



# BISHOP ENZIGER COLLEGE

# OF NURSING

*Accredited by NAAC,*

*Member of United Nations Academic Impact Program*

*Approved Research Centre of Kerala University of Health Sciences*



## 7.1.1 - College Annual Report

**BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM**  
**COLLEGE REPORT 2015-16**

**Introduction**

Bishop Benziger College of Nursing has 200 students, 25 faculty members and 16 Non-teaching staff in the roll. First year B.Sc. Nursing & M.Sc. Nursing classes commenced on 20.08.2015 & 28.09.2015 respectively.

**Details Of Students**

Year of Admission	Sanctioned Strength	Total Admission
<b><u>B.Sc. Nursing</u></b>		
First year (2015-19)	50	50
Second year (2014-18)	50	49
Third Year (2013-17)	50	47
Fourth Year (2012-16)	50	45
Total No: of BSc Students	200	191
<b><u>M.Sc. Nursing</u></b>		
First Year (2015-17)	19	04
Second Year (2014-16)	19	05
Total No: of MSc students	38	09
<b>GRAND TOTAL</b>	<b>238</b>	<b>200</b>


**TEACHING FACULTY**

**Total - 25**

**NON TEACHING STAFF**

**Total - 16**



  
Dr. ANOOPA. K.R. Ph.D (N)  
PRINCIPAL  
BISHOP BENZIGER COLLEGE OF NURSING  
KOLLAM - 1, KERALA

## Curricular/Co-Curricular Activities

### ❖ *Women's Empowerment Day- 08/03/2015*

Women's Empowerment Day was observed. I M.Sc. (N) students organized a panel discussion. A role play on women empowerment was showcased by IV year B.Sc. (N) students.

### ❖ *World Kidney Day – 12/03/2015*

World Kidney day was observed, students participated in a rally organized by Bishop Benziger Hospital.

### ❖ *World Health Day- 07/04/2015*

As a part of World Health Day celebration, the students conducted a symposium on the topic "From Farm to Plate, Make Food Safe". A health talk based on theme was telecasted through community radio Benziger.

### ❖ *Nurses Week and Day Celebration- 06/05/15-12/05 15*

A gathering was conducted at the auditorium to convey the message "Nurses a force for change, Care effective, Cost effective". It was inaugurated by Mrs. Vilasinamma, Nursing Co-ordinator, NS Hospital. Students and staffs participated in various events and competition held at different venues in Kollam as a part of nurses week celebration. Quiz competition was conducted for students, nurses, staff nurses and JPHN's at college auditorium.

### ❖ *World No Tobacco Day- 30/05/2015*

The day was observed by taking oath against tobacco usage and pledging to spread about its awareness. Class room quiz competition, poster presentation and radio talk were also carried out by students of different batches. Role play and poster presentation were done at community area (Pallithottam) and Krist Raj School, Kollam.

❖ *World Environmental Day- 05/06/2015*

As a part of observing this day saplings were planted in the college premises. Students also took initiation to clean the class room and campus. A kitchen garden was also setup in the premises to grow vegetables.

- ❖ National Symposium on Transformative Curriculum in Nursing: Shaping Future Nurses was successfully conducted on 8<sup>th</sup> August 2015. 350 participants attended.
- ❖ Blessing of Seminar Hall: New air conditioned seminar hall with interactive teaching facilities was officially blessed by Most. Rev. Dr. Stanley Roman, Bishop of Quilon.
- ❖ College Day was celebrated on September 19<sup>th</sup> 2015. College Magazine Callista was released.
- ❖ Basic Life Support course will be offered to final year B.Sc. Nursing students on December 14<sup>th</sup> 2015 with 50% financial support.

**Faculty Related Activities**

- ❖ New faculty members were given an orientation/ induction program from November 9<sup>th</sup> to 12<sup>th</sup> 2015 wherein there were given orientation to employee rules and regulations, physical sector, academic policies and policies related to clinical training.
- ❖ One day faculty retreat was arranged on 10<sup>th</sup> October 2015 and Dr. Biju Terrance was invited as guest speaker.
- ❖ Faculty was given orientation by head of the departments on newly introduce system of maintaining Teacher's diary.
- ❖ Staff welfare committee donated an amount of Rs.2500/- to Santhidhan old age home as a part of social commitment.
- ❖ Faculty picnic was organized on 07.11.2015.

## NAAC

- ❖ Self-Study Report was submitted online on 15<sup>th</sup> October 2015 and hard copy of the same was sent to NAAC on November 10<sup>th</sup> 2015.
- ❖ Two teams of our faculty members visited NAAC Accredited institutions like Fr. Muller's College of Nursing, Mangalore and Amrita College of Nursing, Ernakulam for NAAC process orientation.
- ❖ NAAC Mock Inspection held on February 12<sup>th</sup> & 13<sup>th</sup> 2016 and the second inspection on 26<sup>th</sup> February 2016.

## Career Guidance Cell

- ❖ Organized a class for the outgoing students on "Preparation of C.V and appearing for interview" as a part of grooming the graduate for job placements.
- ❖ Campus selection test and interviews were arranged for the outgoing students by SRM University Hospital, Chennai and Mendanta Medicity, Delhi. 44 students appeared for the test and interview, 32 students got placements in SRM and 21 got placement in Mendanta Medicity.
- ❖ 100% placement for the outgoing students.

## Student Nurses Association Activities

- ❖ *Annual Sports Meet – 13/03/2015*  
Annual sports meet was conducted at the College and Fatima Mata College ground.
- ❖ *SNA Zonal Level Sports Meet – 22/04/2015*  
Students participated in various events which were conducted at Trivandrum Engineering College.  
Caroms (Doubles): I Place – Ms. Nitya Joy  
Ms. Vrinda Babu

- ❖ **World Asthma Day-**  
During this day a student representative delivered a radio talk
- ❖ **SNA General Body Meeting-06/05/2015**  
During the general body meeting the budget for 2014-15 was presented and passed. Other agenda included release of College magazine, SNA fund raising programs and announcing the new SNA advisor.
- ❖ **SNA state level sports meet- 11/05/2015**  
It was conducted at Maharajas college Synthetic track, Ernakulam.
- ❖ **SNA Zonal Level Cultural Fest- 05/06/15 to 06/06/15**  
Students have participated and won several prizes for the SNA zonal meet conducted at SN College of Nursing, Varkala  
Essay Writing: Ms. Anupamaram (1<sup>st</sup> place)  
Mono act: Ms. Juby Stephen (3<sup>rd</sup> place)
- ❖ **Breast Feeding Week** was observed from 1<sup>st</sup> August to 7<sup>th</sup> August 2015. Maternal and Child Health department jointly organized public awareness program in community area.
- ❖ Onam celebration of the institution was held on 21.08.2015.
- ❖ Teachers Day celebration was held on September 8<sup>th</sup> 2015.
- ❖ 8<sup>th</sup> batch of students were given farewell on September 11<sup>th</sup> 2015 by the students community.
- ❖ World Heart Day was observed by the Dept. of Medical Surgical Nursing and organized awareness program at Bishop Benziger Hospital.
- ❖ Blood Donation day was observed on 1<sup>st</sup> October 2015.
- ❖ Mental Health Department observed World Alzheimers Day by giving a radio talk in Community Radio Benziger.

- ❖ College Union election was held on 28.10.2015 as per directives of the KUHS.
- ❖ World Diabetes Day was observed on 14.11.2015.

### Continuing Nursing Education Programs

22 CNE programmes (State and national level) were attended by our faculty members outside the college. They were supported with conference leave and a sum of Rs. 6,550/- was sanctioned for the same.

5 CNE programmes were conducted at College level and 5 CNE was organized for the staff nurses of Bishop Benziger hospital by the faculty members.

- ❖ A CNE was conducted in Bishop Benziger Hospital on 4<sup>th</sup> February 2015 on the theme of World Cancer day "Not Beyond us". The class was taken by Mrs. Nisha.B.S, Lecturer, Medical Surgical Dept. from 1.00pm to 2.00pm.
- ❖ A CNE was conducted by Mrs. Joyce Yesudas, Lecturer, OBG (N) on 23<sup>rd</sup> Feb.2015 at BBCON on the topic "Mentorship".
- ❖ On 23<sup>rd</sup> March 2015 Mrs. Feby Fulgen, Tutor, CHN Dept. conducted a CNE on the theme "Life Style Diseases" at BBCON.
- ❖ Mr. Antony Thomas, Asst. Prof. Med. Surg. Dept. conducted a CNE on the topic "Coronary Artery Diseases" on 29/06/2015-at BBCON.
- ❖ A CNE was conducted in Bishop Benziger Hospital on 13<sup>th</sup> July 2015 on the theme of "Care of Patients in Ventilators". The class was taken by Mrs. Lovelin Morris Fernandez. Tutor, Med. Surg. Dept.
- ❖ Five research projects are currently under taken by the different dept. of the college, data collection in process.

## Community Health center Activities

- ◆ As a part of “No Tobacco Day” an awareness program was conducted in Krist Raj School on 03/06/2015 at 2.00pm to 4.00pm. This program was conducted by Mrs. Sheeja.S (HOD, Community Health Dept. BBCON)
- ◆ On 05/06/2015 World Environmental Day was celebrated.
- ◆ On 16/06/2015 an awareness program was conducted by Mrs. Sheeja.S, HOD, Community Health Dept. BBCON) in Pallithottam community area on the topic of “Importance of Blood Donation”.
- ◆ Awareness regarding Blood Donation was conducted in DB Tech Institute of carrier Development on 19/06/2015 by Mr. Deepak. (Clinical Instructor, Community Health Dept.)
- ◆ Awareness class about Geriatric problems was conducted on 20/06/2015 in Mundakkal Community Area.
- ◆ On 23/06/2015 Mr. Deepak (Clinical Instructor, Community Health Dept.) collected AV Aids from DMO office and distributed to the area.
- ◆ Mr. Deepak (Clinical Instructor, Community Health Dept.) was participated in Diarrheal week observation conducted by Mass Media Office , Kollam on 25/06/2015 at 11.00 to 12.00pm.
- ◆ On 26/06/2015 distributed notice regarding Fever, Alcoholism in Mundakkal Community area.
- ◆ On 27/06/2015 adolescent girl education conducted on the topic menstrual hygiene.
- ◆ On 28/06/2015 collected the donors from various areas for Blood Donation and Conducted Blood Donation in Bishop Benziger Hospital, Kollam.
- ◆ Anganwadies visit conducted on 29/06/2015.



- ❖ Doctor's Day celebration was organized by Mrs. Sheeja.S in Mundakkal and Pallithottam Community Centre on 01/07/2015.
- ❖ On 07/07/2015 conducted awareness program regarding Hepatitis A and water contaminates and regarding the problem an announcement was done through Benziger Radio.
- ❖ Mrs. Sheeja.S & Mr. Deepak has to conduct BP Clinic, AN/PN Clinic, Adolescent Clinic in Mundakkal and Pallithottam Centre from 10/07/2015 on a regular basis.
- ❖ Population day awareness class was conducted for women's in Mundakkal Anganwadi on 15/07/2015.
- ❖ 30.07.2015 ORS day awareness program at Mundakkal health centre.
- ❖ 03.08.2015 establishment of BP clinic.
- ❖ 04.08.2015 video teaching program on diabetes at Mundakkal health centre.
- ❖ 31.08.2015 establishment of geriatric clinic at centres.
- ❖ 01.09.2015 adolescence clinics conducted at Mundakkal health centre.
- ❖ 18.09.2015& 20.09.2015 health education program on personal hygiene and malaria at Pallithottam.
- ❖ 29.09.2015 health education on role of tobacco and alcohol consumption in heart disease.
- ❖ 01.10.2015- students participated in blood donation rally and seminar in collaboration with DMO office.
- ❖ 07.10.2015 Cancer awareness program at Pallithottam health centre.

## Alumni Association

- ❖ Current Membership : 169
- ❖ 1<sup>st</sup> Alumni newsletter was released on 19<sup>th</sup> September 2015.

## National Service Scheme

- ❖ Vanamaholsava Week observed from July 1<sup>st</sup> to 7<sup>th</sup> 2015.
- ❖ NSS day was observed on 26.09.2015. Volunteers were given an orientation class regarding various NSS activities by Prof. Ignatious (Program Office NSS unit, Fatima Mata National College). The class was supplemented with a video show on various NSS activities in emergency lifesaving situations. (Fire, Earthquake & tsunami etc.)
- ❖ One day camp on 03.10.2015 at Santhidhan Old age Home. 25 volunteers and faculty members participated, health assessment was done for the inmates also cleaning of garden and planting saplings done by NSS volunteers.
- ❖ Volunteers developed vegetable garden with support of Department of Agriculture, Govt. of Kerala.

## Community Radio Benziger Collaborative Activities

- ❖ Radio talk on prevention and management of hepatitis was telecasted on 28.07.2015.
- ❖ Radio talk on Alzheimer's disease on World Mental Health day by Community and Mental Health department.
- ❖ Establishment of Radio Club with 20 members and a faculty guide, named "Nightingale Voice" with an objective of spreading health messages to people at large in community.

### Prolife Unit

- ❖ College is planning to establish a prolife unit by the end of November 2015 with the aim of imbuing value for human life among catholic students.

### Collaboration with Quilon Service Society

- ❖ Director, QSS granted permission for students of B.Sc. programme and Faculty members to plan and implement activities, especially in palliative care and also to inmates of destitute homes.