



BISHOP BENZIGER COLLEGE

OF NURSING

Accredited by NAAC,

Member of United Nations Academic Impact Program

Approved Research Centre of Kerala University of Health Sciences



7.2.1 - SSGP Activity Reports 2017-2020



Bishop Benziger College of Nursing

(Accredited by NAAC with B grade)

P.B. No. 46, Sastri Jn., Kollam - 691001, Kerala, India.

(Recognized by INC, KNMC and Affiliated to Kerala University of Health Sciences)



BBCON/798/20

18.12.2020

To
Dr. Sijin K S
Assistant Professor
Department of psychology
Fathima Mata National College (Autonomous)
Kollam

Respected Sir,

Greetings from Bishop Benziger College of Nursing, Kollam

We are pleased to invite you as a resource person for an online session on personality development for I, II, III and final year students of B.Sc. nursing program through Google Meet platform which is organized by the Student Support and Guidance Cell functioning at our college; under Kerala University of Health Sciences. The session is planned on 21st and 29th of December at 6pm.

Expecting your expert deliberation based on your experience.

Thanking you,
Sincerely

Principal

Dr. ANOOPA. K.R. Ph.D (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1, KERALA





STUDENT SUPPORT AND GUIDANCE PROGRAM

Report on personality development session

Student support and guidance program organized a session on personality development for all batches of students on two days: 21/12/2020 and 29/12/2020 at 6pm. The class was taken by Dr. Sijin K S, Assistant Professor, Department of Psychology, Fathima Matha National College, Kollam.

On 21st December the class was given to outgoing batch and III year BSc students. 62 students attended the session. On 29th December the class was given to II year BSc and IV year BSc students. 80 students attended the session.

Principal Dr. Anoopta K R welcomed the resource person. Mrs. Feby Fulgen, SSGP Nodal Officer proposed the vote of thanks for the session.



4/1/2021
SIGNATURE OF PRINCIPAL

Dr. ANOOPA. K.R. Ph.D (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1, KERALA



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Bishop Benziger College of Nursing, Kollam

STUDENT SUPPORT AND GUIDANCE PROGRAMME

Report on Parent Sensitization Programs


Agenda

- To address the concerns of the parents regarding the online classes
- To invite suggestions from the parents

A sensitization program was conducted for the parents over zoom platform. The meeting was convened in the scenario of COVID-19 by the SSGP Nodal officer. Principal, Dr. Anoopta K R also took part in the meeting. The program was conducted for all batches of UG program in separate days. All the meetings were active discussions. The main concerns raised during the sensitization program was about the revision regarding the previous year, clinical posting and the University exams. Principal clearly informed about the University regulations regarding the clinical attendance and the conduct of university examinations according to Covid Protocol. The Nodal officer assured the parents that a thorough revision for the previous year will be given before the exam. One parent informed that the student is having physical difficulties during online classes. Principal and the nodal officer emphasized about the importance of doing exercise and taking a break. All the sessions were well conducted.

The schedule of the sensitization programs were as follows:

- ✓ 05/12/2020 : II year BSc
- ✓ 08/12/2020 : III year BSc
- ✓ 17/12/2020 ; Outgoing batch
- ✓ 18/12/2020 ; IV year BSc


Signature of the Nodal Officer




Signature of the Principal

Dr. ANOOPA, K.R. Ph.D (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1 KERALA



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STUDENT SUPPORT AND GUIDANCE PROGRAM

Report on student sensitization program

An orientation program was conducted for the I year BSc Nursing students regarding the Student Support and Guidance Cell functioning in the college under Kerala University of Health Sciences. Students were explained about the program, details of the Nodal Officers, their Contact numbers and the services under SSGC. The students were also motivated to approach the SSGC for their concerns. The orientation program was conducted by the Nodal Officer; Mrs. Feby Fulgen. The program was conducted online through zoom platform on 12/01/2021 at 2pm. All the 50 students of I year BSc nursing attended the program.



12/1/21
Signature of the Principal

Dr. ANOOPA. K.R. Ph.D (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1, KERALA



STUDENT SUPPORT AND GUIDANCE PROGRAM

Activity report

A talk on motivation was given for the I year BSc Nursing students on 14/01/2021 through zoom platform. The session was taken by the SSGP Nodal officer: Mrs. Feby Fulgen. All the 50 students attended the session. It was an interactive session.




Signature of the Principal

Dr. ANOOPA. K.R. Ph.D (N)
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Annual Report of SSGP – 2018 / 2019

Sl. No.	Date	Activity	Type of activity	No: of beneficiaries
1.	05.10.2018	Communication Skills	Talk by expert	50
2.	06.10.2018	Professionalism and Time Management	Lecture cum discussion	50
3.	08.10.2018	Interpersonal Relationship and Spiritual Ideologies	Expert Lecture	50
4.	10.10.2018	Adolescents stress and Positive living	Interactive session	50
5.	11.10.2018	Grooming for Professionals	Lecture	50
6.	13.10.2018	Personality Development	Seminar	50
7.	27.11.2018	Biannual Meeting on SSGP	Meeting	
8.	07.02.2019	Orientation to SSGP and Study Skill Inventory	Orientation speech	50
9.	15.02.2019	Values, Sexuality and Gender	Lecture	50
10.	22.02.2019	Self esteem	Expert talk	50
11.	23.02.2019	Marriage	Lecture cum discussion	50
12.	26.02.2019	Study Skill Inventory (2018-2022 Batch)	Online participation	48
13.	12.04.2019 & 13.04.2019	Students Retreat	Moral guidance	194
14.	15/05/2019	Grooming for professionals(CV preparation& attending interview)	Lecture	48
15.	29/05/2019	Recruitment by Apollo Gleneagles, Calcutta	Campus interview	48
16.	22.06.2019	Sensitization Program on SSGP for new faculty	Orientation speech	25
17.	15/07/2019 - 18/07/2019	Student support for Passport Application, from Passport Seva Kendra, Kollam	Online (Computer lab, BBCON)	127
18.	19/07/2019	Recruitment by Madras Medical Mission	Campus Interview	48

SIGNATURE OF NODAL OFFICER

SIGNATURE OF PRINCIPAL

Dr. ANOOPA. K.R. Ph.D (N)

7.1.5


BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM

REPORT ON COUNSELLING SERVICES OFFERED BY REV. FR. JOSEPH PUTHENVEEDU TO THE COLLEGE

Rev. Fr. Jose Puthenveedu is offering counselling related services to students of college of nursing since 1st April 2017. He was allotted office space in the heritage building and counselling sessions were conducted mainly in the forenoons. The following services were offered so far :

1. Initial psychological assessment with a view to identify the counselling needs of 50 first year BSc students completed. No major psychological issues were reported. However he conveyed the information that subjects like Anatomy and Psychology seems to be difficult in general and hostelites have difficulty in concentrating on studies, due to presence of mosquitoes.
2. Two students of II year BSc Nursing, Ms. Riya Wilson and Ms. Jenisha Jose, who were irregular in attendance and had academic issues, were referred by the class co-ordinator. They were given a series of counselling sessions, individually as well as along with their family. The students are now regular with their academic commitments.
3. Two hours lecture on spirituality and nursing profession was arranged for I year B.Sc. students during their orientation program. He is also a resource person for value added class for I year B.Sc. students. 10 hours of class is allotted and he is expected to complete it before the month of June 2018.




Principal

Prof. ANOOPA, K.R., M.Sc. (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM-1, KERALA