



# BISHOP BENZIGER COLLEGE

# OF NURSING

*Accredited by NAAC,*

*Member of United Nations Academic Impact Program*

*Approved Research Centre of Kerala University of Health Sciences*



## 5.1.2 - Community Project



# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



## LIST OF PROJECTS IN THE YEAR 2019-2020

### BSC NURSING

SL NO	GROUP	NAME OF THE STUDENTS	PROJECT TITLE	GUIDE
1.	I	1. Aksa p Daniel 2. Alphonsa Thomas 3. Amina Mol 4. AncyB Raju 5. AneeshaMol	A descriptive study to assess the knowledge of mothers regarding infectious diseases and its management among under five at selected areas in Kerala.	Mrs.Jyothilekshmi
2.	II	1. Anet Joy 2. AnjithaMary 3. Anju Mathew 4. AnjuSunny 5. Arya Krishnan	A descriptive study to assess the knowledge regarding increasing physical activity and maintenance of healthy life style among adult in selected areas at Kollam	Mrs.Jyothilekshmi
3.	III	1. Arya Yesudas 2. AswathyBabu 3. Athira Anil 4. Athira S 5. Brincy Thomas	A descriptive study to assess the knowledge regarding fungal infection among adolescent girls in selected areas Kollam	Mrs.FebyFulgen
4.	IV	1. DelfeenaBabu 2. Feona George 3. GreeshmaRaju 4. Honey Varghese 5. Jeemol k Jonachan	A descriptive study to assess the knowledge of family members regarding harmful effects of pesticides in vegetables and its health importance among related families at Kollam	Mrs.Sheeja S
5	V	1. Jeena john 2. Jency Xavier 3. Janeesha j b 4. Jereena Jerome	A descriptive study to assess the knowledge regarding balanced diet among mothers of pre-schooler in selected areas of kollam	Mrs.Sheeja S
6.	VI	1. Jismijigu 2. Jitty jose 3. Leema Thomas 4. Shinu sherry 5. Vincy Varghese	A study to assess the knowledge regarding Alzheimer's disease among people above 45 years of age in selected community areas Kollam.	Mrs.Sheeja S





# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)

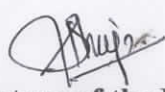
UNITED NATIONS  
academic  
impact

Sharing  
a Culture  
of Intellectual  
Social  
Responsibility

7.	VII	1. Priya Samson 2. Reshma Sara Shaji 3. Nithyasara James 4. Princy s 5. Shilpa Samson	A descriptive study to assess the knowledge of mothers regarding mobile phone use and mobile phone addiction among middle school children at Kollam	Mrs.Jyothilekshmi
8.	VIII	1. VijishaVijayan 2. Jincy Jose 3. Sandra Benny 4. Sara Philip 5. Sreelekshmi S	A study to assess the knowledge regarding the emotional problem among elderly in selected areas Kollam	Mrs.Jyothilekshmi
9.	IX	1. Reshmak.s 2. Sonia Benny 3. Sreelekshmi 4. VarshaJulious	A study to assess the knowledge regarding adverse effects of tobacco use among adolescent boys in selected areas of Kerala	Mrs.Sheeja S
10	X	1. Mary Sandra k.a 2. Merintess Chacko 3. Varsha Varghese 4. Joby J. B 5. Jinsha Jose	A study to assess the knowledge regarding late marriage and early marriage in adolescent girls	Mrs.FebyFulgen

## MSC NURSING

1	Mrs.Haritha O.J	The study to assess the knowledge regarding polycystic ovarian diseases among mothers of adolescent girls in Pallithottam	Mrs.FebyFulgen
2.	Ms. Mintu Sebastian	A study to assess the effectiveness of structured teaching program on knowledge regarding atherosclerosis among housewives in selected areas Kollam	Mrs.Sheeja S
3.	Mrs.Safarina Mary C	A study to assess the effectiveness of planned teaching program on knowledge regarding hypothyroidism among housewives in selected areas ofPallithottam.	Mrs.Sheeja S

  
Signature of the HOD



  
Signature of the Principal

Dr. ANOOPA. K.R. Ph.D (N)  
PRINCIPAL  
BISHOP BENZIGER COLLEGE OF NURSING  
KOLLAM - 1, KERALA



# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



## LIST OF PROJECTS IN THE YEAR 2018-2019

### BSC NURSING

SL NO	GROUP	NAME OF THE STUDENTS	PROJECT TITLE	GUIDE
1.	I	1. Ms. Allana Thomas 2. Ms. Alan Mary John 3. Ms. Alphonsa Pascal 4. Ms. Amala A 5. MS. Amitha. Robin	A study to assess the knowledge regarding home remedies of viral fever among mothers at selected community area Kollam	Mrs. Sheeja.s
2.	I(b)	1. Ms. Jincy Jhonson 2. Ms. Jisha Ashi Rocha 3. Ms. Jubin Raju 4. Ms. Jothi George 5. Ms. Linda P Mariam	A descriptive study to assess the knowledge of adolescent girls regarding junk food in selected areas of Pallithottam Kollam	Mrs. Feby Fulgen
3.	II	1. Ms. Anila Cletus 2. Ms. Anitta Mariam 3. Ms. Anisha S Babu 4. Ms. Arya S	A study to assess the knowledge regarding management of pediculosis among mothers having 5-15 years of children in selected community area, Pallithottam Kollam	Mrs. Sheeja.s
4.	II(b)	1. Ms. Linu Alex 2. Ms. Loisa Martin 3. Ms. Maria Jose 4. Ms. Merin Roy 5. Ms. Navya Nelson	A descriptive study to assess the knowledge regarding tuberculosis among housewives in selected community areas of Pallithottam Kollam	Mrs. Sheeja.s
5	III (a)	1. Ms. Arya S 2. Ms. Ashlin Sunny 3. Ms. Ayisha Mohammed 4. Badariyathul Sabira 5. Ms. Biffy Ann Philip	A study to assess the knowledge regarding health problems related to climate change among people in selected community areas at Kollam.	Mrs. Jyothilekshmi J





# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



6.	III (b)	1.Ms. Nikhitha Joy 2.Ms. Parvathy V S 3.Ms. Praisey Amala Prasad 4.Ms. Punnya S Murali 5.Ms.Sandra Cheriyan	A descriptive study to assess the knowledge regarding effects of skipping breakfast among mothers of school children in selected community areas in Kollam	Mrs. Jyothilekshmi J
7.	IV	1.Ms. Sherin Francis 2.Ms. Simi Mariyam Sibi 3.Ms.Sneha Bavan 4.Ms.Sneha Saju 5.Snovy Sebastian	A study to assess the knowledge regarding droplet infection among residents in selected community areas at Kollam	Mrs. Jyotholakshmi J
8.	Iv (B)	1.Ms.Diana Cyril 2.Ms. Diana Jerome 3.Ms. Deepa John 4.Ms.Dency J 5.Eleena Sebastian	A studyb to assess the knowledge regarding the first aid managment of minor injuries among mothers of under five children at selected areas of pallithottam, kollam	Mrs. Jyotholakshmi J
9.	V	1. Ms Sonu Varghese 2. Ms Soumya Manuel 3. Ms Tessy A 4. Ms Vineetha C R	Astudy to assess the knowledge on mothers of under five children regarding importance of vitamin a among selected areas of pallithottam kollam	Mrs. Sheeja S
10	V(b)	1. Ms Emy Edison 2. Ms .Feba Alex 3. Ms. Feviya Das 4. Ms. Irish Mary 5. Ms. Jasmin Jose	A descriptive study to assess the knowledge and attitude of household members of the family regarding impotence of kitchen gardening in selected areas of 4allithottam kollam	Mrs. Sheeja S
11	VI	1. MS.ARYA ROY	A study to assess the +knowledge regarding dementia in geriatrics among above the age group of selected community area, sakhikulangara Kollam	Mrs. Sheeja S





# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)

UNITED NATIONS  
academic  
impact

Sharing  
a Culture  
of Intellectual  
Social  
Responsibility

## MSC NURSING

1	Mrs. Athira.s. vijayan .	A descriptive study to assess the knowledge regarding iron deficiency anaemia among girl students in selected higher secondary schools at Kollam, Kerala	Mrs. Sheeja S
---	--------------------------	--	---------------

Signature of the HOD

Signature of the Principal

Dr. ANOOPA. K.R. Ph.D (N)  
PRINCIPAL  
BISHOP BENZIGER COLLEGE OF NURSING  
KOLLAM - 1, KERALA





# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



## LIST OF PROJECTS IN THE YEAR 2017-2018

### BSC NURSING

SL NO	GROUP	NAME OF THE STUDENTS	PROJECT TITLE	GUIDE
1.	I a)	1. Ms. Rincymol Raju 2. Ms. Sandra Sebastian 3. Ms. Shani N 4. Ms. Sheeba Joy	A descriptive study to assess the impact of cyclone ockhi on the socio-economic livelihood of fisherman community of selected areas in Kollam District, Kerala	Mrs. Sheeja S
2.	I b)	1. Mrs. Agneya Mariya 2. Mrs. Akhila Raju 3. Ms. Aleena Francis 4. Mrs. Aleena Johnson	A study to assess the effectiveness of structured teaching programme regarding modified lifestyle pattern among diabetic patients in selected area of Pallithottam.	Mrs. Sheeja S
3.	II a)	1. Ms. Aleena Joshy 2. Ms. Alisha T Anto 3. Ms. Anakha Kochukuttan 4. Mrs. Ancy Baisel	A study to assess the effectiveness of self instructional module on knowledge regarding attention deficit hyperactivity disorder in children among selected mothers at Pallithottam, Kollam	Mrs. Sheeja S
4.	III a)	1. Ms. Sruthy S Panikar 2. Ms. Sneha Simon 3. Ms. Shiny Babu 4. Ms. Sini Jose	A study to evaluate the effectiveness of self instructional module on knowledge regarding road safety among adolescent in selected areas, Kollam.	Mrs. Sheeja S





# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)

UNITED NATIONS  
academic  
impact

Sharing  
a Culture  
of Intellectual  
Social  
Responsibility

5	III b)	<ol style="list-style-type: none"><li>1. Ms. Ancy Christy</li><li>2. Ms. Ancy D George</li><li>3. Ms. Annie Alfred</li><li>4. Ms. Aupama Ram R</li></ol>	A study to assess the effectiveness of structured teaching programme on the management of disturbed sleeping pattern among older adults of selected areas in Kollam	Mrs. Sheeja S
6.	IV a)	<ol style="list-style-type: none"><li>1. Ms. Archana S B</li><li>2. Ms. Athira S</li><li>3. Ms. Athira Francis</li><li>4. Ms. Athira N Ashok</li></ol>	A study to assess the effectiveness of self-instructional module on knowledge regarding self-defensive measures among women in Pallihottam Kollam	Mrs. Sheeja S
7.	IV b)	<ol style="list-style-type: none"><li>1. Ms. Jetsy Justin</li><li>2. Ms. Jyothi Joy</li><li>3. Ms. Liba L Raj</li><li>4. Ms. Najuma S</li></ol>	A study to assess the knowledge regarding importance of environmental hygiene among adults in selected community areas, Kollam.	Mrs. Sheeja S
8.	V a)	<ol style="list-style-type: none"><li>1. Ms. Neena mol A</li><li>2. Ms. Neenu Mariyam Benedict</li><li>3. Neethu Monachan</li><li>4. Ms. Racheal Reena</li></ol>	A study to assess the effectiveness of structured teaching programme on knowledge regarding chronic obstructive pulmonary disease among people in selected areas at Kollam.	Mrs. Sheeja S
9.	V b)	<ol style="list-style-type: none"><li>1. Ms. Babitha Xavier</li><li>2. Ms. Bilha M Baiju</li><li>3. Ms. Bincy P Biju</li><li>4. Mr. Dennis Pathrose</li></ol>	A study to assess the effectiveness of structured teaching programme on knowledge regarding child abuse among children in selected schools at Kollam	Mrs. Sheeja S







# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)

UNITED NATIONS  
academic  
impact

Sharing  
a Culture  
of Intellectual  
Social  
Responsibility

10	VI a)	<ol style="list-style-type: none"><li>1. Ms. Jibi Stephen</li><li>2. Ms. Reshma Babu</li><li>3. Ms. Revathy B</li><li>4. Ms. Rimcy Raju</li></ol>	A study to assess the effectiveness of structured teaching programme on knowledge regarding old age health problems among geriatrics in selected areas at Kollam	Mrs. Sheeja S
11	VI b)	<ol style="list-style-type: none"><li>1. Ms. Grace Mariya Benny</li><li>2. Ms. Hima Rose Thomas</li><li>3. Ms. Jeena Mary Roy</li><li>4. Ms. Jency Ninan</li></ol>	A descriptive study to assess the urban health issues and challenges among people in selected areas at Kollam District.	Mrs. Sheeja S

## MSC NURSING

1	Mrs. Athira.s. vijayan	A descriptive study to assess the knowledge on early detection and prevention of cervical cancer among women in selected areas of Pallithottam, Kollam, Kerala	Mrs. Sheeja S
---	------------------------	--	---------------

Signature of the HOD



Dr. ANOOPA. K.R. Ph.D (N)  
PRINCIPAL  
BISHOP BENZIGER COLLEGE OF NURSING  
KOLLAM - 1, KERALA



# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



## LIST OF PROJECTS IN THE YEAR 2016-2017

### BSC NURSING

SL NO	GROUP	NAME OF THE STUDENTS	PROJECT TITLE	GUIDE
1.	I	1. Ms . Aliya V Noushad 2. Ms. Aneeta Joy 3. Ms.. Angel Mary J N 4. Ms. Annie Binoy	A descriptive study to assess the knowledge regarding immunisation among mothers of children age up to 15 years in selected area of Pallithottam, Kollam	Mrs. Feby Fulgen
2.	II	1. Ms. Aparnamol Ans Kurian 2. Ms . Arathy Varughese 3. Ms. Aswani S 4. Ms.. Athira Anil	A descriptive study to assess the prevalence of malnutrition among under five children residing snehatheeram nagar in Pallithottam area of Kollam district.	Mrs. Feby Fulgen
3.	III	1. Ms,. Athira Mohanan 2. Ms. Bincy Jojn 3. Ms Binnummol L 4. Ms. Chinnu Pious 5. Ms. Jithummol James	A descriptive study to assess the knowledge regarding waste disposal among Mothers residing at Pallithottam Kollam	Mrs. Feby Fulgen
4.	IV	1. Ms. Icy K Varghese 2. Ms. Jeril Mol Joy 3. Ms. Jessy V N 4. Ms. Jinumol Joseph 5. Ms. Khadeeja A	A descriptive study to assess the level of Knowledge and attitude regarding family palnning among married women in the age group of 18-40 years residing at Pallithottam community Kollam..	Mrs. Feby Fulgen





# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)

UNITED NATIONS  
academic  
impact

Sharing  
a Culture  
of Intellectual  
Social  
Responsibility

5	V	<ol style="list-style-type: none"><li>1. Ms. Sreenandha S</li><li>2. Ms. Steffin Dev Joseph</li><li>3. Ms. Stephy Raj</li><li>4. Ms. Teena Alex</li><li>5. Mrs. Varsha V Nair</li></ol>	A descriptive study to assess the knowledge regarding the diabetic diet among the diabetic patients aged between 30-70 years in selected areas off Pallithottam Kollam	Mrs. Feby Fulgen
6.	VI	<ol style="list-style-type: none"><li>1. Ms. Radha. A</li><li>2. Ms. Rakhi Raj B S</li><li>3. Ms. Reshma</li><li>4. Ms. Revathy S</li><li>5. Ms. Rini Kunjumon</li><li>6. Ms. Safna S</li><li>7. Ms. Shani Augustin</li><li>8. Ms. Sherin Johnson</li><li>9. Ms. Somini Xavier</li></ol>	A descriptive study to assess the prevalence rate of child marriage among young women in selected population in Pallithottam Kollam	Mrs. Feby Fulgen
7.	VII(a)	<ol style="list-style-type: none"><li>1. Ms. Ayimy Sebastian</li><li>2. Ms. Catherine Shelda Jose</li><li>3. Ms. Saritha Peter</li><li>4. Ms. Sonia K G</li><li>5. Ms. Stephy John</li></ol>	A study to assess the knowledge regarding the community health services provided by bishop benziger community health center, Pallithottam Kollam	Mrs. Feby Fulgen
8.	VII(b)	<ol style="list-style-type: none"><li>1. Ms. Neena Babu</li><li>2. Ms. Neethu Seemon</li><li>3. Ms. Nimisha Anilkumar</li><li>4. Ms. Nishamol Zachariah</li></ol>	A study to assess the Level of knowledge regarding complications of smoking among adult male more than 25 years of age in Gandhi nagar Pallithottam Kollam	Mrs. Feby Fulgen
9.	VIII	<ol style="list-style-type: none"><li>1. Ms. Lincy Joseph</li><li>2. Ms. Lovely L V</li><li>3. Ms. Manju H</li><li>4. Ms. Nayana M A</li></ol>	A study to assess the knowledge regarding calcium requirement and calcium deficiency among menopausal women in selected area of Pallithottam Kollam	Mrs. Feby Fulgen



# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)

UNITED NATIONS  
academic  
impact

Sharing  
a Culture  
of Intellectual  
Social  
Responsibility

10	IX	<ol style="list-style-type: none"><li>1. Ms. Sonu Sabu</li><li>2. Ms. Sonu Moris F</li><li>3. Ms. Taniya V</li><li>4. Ms. Teena James</li><li>5. Ms. Teenu Thomas</li></ol>	A descriptive study to assess the prevalence regarding menstrual irregularities among women between the age of 15-45 years in a community area at Pallithottam Kollam	Mrs. Sujisha
11	X	<ol style="list-style-type: none"><li>1. Ms. Vrindha Babu</li><li>2. Ms. Vidya Francis</li><li>3. Ms. Thanu Thankachan</li><li>4. Ms. Reshma Rajendran</li></ol>	A descriptive study to assess the prevalence of back pain among fishermen in Pallithottam community area at Kollam	Mrs. Sumith Cleetus

## MSC NURSING

Nil

Signature of the HOD



Signature of the Principal

Dr. ANOOPA. K.R. Ph.D (N)  
PRINCIPAL  
BISHOP BENZIGER COLLEGE OF NURSING  
KOLLAM - 1, KERALA



# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)



## LIST OF PROJECTS IN THE YEAR 2015-2016

### BSC NURSING

SL NO	GROUP	NAME OF THE STUDENTS	PROJECT TITLE	GUIDE
1.	I a)	1. Ms. Arsha Charly 2. Ms. Amala T W 3. Ms. Ancy A 4. Ms. Anitta Aloysius 5. Ms. Anoop Lawrence	A descriptive study to assess the knowledge regarding waste water disposal among women in Pallithottam community area of Kollam	Mrs. Feby Fulgen
2.	I b)	1. Ms. Aaliya V Noushad 2. Ms. Athira Mohanan 3. Ms. Elizabeth Susan Joy 4. Ms. Harsha Hari 5. Ms. Nimisha Anilkumar	A study to assess the level of knowledge regarding exclusive breast feeding among primi mothers in OPD's of bishop benziger hospital and S N trust medical mission hospital Kollam	Mrs. Feby Fulgen
3.	II	1. Ms. Anurose Shaji 2. Ms. Anusha Antony 3. Ms. Asha J 4. Ms. Ashlin Anna Augustine 5. Ms. Ashly Chacko	A descriptive study to assess the knowledge, attitude and practice of pulse polio immunisation among selected mothers of under five children at Pallithottam area Kollam.	Mrs. Sumith Cleetus
4.	IV	1. Ms. Lidiya Franklin 2. Ms. Liji Leon 3. Ms. Lincymol J V 4. Ms. Mary Dayana M 5. Ms. Mary K B	A descriptive study to assess the prevalence of breathing difficulty among people in Pallithottam community area Kollam	Mrs. Feby Fulgen





# BISHOP BENZIGER COLLEGE OF NURSING

(Accredited by NAAC with B grade)

UNITED NATIONS  
academic  
impact

Sharing  
a Culture  
of Intellectual  
Social  
Responsibility

5	V	<ol style="list-style-type: none"><li>1. Ms. Jija Joy</li><li>2. Ms. Jincy J</li><li>3. Ms. Jinumol Varghese</li><li>4. Ms. Joshma J</li><li>5. Ms. Juby Raju</li></ol>	A study to assess the prevalence of obesity among women at the age of 30-60 years residing at Pallithottam Kollam	Mrs. Cleetus	Sumith
6.	IV	<ol style="list-style-type: none"><li>1. Ms. Mellisa H</li><li>2. Ms. Neena Paul</li><li>3. Ms. Nithil Thomas</li><li>4. Ms. Nithya Joy</li><li>5. Ms. Preeja Joseph</li></ol>	A descriptive study to assess the attitude of people towards community health centre residing at Pallithottam Kollam	Mrs. Cleetus	Sumith
7.	VIII	<ol style="list-style-type: none"><li>1. Ms. Rincy Mary Jose</li><li>2. Ms. Sherin Alexander</li><li>3. Ms. Shilpa Babu</li><li>4. Ms. Sneha Paeter</li><li>5. Ms. Soja Cardoz</li></ol>	A study to assess the knowledge of women regarding women empowerment programmes by government who residing at Pallithottam community at Kollam	Mrs. Cleetus	Sumith

## MSC NURSING

Nil

Signature of the HOD



Signature of the Principal

Dr. ANOOPA. K.R. Ph.D (N)  
PRINCIPAL  
BISHOP BENZIGER COLLEGE OF NURSING  
KOLLAM - 1, KERALA