.Sc nursing students from Bishop Benziger College of Nursing along with Bishop Benziger Hospital, Kollam organized and conducted a blood donation and blood grouping campaign and NCD clinic at St.John's U.P School, Thirumullavaram from 9.30 am to 12.30 pm on 23.02.2020 . Total 11 people donated blood from Thirumullavaram area and 50 people checked their blood sugar , blood pressure and BMI in NCD clinic .




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## 19.01.2020: Pulse Polio Immunization Program 2020:

IV year B.Sc nursing students (24) actively participated on the Pulse Polio Immunization programme 2020 conducted by Government of India on 19.01.2020 under the supervision and guidance of PHC, Sakthikulangara from 8am to 01 pm on 19.01.2020. The students were given two drops of OPV to children at the age of 0-5 year's .Two students were allotted to give polio in each booth. There were total 12 booths assigned for students.



  
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## 18.01.2020: Fit India Movement 2020: Cyclathon and Rally:

Bishop Benziger College of Nursing observed Fit India Movement 2020 on 18.01.2020. The IV year B.Sc nursing students (48) of Bishop Benziger College of Nursing, Kollam organized and conducted a cyclathon and a public awareness rally in the Coastal region of Kollam. The program organized by the students of Bishop Benziger College of Nursing from 10.30 am to 12 pm on 18.01.2020 at Bishop Benziger Community Health Centre, Pallithottam. The program was inaugurated by Dr. Anoopta K.R, Principal, Bishop Benziger College of Nursing and Mrs. Sheeja S HOD, Bishop Benziger College of Nursing given felicitation address and Dr. Asha, Sr. Omana and other staff of Community Health Centre attended the program. The program started with flagged off the Cyclathon by Dr. Anoopta K.R, Principal, Bishop Benziger College of Nursing. The number of students participated in the Cyclathon were 10. At the end of the programme there was a valedictory function arranged in the CHC Pallithottam, the function presided by Dr. Anoopta K.R, Principal, Bishop Benziger College of Nursing. This program was very useful to the students to disseminate the information about the importance of physical exercise in the day to day life of every Indians to build a healthy nation. The program ended at 12 pm.

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As a part of observance of International day of persons with disability an awareness class was conducted about physically disabled and mentally challenged and the role of an individual to support the disabled persons in the community by Mrs.Lali on 05.12.19 in Eravipuram Community Health Centre.Total 08 people attended this awareness class.

## 06.12.2019: Non Communicable Disease Camp

The I year M. Sc nursing students (03Nos), IV year B. Sc Nursing students (24Nos) and II year B. Sc nursing students (16Nos) in their community clinical period organized and conducted a mini NCD health camp from 10.30am to 12pm on 06.12.2019 at Vallakadavu Flat in Eravipuram, kollam under the guidance and supervision of Community Health nursing Department of Bishop Benziger College of Nursing. Total 38people attended the camp. The activities conducted in the camp were mentioned bellow:

- 1 Monitoring of Blood Glucose
- 2.Cheking Blood pressure
- 3.Physical assessment
- 4.Health Educations
- 5.Health Exhibitions



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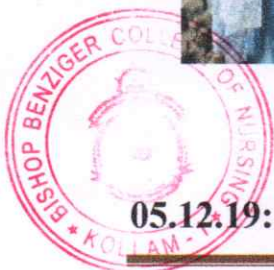


empower the persons with disability. Nursing tutor from Department of Community Health Nursing Mrs.Jyothilakshmi.J had given instructions and proper guidance about the content to be discussed in this programme.

Four disabled people were at the live phone in programme caller's list. Altogether the radioprogramme had seek the attention of the public and made out the 'stigma' of Disability as "the ability of an individual to express his/her talents". The callers were given inspiration like "being disabled is undoubtedly a physical restriction but being self-satisfied is much more important for their success" is revealed through the radio programme .

## 2.Home Visit on 'International day of persons with disability'

As a part of the observance of 'International day of persons with disability' the IV year B.Sc nursing students (04) from Bishop Benziger College of Nursing visited a house of physically disabled persons in Eravipuram and understood the real life difficulties he has facing in the society and also in his life. The students took a motivational class based on the theme 2019 'The Future is Accessible' to people in St. Joseph Nagar, Eravipuram. Total 14 people attended this class.



**05.12.19: International day of persons with disability**

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## 02.12.19: World AIDS Day :

As a part of observance of World AIDS Day an awareness class was conducted on 02.11.19 by Mrs.Omanaamma in community health centre – Pallithottam regarding AIDS and its prevention in community .Total 08 people attended this awareness class.

## 03.12.19: World AIDS Day :

The IV year B.Sc nursing students (04 Nos) organized an health awareness class about AIDS/HIV-2019 in Bishop Benziger Community Health Centre, Eravipuram on 03/12/2019. The class was mainly dealt with AIDS day theme in 2019, signs and symptoms, prevention and control of AIDS in people. Total 08 people attend the class.The class was very informative to the public.



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## 02.11.19: World Pneumonia Day :

As a part of observance of World Pneumonia Day an awareness class was conducted on 02.11.19 by Mrs.Viji in Eravipuram community health centre regarding Pneumonia and its preventive aspects.Total 07 people attended this awareness class.

## 10.11.19: World Immunization Day :

As a part of observance of World Immunization Day on 10.11.2019 an awareness class was conducted by Mrs.Omana Sister in community health centre,Pallihottam regarding importance of taking immunization to prevent vaccine preventable diseases in children .Total 08 people attended this awareness class.

## 14.11.19: World Diabetic Day

As a part of observance of World Diabetic Day an awareness class was conducted about diabetic and its early prevention in adult population by modification in life style by Mrs.Lali on 14.11.19 in Eravipuram Community Health Centre.Total 09 people attended this awareness class.

## 14.11.19: World Diabetic Day: Conducted special NCD & Geriatric clinic

As part of the observance of World Diabetic Day, I year M.Sc nursing students (03 Nos) from Community Health Nursing Speciality,Bishop Benziger College of Nursing conducted a health awareness class about Diabetic Mellites.The main points included in the class were Diabetic day theme 2019,life style modifications for prevention of diabetes mellitus , diets for diabetic patients and the importance of celebrating world diabetic day in society.Students also organized a NCD clinic on 14.11.2019 in Bishop Benziger Community Health Centre,Eravipuram .The main activities included in the NCD clinics were checking the blood glucose level by using glucometer, calculate the BMI and monitoring the blood pressure .All procedures were done with free of cost.Total clients participated in this programme were 23



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**PHOTOS IN THE MONTH OF NOVEMBER 2019**

**CHC, ERAVIPURAM**

**1. ADOLESCENT CLINIC CONDUCTED ON 08.11.2019**



**Signature of HOD**



**Signature of Principal**

*[Handwritten signature]*  
10/1/2020

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## 14.11.2019: World Diabetic Day: Health Education

The IV year B.Sc nursing students from Bishop Benziger College of Nursing conducted an awareness class to the people in Galileo Nagar and FCDP tailor unit in Pallithottam about diabetes mellitus and role of a family in the prevention of diabetes mellitus in the World. Total 20 people participated in this health education class conducted on 14/11/2019 under CHC, Pallithottam.

## 19.11.2019: Health awareness class about "COPD"

The Bishop Benziger Community Health Centre, Pallithottam arranged an awareness class to the people who are attended the OP in health centre about COPD and its prevention and management in costal area on 19.11.2019. The class was taken by Mrs. Ommana Amma (LHI). Total 09 people attended the class.

## 23.11.2019: Health awareness class about "Newborn care"

The Bishop Benziger Community Health Centre, Pallithottam organized an awareness class to the people about "New born care" on 23.11.2019 in community health centre, Pallithottam. The class was taken by Mrs. Omana Amma. Total 05 people attended the class.



  
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**BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM**

**BREAST FEEDING WEEK CELEBRATION-2019--1-7 AUGUST 2019**

**Breast Feeding Week Theme: Empower parents: Enable Breast feeding.**

**Faculty In- Charge: Faculty members of Obstetrics and Gynaecological Nursing and Child Health Nursing Department.**

**REPORT ON BREAST FEEDING WEEK CELEBRATION: 2019**

Bishop Benziger College of Nursing observed World Breast Feeding Week from **01.08.2019** to **07.08.2019** with variety of programmes in tune with **Seventeen Sustainable Development Goals** of **United Nation**, spreading the theme, **Empower parents: Enable Breast feeding** to various Stake holders in encouraging breastfeeding and further improve the health of babies around the world. It was a collaborative work initiated by Department of Child Health Nursing, Community Health Nursing, Obstetrics and Gynaecological Nursing supported by Student Nurses Association of our college.

**1.08.2019:** A **Public Awareness Rally** related to the theme was flagged off at the coastal Community Health Centre area, Eravipuram, Kollam, by Prof. Anand S, Vice Principal, Bishop Benziger College of Nursing, Kollam. The function was mastered by Prof. Annal Angeline, Head of Department , Obstetrics and Gynaecological Nursing Department, Mrs. Feby Fulgen, Assistant Professor, Community Health Nursing Department, Mrs. Betsy K Jayims , Assistant Professor , Child Health Nursing Department and Mrs. Sajini Raju, Clinical Instructor, Mental Health Nursing Department and III yr B.SC Nursing students .The celebration was started with prayer song , **Inauguration** and the theme was opened to the public by Mrs. Feby Fulgen highlighting the theme , importance of breast feeding and its influence in bringing up the healthy citizens of our country and followed by Role-play of III yr B.SC Nursing students based on the significance of breast feeding. There were **80** participants in the Programme. The Session ended at 11 am.



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**Monthly report of CHC Pallithottam and Eravipuram for the  
month of February 2019.**

<b>Monthly census</b>			
<b>Sl. no</b>	<b>No of patients</b>	<b>Pallithottam</b>	<b>Eravipuram</b>
1.	Total patients	545	513
2.	New cases	12	296
3.	Respiratory cases	129	250
4.	Diarrhea	21	3
5.	Viral fever	152	12
6.	Chicken pox	-	-
7.	Dressings	189	119
8.	Others	54	219

**CLINICS DETAILS**

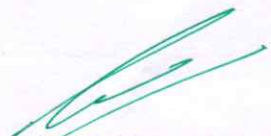
<b>Clinics</b>	<b>Date</b>	<b>Area</b>	<b>No. of participants</b>
<b>Hypertension [BP Clinic]</b>	01.02.19	Pallithottam	06
		Eravipuram	00
<b>Adolescent clinic</b>	09.02.2019	Pallithottam	05
		Eravipuram	00
<b>Antenatal clinic</b>	15.02.2019	Pallithottam	00
		Eravipuram	00
<b>Geriatric clinic</b>	22.02.2019	Pallithottam	06
		Eravipuram	00

Some of the extension programmes conducted by the community department during the month of January are as follows:

**04.02.19: Health education class on World Cancer Day:**

An awareness class was conducted on 04.02.19 by Sr. Omana in Pallithottam community health centre regarding cancer and its prevention. 06 people attended the class.



  
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A group education was conducted on 04.02.19 by Fourth year B.Sc. Nursing students at Anugraha Nagar, Pallithottam regarding cancer, its causes and its prevention. Around 10 people attended the class.



**12.02.19: Health awareness class on Family Planning:**

An awareness class was conducted on 12.02.19 by Sr. Omana in pallithottam health centre regarding Family Planning. 09 people attended the class.



  
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## DECEMBER 2018

### 01.12.2018: radio talk on world AIDS day


As a part of International AIDS Day our IV year BSc Nursing student Ms. Emy Edison was conducted a radio talk on AIDS through our Community Radio Benziger 107.8 FM. It was broadcasted on 01.12.2018 from 10:30am – 10:45am



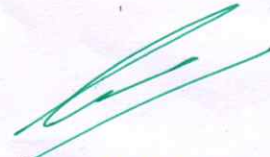
### 03.12.2018: Health awareness class on AIDS:

An awareness class was conducted on 03.12.2018 by IV year BSc Nursing students in Don Bosco Nagar regarding AIDS. 12 people have attended this program



  
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**08.12.18: Health Education class on World Pollution Day:**

An health awareness class was conducted by IV year BSc Nursing students in Velicham Nagar on 08.12.18 regarding different types of pollution. 18 people have participated in this programme.



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**19.12.18: Health education class on World Patient Safety Day:**

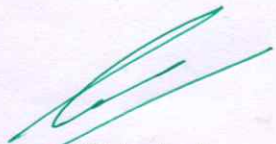
An awareness class regarding Patient Safety was conducted by 1<sup>st</sup> MSc Nursing students (7) on 19.12.2018 at Community Health Centre Pallithottam. Total participants were 10.



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Signature of HOD

  
Signature of Principal



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**18.09.2018: POSHAN ABHIYAN- Hand Washing demonstration:**

As a part of POSHAN ABHIYAN, Community health nursing department of Bishop Benziger College of Nursing in association with Community Radio Benziger conducted ORS Hand washing demonstration at Infant Jesus LPS, Pallithottam.. Ms. Athira of II Year M.Sc, demonstrated it to the school students and teachers.



*Athira*  
12/10/18  
**Signature of the HOD**



*[Signature]*  
**Signature of the Principal**

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**17.09.2018: POSHAN ABHIYAN- ORS demonstration:**

As a part of POSHAN ABHIYAN, Community health nursing department of Bishop Benziger College of Nursing in association with Community Radio Benziger conducted ORS home preparation demonstration at Anganwadi, Pallithottam. Ms. Athira of II Year M.Sc demonstrated it to the mothers of under five children. 10 mothers participated.

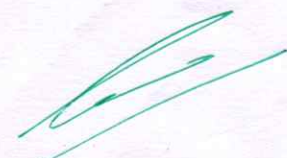


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## 12.06.2018: World Day against Child labour:

As a part of World day against child labour celebration, II Year B.Sc Nursing students performed mime show regarding child labour and its consequences and also gave an awareness regarding good touch and bad touch to students at Infant Jesus LPS, Pallithottam .



  
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**07.04.2018: World Health Day Celebration:**

**07.04.2018: Introduction to the World Health Day theme:**

As a part of the World Health day celebration, on 07.04.2018 Mrs. Sheeja.S, HOD, Community health nursing department, Bishop Benziger College of Nursing explained the health day theme to the people of Community area, Anugraha Nagar, Pallithottam.



**07.04.2018: Role play on World health day theme:**

As a part of the World Health day celebration, on 07.04.2018 the IV Year B.Sc Nursing students from Bishop Benziger College of Nursing conducted a role play on World Health day theme: “Universal Health Coverage: Everyone, Everywhere” at Community area, Anugraha Nagar, Pallithottam.



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## APRIL 2018

Some of the extension programmes conducted by the community department during the month of April are as follows:

### 01.04.2018 – 07.04.2018 : Prevention of blindness week:

As a part of Prevention of blindness week celebration, the IV Year B.Sc Nursing students from Bishop Benziger College of Nursing conducted a health awareness class on care of eyes, refractive errors and its management, and also did a story telling on sore eyes and its management at Community area, Anugraha Nagar, Pallithottam.



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**08.03.2018: World Kidney Day Celebration:**

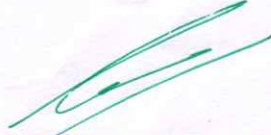
As a part of the World Kidney day celebration, on 08.03.2018 Mrs. Jyothi Lakshmi, Tutor, Bishop Benziger College of Nursing conducted a health awareness class on management of renal failure, and importance of renal diet at Community Health Centre, Pallithottam.



**08.03.2018: Health awareness class on dietary management of renal diseases:**

As a part of the World Kidney day celebration, on 08.03.2018 Mrs. Feby Fulgen, Assistant Professor, Bishop Benziger College of Nursing conducted a health awareness class on kidney day celebration, importance of dietary management in renal diseases at community area, Anugraha Nagar, Pallithottam.



  
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## MARCH -2018

Some of the extension programmes conducted by the community department during the month of March are as follows:

### 08.03.2018: International Women's day celebration:

As a part of International Women's day celebration, the IV Year B.Sc. Nursing students from Bishop Benziger College of Nursing conducted a role play and puppet show on women empowerment and had also conducted an awareness class on self protective measures of women at Community Health Centre ,Pallithottam.



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**11.03.2018- 17.03.2018: World Glaucoma Week celebration:**

As a part of the World Glaucoma Week celebration, on 09.03.2018 Ms. Angel Mary J N, Clinical Instructor, Bishop Benziger College of Nursing, gave a radio talk on Glaucoma- incidence, types, clinical manifestations, diagnosis and management at Community Radio Benziger.



**24.03.2018: World TB Day Celebration:**

As a part of World TB day celebration, the IV Year B.Sc. Nursing students from Bishop Benziger College of Nursing conducted an awareness class on Tuberculosis, its clinical features, diagnostic measures, medical management, prognosis and prevention at Community area, Pallithottam.



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### 03.02.2018: World cancer day celebration

As a part of celebrating World cancer day, IV B.Sc Nursing students conducted a medical exhibition on cancer- definition, types, warning signs, clinical manifestations, diagnostic measures, chemotherapy, radiation therapy and surgical management of cancer. They also performed a role play on cancer and its management.

### 16.02.2018: School health programme

As a part of the community health nursing requirement, the second batch of IV B.Sc Nursing students conducted school health programme in Infant Jesus LP School, Pallithottam. Total of 142 students attended the programme. There they did student registration, assessment of vital signs, physical examination and provided health education, conducted exhibition on dental care, healthy and unhealthy foods; a video class on good touch and bad touch and also conducted puppet show on personal hygiene.



Signature of HOD

Signature of Principal



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**12.10.2017: Health awareness class on arthritis**

An awareness class was conducted on 12.10.17 by Sr.Omana in Pallithottam health center regarding arthritis, its prevention and management. 09 people attended the class.

**21.10.17: Health awareness class on iodine deficiency**

An iodine deficiency awareness class was conducted on 21.10.17 by Sr.Omana in Pallithottam health center, 06 people attended the class.

**30.10.2017: Health awareness class on healthy ageing and exercises**

An awareness class was conducted on 30.10.2017 by Sr.Omana in Pallithottam health center regarding healthy ageing and exercises, 10 people attended the class.



**Signature of the HOD**



**Signature of the Principal**



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**COMMUNITY HEALTH NURSING DEPARTMENT**  
**REPORT ON WORLD BREAST FEEDING WEEK OBSERVATION (01.08.2017-07.08.2017).**

World Breast feeding week was observed at Bishop Benziger College Of Nursing, kollam, India from 01.08.2017 to 07.08.2017, various program were organized for the public in collaboration with department of community health nursing, child health nursing and Obstetrics and Gynecological Nursing

**01.08.2017: Health awareness rally**

Health awareness rally related to breast feeding week -2017, started from Community Health Centre, Pallithottam, was flagged off by Prof. Anoop K.R, Principal, Bishop Benziger College of Nursing. Rally covered the coastal regions of Kollam and ended at Community Health Centre, Pallithottam. At the finishing point, there was an inaugural function of the program and the gathering was welcomed by Mrs. Soly, Tutor, and Department of Child Health Nursing. The event was presided by Mrs. Sheeja.S, HOD, Department of Community Health Nursing. Inaugural address was given by Dr. Asha, Medical Officer, Community Health Centre, Pallithottam. The Theme, “sustaining breastfeeding together” was opened by Mrs. Shalima, HOD, Department of Child Health Nursing. Vote of thanks was given by Mrs. Jyothi lakshmi, Tutor, Department of Community Health Nursing, 15 mothers participated in the program



  
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**Puppet show:**

Puppet show was performed by III Year B.Sc nursing students about the importance of breast feeding. 15 mothers participated in the puppet show.



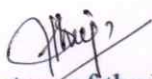
**01.08.17: Health awareness class on Breast feeding**

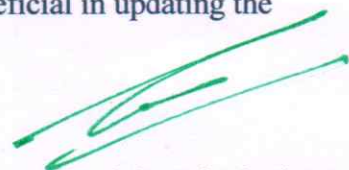
An awareness class was conducted on 01.08.17 by Sr.Omana staff nurse at Pallithottam community health center regarding the advantages of breast feeding. 13 mothers attended the class.

**05.08.2017: Radio talk on Breast feeding**

A radio talk was aired through Community Radio Benziger 107.8 FM (the broadcast covered an area of 20 km in Kollam District) on 05.08.2017 by Mrs.Athira, I Year M.Sc Nursing student of Bishop Benziger College of Nursing about the importance of breast feeding.

The week long program was appreciated by public and was found beneficial in updating the knowledge regarding significance of breastfeeding

  
Signature of the HOD

  
Signature of the Principal



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## NOVEMBER 2016

10.11.16 : World immunisation day

Theme: Close the immunisation gap

This is the second year of the close the immunisation gap campaign, which celebrates the enormous successes to date in reaching children all over the world with life saving vaccines while also stressing the challenges we still face.

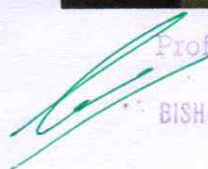
Health education was provided in anganwadi in Pallithottam health centre area by III B.Sc.Nursing students under supervision of Mrs.Mekha.K.Gopinath, Tutor, Community Health Nursing department on immunisation day regarding the need for immunisation and the immunization schedule to be followed to the mothers in the area.

The mothers actively participated in the discussion, raised queries regarding immunisation. There were 14 participants who attended the health education.



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## SEPTEMBER 2016

**25.08.16 – 08.09.16 : Eye donation fortnight**

Health education was provided in Don Bosco nagar under Pallithottam health centre by IV B.Sc.Nursing students and a radio talk regarding eye donation was also provided by Ms. Sonia of IV B.Sc.Nursing under the supervision of Mrs.Mekha.K.Gopinath, Tutor, Community Health Nursing department as a part of eye donation fortnight.



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**28.09.16 : World Rabies day**

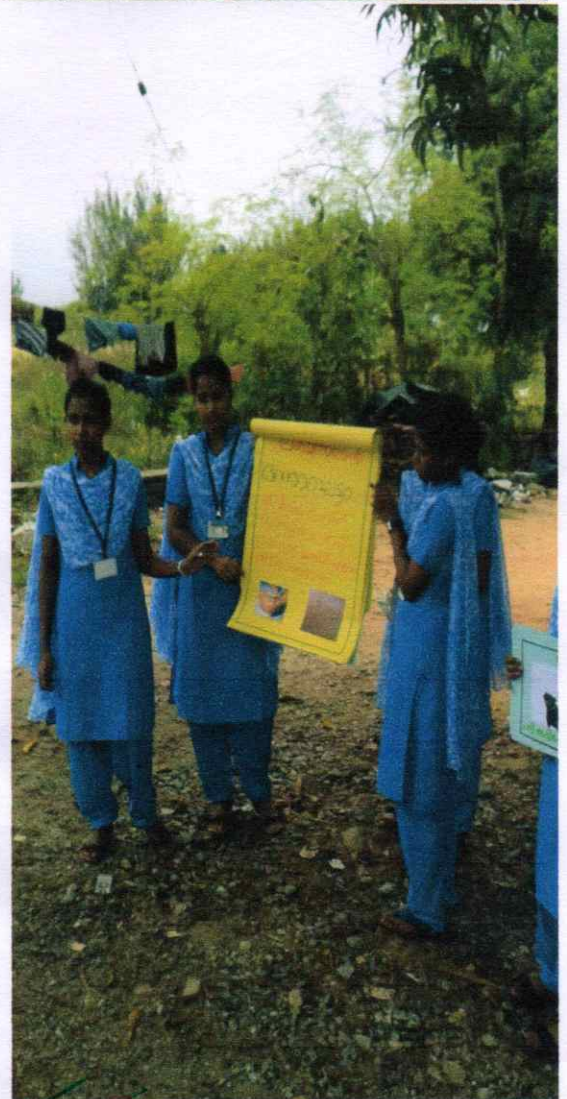
**Theme: Educate, Vaccinate, Eradicate**

Health education was provided in Don Bosco nagar under Pallithottam health centre by II B.Sc.Nursing students under supervision of Mrs.Mekha.K.Gopinath, Tutor, Community Health Nursing department on World Rabies day.

Health education covered signs and symptoms, pathophysiology, prevention,prophylaxis, first aid and identification of rabid dogs.The villagers were keen to hear to the topic being discussed and involved in the discussion by asking their queries on dog bite. There were 29 participants from Don Bosco Nagar who attended the health education.



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## OCTOBER 2016

**01.10.16 : International day for elderly**

**Theme: Take a stand against ageism**

The international day for elderly is an opportunity to highlight the important contributions that older people make to society and raise awareness of the issues and challenges of ageing in today's world.

Health education was provided in Anugraha nagar under Pallithottam health centre by III B.Sc.Nursing students under supervision of Mrs.Mekha.K.Gopinath, Tutor, Community Health Nursing department on International day for elderly regarding needs and problems of elderly.

The elderly people who involved in the discussion expressed their view that they are been well cared for but are worried about hearing about those who are residing in old age home who are left behind in their needy days by their own children. There were 13 participants who attended the health education.



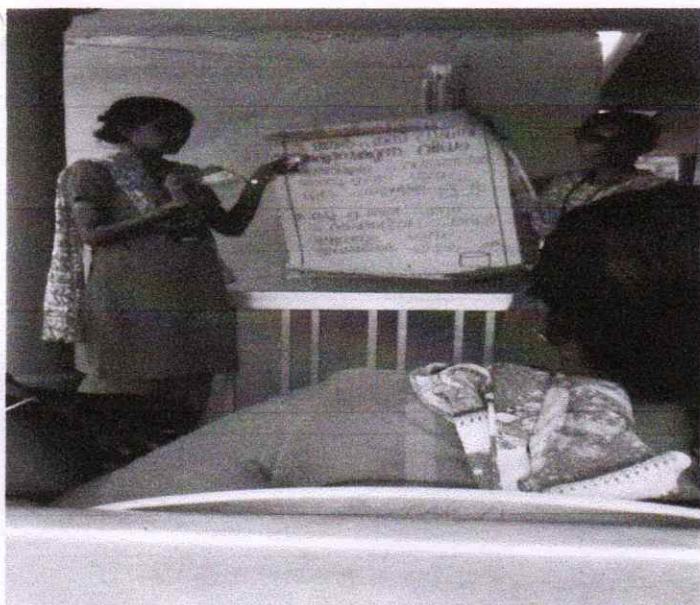
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**29.07.16 : Health awareness class**

An awareness class was conducted on 29.07.16 by Sr. Omana in Pallithottam health center regarding hepatitis, 12 people attended the class.

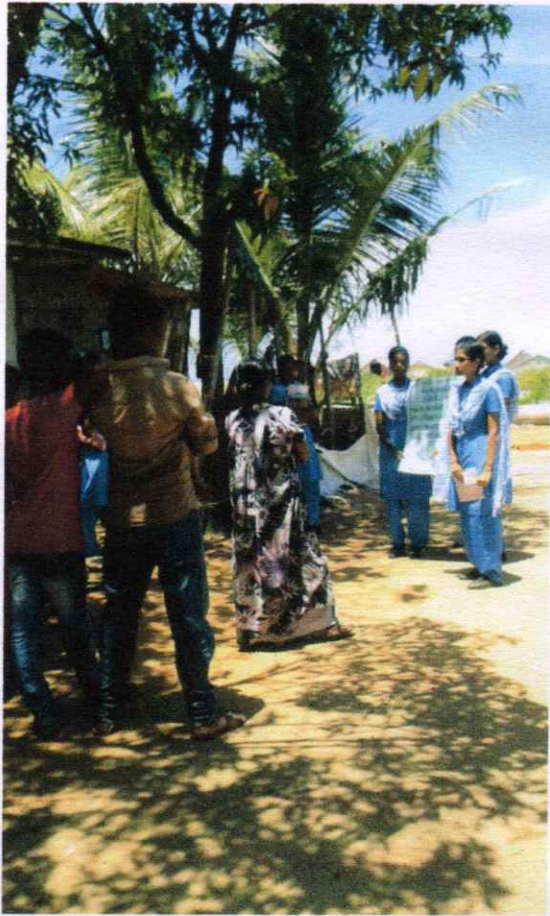
**29.07.16 : World ORS day**

Health education was provided in Snehatheeram nagar under Pallithottam health centre by II B.Sc.Nursing students under supervision of Mrs.Mekha.K.Gopinath, clinical instructor, community department on World ORS day.



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## JULY 2016

### 28.07.16 : World Hepatitis day

Theme based health education was provided in Galilia nagar and Anugraha nagar under Pallithottam health centre by II B.Sc.Nursing students under supervision of Mrs.Mekha.K.Gopinath, clinical instructor, community department on World hepatitis day



  
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UNITED NATIONS  
academic  
impact

Sharing  
a Culture  
of Intellectual  
Social  
Responsibility

## Health care of people living at coastal area

Bishop benziger college of nursing has made substantial efforts in covering health care of people living at coastal area. The college with collaboration with parent hospital, Fisherman community development programme and Theeradesa mahila society is running two community health centres which aim at enhancing health of people in that community area. The **community health centres** are in Eravipuram and Pallithottam; both are coastal areas. The goal of Bishop benziger community health centres is to deliver community based healthcareservices at home and closer to home that meet the needs of individual and families. The college has organized various health programme, health camps, awareness programmes from time to time. Further the college has conducted many research projects which benefits the costal area community to enhance knowledge, attitude and practice.

**Community Radio Benziger FM 107.8** ; First hospital radio of the country established in the year 2010.The institution in association with Community Radio Benziger has also conducted awareness programmes, health tips, health talks and role plays which covers the coastal area populations.

Collaboration with different NGO'S like Fisherman community development programme and Quilon Social service society to conduct awareness programs, exhibitions, radioprojects and palliative services.

Various **Extension programme** conducted which covers the health of coastal area people are listed below

Date	Event	Type of Activity
28.07.16	World Hepatitis Day	Health Education CHC,Pallithottam
29.07.16	World ORS Day	Health education CHC,Pallithottam
25.8.16- 08.09.16	Eye donation	Health education, Don Bosco Nagar, Pallithottam
28.9.16	World Rabies Day	Health Education, Don Bosco Nagar,Pallithottam
01.10.16	International day for elderly	Health education,Anugraha nagar, Pallithottam
10.11.16	World Immunisation day	Health education, CHC,Pallithottam
1.8.17	World Breast Feeding Week	Puppet show, Health education, Awareness Rally, CHC,Pallithottam





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31.10.17	Healthy ageing and Exercise for elderly	Awareness class Community health centre ,CHC Pallithottam
16.02.18	School health programme	Physical examination,Roleplay, exhibition Infant jesus LP school,Pallithottam
24.03.18	World TB Day	Awareness class , Community health centre, Pallithottam
08.03.18	Women's day	Role play, Puppet show, CHC pallithottam
11.03.18	World kidney day	Health awareness class, CHC Pallithottam
07.04.18	World Health day	Role play, Awareness class, CHC Pallithottam
01.04.18-07.04.18	Prevention of blindness week	Health awareness class, Anugraha Nagar,Pallithottam
12.06.18	World day against Child labor	Mime show,Infant Jesus LPS, Pallithottam
01.08.18	World Breast feeding week	Rally, Role play, CHC Pallithottam
17.9.18	Demonstration	ORS home preparation demonstration Anganwadi, Pallithottam
18.9.18	Demonstration	Hand washing demonstration, Infant Jesus LPS, Pallithottam
19.12.18	Patient safety	Awareness class on patient safety ,Community health centre, Pallithottam
8.12.18	World Pollution Day	Awareness class, Velicham Nagar, Pallithottam
1.12.18	World AIDS Day	Awareness class, Velicham Nagar,Pallithottam
04.02.19	World Cancer Day	Health awareness, Group Health education, CHC ,Pallithottam
01.08.2019	World Breast Feeding Week	Public Awareness ,Rally and Roleplay-CHC,Eravipuram and CHC,Pallithottam
14.11.19	World Diabetes Day	Awareness class at Pallithottam





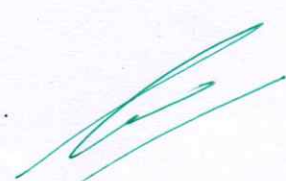
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14.11.19	World Diabetes Day	Non communicable disease and Geriatric clinic ,Health Education at CHC,Eravipuram
16.11.19	National Road Safety week celebration	Awareness class at PHC,Shakthikulangara
03.12.19	World Aids Day	Health Awareness at Eravipuram
03.12.19	International Day of Disability	Radiotalk, Home visit and motivational class at Eravipuram
6.12.19	Non communicable disease camp	Medical camp at vallakadavu flat,Eravipuram
18.01.20	Fit India movement	Cyclathon and Public awareness rally at Bishop benziger community health centre, Pallithottam
19.01.20	Pulse Polio immunization program	Immunization clinic at PHC, Sakthikulangara
23.02.20	Medical camp	Blood donation and Blood Grouping Campaign and NCD clinic, St.John's U.P school,Thirumullavaram
24.02.2020	School Health programme	School health clinic and health exhibition St.John's U.P school, Thirumullavaram



  
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