



BISHOP BENZIGER COLLEGE

OF NURSING

Accredited by NAAC,

Member of United Nations Academic Impact Program

Approved Research Centre of Kerala University of Health Sciences



**5.1.2 - Radio Club Register
2016 -2020**

Radio is an innovative tool to spread health awareness among masses. Keeping this noble idea in mind, our principal Prof. Anupa K.R. madam, has advised to form a radio club in our college.

6-11-2015

After a very constructive discussion with Community Radio Benziger programme Co-ordinator, Mr. Jithu B. Alex, Programme list [Solo songs, Health related Skets, Health tips, Health talks etc] and student representatives from college were finalized. Mr. Jithu B. Alex also point out the need for a striking name for our 'Radio club'. After a brief discussion among Principal Prof. Anupa K.R., Vice principal Mr. Anand S., all HOD's, and other faculty members, the name 'Voice of Nightingale' came up and later finalized.

10/11/15

9-12-2015

2102-61-85

First Recording of 'Voice of Nightingale' programme was taken; technical support by Mr. Bexon Das. The programme was prepared and presented by IVth BSc(N) on 9-12-15 at 2:00 pm. It includes

- Solo Song - Aparnamol
- Solo Song - Lincy Joseph
- Skit - Topics related to
 - (1) World Aids Day
 - (2) Malaria Anemia
 - (3) Substance Abuse.

Participants for the recording are

- Lincy Joseph
- Aparnamol
- Angel Mary
- Anitta Joy
- Aswani
- Jithemol
- Stephy Raj

Recording was ended at 5:00 pm

23-12-2015

Official inauguration of
Radio club 'Voice of Nightingale' was
done by Rev Msgr Rev. Ferdinand Peter
on 23/12/2015 by lighting the lamp.
Msgr Rev Ferdinand Peter was kind enough also to
share with us his views and vision
regarding the community. Radio Benziger.
The same stage also became the venue
of public release of first ever programme
performed by 'Voice of Nightingale'.

15/1/16 :-

On 15/1/16, Meeting was held with all the student representatives of radio club of each batch, at 11.00am at Seminar Hall, Bishop Benziger College of Nursing, and discussed about the topics to be recorded in Radio club and took decision about a monthly meeting of Radio club on every first Saturday of each month.

15/2/16 :-

Recording of voice of Nightingale programme was done, technical support by Mr. Beros Alias. The programme was prepared and presented by 1st & 2nd yr B.Sc students on 15/2/16 at 2.00pm. It includes :-

- > Play needs of children and its importance in their Growth and Development
- > Immunization.

22/3/16 ;

Recording of voice of Nightingale programme was done, technical support by Mr. Beros Alias. The programme was prepared and presented by 1st & 2nd yr B.Sc students on 22/3/16 at 2.30pm. It includes :-

- > Personal hygiene
- > Nutrition

11/4/16 :-

Monthly meeting was held on 11/4/16 with all the student representatives and Miss Elizabeth Scis madam, at Seminar Hall at 2pm, for the evaluation of recordings of our radioclub 'voice of nightingales' and to plan for selection of better socially useful health topics for broadcasting.

12/5/16 :-

The Radioclub 'voice of Nightingales', is a combined effort of both students and teachers of this college. Our Community health nursing department faculties have prepared and presented topics on :-

- > Tobacco Abuse
- > Health hazards of tobacco
- > Ways to overcome its addiction.

This recording is planned to be broadcasted on World No-Tobacco Day

RADIO TALKS CONDUCTED IN 2016.

S/NO	DEPARTMENT	TOPIC	BROADCASTED BY	DATE
1.	Community Health Nursing	World AIDS Day	12 Year Students	01/12/2016
2.	Community Health Nursing	Eye Donations Fortnight	Ms. Sonia K G, 14 year Student	07/09/2016
3.	Community Health Nursing	Breast Feeding Week	12 year Students	01/08/2016

07/04/2017

WORLD HEALTH DAY - 2017

THEME: DEPRESSION, LET'S TALK.

As a part of World Health Day celebration, III yr B.Sc Nursing student has Ms. Bincy P. Biju has given a radio talk at Radio Benziger, Bishop Benziger Hospital. The topic was "Depression - Let's Talk". The radio talk enlightened the concept of depression disorder - causes, clinical features, Management and counselling session as a part of open communication, also nurses role in treatment of depressive clients. This programme was organized in collaboration with Mental Health Nursing and child Health Nursing Department.



12/05/2017

“
INTERNATIONAL NURSES DAY”

“
THEME :- Nurses : A voice to lead.
Achieving Sustainable Development
Goals.”

A radio programme was organized and conducted, on 12/5/17 as a part of International Nurses Day celebration. The radio talk was given by Mrs. Betty. K Jaynis Tutor, Department of child Health Nursing. The topic were related to relevance of ^{celebrating} International Nurses Day. It was open Interview and clarifications were given for the questions.



RADIO TALKS CONDUCTED IN 2017.

S/NO	Name of Department	Topic	Broadcasted By	Date
1.	Community Health Nursing	Breast Feeding	Ms. Athira - I.M.N.Sc	05/08/2017
2.	Community Health Nursing	Care of Elderly	Mrs. Jayathalakshmi, Nursing Tutor	01/10/2017.
2.	Community Health Nursing	Management of Diabetes Mellitus	Mrs. Jayathalakshmi, Nursing Tutor	14/11/2017.

RADIO CLUB ACTIVITIES IN 2018.

REPORT ON COMMUNITY RADIO PROJECT "SWASHRAYA"

An innovative project was committed in the year of 2017 by Community Health Nursing Department in collaboration with Community Radio Benziger 107.8 which is a radio based open learning for women. The project is named as "Swashraya". The project consisted of five units dealing with the basic concepts of health, Basic patient care, first aid and Emergency Care, Nutrition and Environmental Health.

The program was officially inaugurated by Hon. Minister of Fisheries. Smt. Mercykuttyamma in the month of Dec 2018.

Swashraya is on air from 05/11/2018. The program is broadcasted on every Tuesday, Thursday and Saturday at 11:15 am.

RADIO TALKS CONDUCTED IN 2018.

S/No	Department.	Topic.	Broadcasted By	Date.
1.	Community Health Nursing	World Glaucoma Day	Ms. Angel Mary, Clinical Instructor	11/03/2018.
2.	Community Health Nursing	World Malaria Day	Mrs. Fely Fulgen, Asst. Professor.	25/04/2018.
3.	Community Health Nursing and OBG	Breast Feeding week	Mrs. Joyce Kandas Assistant Professor and Mrs. Fely Fulgen, Asst. Professor.	08/05/18
04	Child Health Nursing	Breast feeding week	Mrs. Jini P. Jerome	06/08/18
5	Community Health Nursing	Handwashing Demonstration at Infant Jesus LPS, Pallithalam (Poshan Abhiyan)	Ms. Athira S. Vijayan II. MSc Student.	19/09/18.
6.	OBG	Antenatal Care	Mrs. Neha John, Neflutor	02/09/18.
7.	Community Health Nursing Department	ORS home preparations Demonstration (Poshan Abhiyan.)	Ms. Athira S. Vijayan II. MSc Student.	18/09/18.
8.	Child Health Nursing	Cleaning and Breastfeeding	Mrs. Betty Asst. Prof	06/09/18, 08/09/18
9.	Community Health Nursing	Interview with Dr. Roy Manuel, Paediatrician, Govt. Palak Hospital, Kottakkal regarding diarrhoeal diseases	Mrs. Sheja S HOD, Community Health Nursing.	14/09/18

S.No	Department	Topic	Broadcasted By	Date
10	Community Health Nursing Department	International Day for Elderly.	D.H.S. Student	01/10/2018
11	Mental Health Nsg	Mental Health Day.	Mrs. Athira S. Mrs. Hanisha P MSc Student	10/10/2018
12	Community Health Nursing	World AIDS Day	Mrs. Emy Edison, Ivyet BSc Student	01/12/2018

RADIO TALKS CONDUCTED UNDER THE PROGRAM - POSHAN ABHIYAN, AN INITIATIVE OF UNICEF FOR MATERNAL AND CHILD CARE (2018.)

1.	OBG.	Introduction to Poshan Abhiyan Activities.	Prof. Annil Angelina, HOD.	30/08/18.
2.	OBG.	Antenatal checkup	Mrs. Nisha John with Dr. Asha Haridas	02/09/18.
3.	OBG.	Interview with Antenatal Mother regarding Antenatal care	Mrs. Joyce Yesudas, Asst. Professor.	02/09/18.
4.	Child Health Nursing	Exclusive Breast Feeding.	Mrs. Beley K. Jayems with Dr. Sony Venugopal.	05/09/18
5.	OBG and Medical Surgical Nursing.	Anaemia Prevention.	Mrs. Joyce Yesudas and Mrs. Sony John.	07/09/18

SNO	Department	Topic	Broadcasted By	Date.
6.	Child Health Nursing	Complementary food and feeding.	Mrs. Betcy. K. Jayins, Asst. Professor.	08/09/18.
7.	Community Health Nursing	Diarrhoeal & Management	Mrs. Shegja. S interviewed Dr. Roy Manuel	14/09/18
8.	OBGy.	Antenatal care	Mrs. Joyce Yesudas interviewed Antenatal mother	16/09/18
9.	Community Health Nursing	Rehydration Therapy and Zinc Supplementation	Ms. Athwia. S. Vijayan, II. MSc & Student and Community department faculty	18/09/18.
10.	Community Health Nursing	Hand Hygiene and Sanitation	Ms. Athwia. S. Vijayan, II. MSc & Student	19/09/18
11.	Mental Health Nursing	Girl's Education and Girl's Marriage at Right Age.	Dr. Anoop. K. R.	28/09/18.
12.	Child Health Nursing	Discussions with public regarding growth monitoring.	Mrs. Asha, Nursing Tutor	29/09/18.

RADIO TALKS CONDUCTED IN 2019

S/No	Department	Topic	Broadcasted by	Date
1.	Child Health Nursing	World Immunization Day	Mrs. Manika Shilpin, Assistant Professor.	10/11/2019.
2.	Community Health Nursing	World Diabetes Day	Ms. Mintu I. Year MSc Nursing Student Mrs. Saranya and Mrs. Haritha 2. Year MSc Nursing students and Ms. Anny. B. Raju IV Year BSc Student	14/11/2019
3.	Community Health Nursing	World Disability Day	Ms. Sonia Beeni IV Year BSc Student participated in Kathodu Kathoram program Radio Talk related to Disability Day by Simsha, Rishma, IV year BSc	03/12/19
4.	Child Health Nursing	Immunization as part of UNICEF project	BSc and MSc Nursing Students	13/12/19.
5.	Child Health Nursing	Breast Feeding	MSc Nursing Students and Mrs. Noida	26/12/19

RADIO TALKS CONDUCTED IN 2020.

S/No	Department	Topic	Broadcasted by	Date
1.	Community Health Nursing Department.	Family Planning.	Ms. Hinto Sebastian & Mrs. Safarina Mary, I. Year MSc. Nursing Students.	05/02/20. 10am-11am.
2.	Child Health Nursing Department.	Breast Feeding	Mrs. Neethu, I. Year MSc, Sr. Medonna, I. Year MSc, III Year BSc Nursing Students	05/02/20. 11am-12N.
3.	Mental Health, Child Health Nursing Department.	Child Mental Health.	Ms. Alphonsa Jiji, Ms. Aksha Balram.	11/02/20. 10.30am-11.30am.
4.	Mental Health Nursing Department, College Union.	Corona Awareness.	Ms. Mintu, I. Year MSc, Ms. Alphonsa Jiji, Ms. Alcega, III Year BSc. Students.	15/03/20.
5.	Paediatric Department of Breast and OB Department	Importance of Breast Feeding.	Sr. Mariyamma, Sr. Medonna, I. Year and II. Year MSc.	05/08/2020 10am-11am.
6.	All departments of BBON (Representatives)	Panel Discussion on Accessibility of Healthcare to Vulnerable population as part of National Curriculum Framework Suggestion	Dr. Anoop. K R, Dr. Anjal Angelina, Asso. Prof. Binetha. UP, Asst. Prof. Feby Fulgen and Asst. Prof. Betsy K. Jayins	22/09/20.

S/No	Department	Topic	Broadcasted by	Date
7.	Mental Health Nursing Department	Mental Health Day.	Ms. Remya S. Nair, Mery Daphne, Ms. Lyra, Ms. Anu Shaji	10/10/2020
8.	Department of OBG	Awareness on Breast Cancer.	Mrs. Joyce, Mrs. Nesha, Faculty - OBG Department	30/10/20.
9.	Child Health Nursing Department	Significance of Immunization as part of world Immunization Day.	III Year. BSc Nursing Students.	10/11/20.
10.	Child Health Nursing Department	World Immunization Day - Question and Answer Session.	Mrs. Manila Mathews, Asst. Professor and Sr. Medonna, I. Year MSc. Nursing Students	10/11/2020.
11.	Child Health Nursing Department.	Essential Newborn Care	Mrs. Betsy. K. Jayins, Sr. Medonna, Mrs. Neethu (Faculty and Students of II Year MSc Nursing)	25/11/2020

S. Anil

ACHIEVEMENT OF VOICE OF NIGHTINGALE :

"CREATIVAS CONSISTANTIA AWARD - 2020"

Our Radio Club "Voice of Nightingale" received a remarkable recognition from the "International People Leap Organisation" [IPLHO]; the award named "Creativas Consistantia Award 2020".

The award was announced in recognition to the services rendered to the community through Community Radio Benziger 107.8 and the awareness classes and practical orientation classes through the Community Radio Project of our college named "Swashraya".

On behalf of the college, Pro. Anand received the award from Most. Rev. Dr. Paul Antony Mullaery, Bishop of Quilon, during the function held at Bishop's House, Kollam.

Msgr. Fr. Ferdinand Peter presided the function. Mr. George F. Xavier, General Secretary IPLHO International, Captain. Christopher Licousta, International Co-ordinator, IPLHO, Mr. Ajayakumar, Secretary, Redcross - Eminent personalities like them felicitated the occasion.

Creativas Consistentia Award-2020 was a remarkable achievement in the history of Bishop Benziger College of Nursing. This was an added credit to Department of Community Health Nursing who co-ordinated the Community Radio project "Swashraya". This award is also a motivation for all the BBON family as well to engage in more community radio activities!



S. Prof.