



BISHOP BENZIGER COLLEGE

OF NURSING

Accredited by NAAC,

Member of United Nations Academic Impact Program

Approved Research Centre of Kerala University of Health Sciences



5.1.2 - Radio Club Activity

Bishop Benziger College of Nursing
Diploma in Community Health
Radio Broadcasting Content Preparation (II year B.Sc. Nursing)

Unit V –Environmental Pollution

Broadcast Hours: 45

| Sl No. | Name of Student | Topic | Name of Supervisor |
|--------|--------------------|---|---|
| 1 | Emy Edison | Environment , Components of environment | Mrs. Feby Fulgen Tutor, Community Health Nursing |
| 2 | Biffy Ann Philip | Factors affecting environmental health | |
| 3 | Feba Alex | Environmental Pollution -types | |
| 4 | Dency J | Air Pollution –Definition, Source, Effect | |
| 5 | Ashlin Sunny | Prevention of Air Pollution | |
| 6 | Feviya Das | Water Pollution –Definition, Source, Effect | |
| 7 | Maria Jose | Prevention of water Pollution, purification of water on a small scale | |
| 8 | Sandra Cheriyan | Noise Pollution –Definition, Source, Effect | |
| 9 | Vineetha C.R | Prevention of noise Pollution | |
| 10 | Jisha Ashi Rocha | Land Pollution –Definition, Source, Effect | |
| 11 | Sneha Bhavan | Prevention of land Pollution | |
| 12 | Badriyathul Sabira | Radio Active Pollution –Definition, Source, Effect | |
| 13 | Sherin Johnson | Prevention of Radio Active Pollution | |
| 14 | Snovy Sebastian | Mosquito borne diseases | |
| 15 | Arya Roy | Prevention & control of Mosquito borne diseases | |

Signature of Principal

Dr. ANOJDA K.R. PH.D (M)
 PRINCIPAL
 BISHOP BENZIGER COLLEGE OF NURSING
 KOLLAM -1, KERALA



Bishop Benziger College of Nursing

Diploma in Community Health

Radio Broadcasting Content Preparation (IV year B.Sc. Nursing)

Unit I –Fundamentals of Health and illness

Broadcast Hours: 30 & Practical Hours: 15

| Sl No. | Name of Student | Topic | Name of Supervisor |
|--------|-----------------------|--|--|
| 1 | Sonia K.G | Health & Illness, Concept of Health, Physical Health, Care of Skin | Mrs. Mekha K Gopinath Tutor, Community Health Nursing |
| 2 | Azia V John | Dimensions of Health, Care of Hair | |
| 3 | Annamma Thomas | Determinants of Health, Oral Hygiene, Care of Teeth | |
| 4 | Anumol Abraham | Personal Hygiene, Care of Eyes | |
| 5 | Ayimy Sebastian | Brushing Techniques, Care of Ears | |
| 6 | Anija Johnson | Environmental Hygiene, Hand Hygiene | |
| 7 | Irshana I | Overcrowding, Care of Feet | |
| 8 | Katherine Shelda Jose | Diseases/ illness, Epidemiological triad, rest & sleep | |
| 9 | Merlin Hilary | Levels of prevention, Exercise | |
| 10 | Reshma GS | Methods of prevention of diseases, recreation | |
| 11 | Sangeetha S | Health Problems / Causes, posture | |
| 12 | Soumya TS | Classification of Health Problems, Constipation | |
| 13 | Sneha John Bosco | Habits, Menstrual Hygiene | |
| 14 | Teena S Babu | Immunity, Elimination | |
| 15 | Vijitha Vijayan | Sound Nutrition, mental health | |

Signature of Principal



Dr. ANCOOPA. K.R. Ph.D (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1, KERALA

Bishop Benziger College of Nursing
Diploma in Community Health
Radio Broadcasting Content Preparation (IV year B.Sc. Nursing)

Unit II –First Aid

Broadcast Hours: 30 & Practical Hours: 15

| Sl No. | Name of Student | Topic | Name of Supervisor |
|--------|-----------------------|--|--|
| 1 | Sonia K.G | Treating a Bruise at home | Mrs. Sheeja S HOD, Community Health Nursing |
| 2 | Azia V John | Food Poisoning | |
| 3 | Annamma Thomas | Nose Bleed, Bleeding from mouth | |
| 4 | Anumol Abraham | Cuts & Lacerations | |
| 5 | Ayimy Sebastian | Drowning | |
| 6 | Anija Johnson | Burns | |
| 7 | Irshana I | Broken bones & fractures | |
| 8 | Katherine Shelda Jose | Poison in eye | |
| 9 | Merlin Hilary | Insect bites | |
| 10 | Reshma GS | Dog bite | |
| 11 | Sangeetha S | Heat stroke, sun burn | |
| 12 | Soumya TS | Fire & Electrical injury | |
| 13 | Sneha John Bosco | Hyperglycemia & Hypoglycemia (complications of Diabetes) | |
| 14 | Teena S Babu | Snake bite | |
| 15 | Vijitha Vijayan | Foreign object in eye, ear, nose | |

Signature of Principal



Dr. ANOOPA. K.R. Ph.D (N)
 PRINCIPAL
 BISHOP BENZIGER COLLEGE OF NURSING
 KOLLAM - 1, KERALA

Bishop Benziger College of Nursing
Diploma in Community Health
Radio Broadcasting Content Preparation (I year M.Sc. Nursing)

Unit III - Basic Patient Care

Broadcast Hours: 30 & Practical Hours: 15

| Sl No. | Name of Student | Topic | Name of Supervisor |
|--------|-------------------|--|--|
| 1 | Athira S Vijayan | Vital Signs Monitoring-Temperature, Pulse, Respiration | Mrs. Sheeja S HOD, Community Health Nursing |
| 2 | Ann Benzily | Blood Pressure, Height, Weight measurement | |
| 3 | Bincy Babu | Waist circumference, hip circumference, BMI | |
| 4 | Greeshma PV | Hair care | |
| 5 | Mercy Thomas | Bed bath | |
| 6 | Parvathy Chandran | Back rub | |
| 7 | Monisha Monachan | Foot care | |
| 8 | Anu Mohan | Nail Care | |
| 9 | Nimmi Mani Daniel | Blood Sugar testing | |
| 10 | Nisha Mani Daniel | Mouth care, respiratory care | |
| 11 | Veena | Wound Dressing | |

Signature of Principal

Dr. ANOOPA. K.R. P.D (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1, KERALA



Bishop Benziger College of Nursing
Diploma in Community Health
Radio Broadcasting Content Preparation (III year B.Sc. Nursing)

Unit IV –Nutrition & Diet

Broadcast Hours: 45

| Sl No. | Name of Student | Topic | Name of Supervisor |
|--------|-------------------|--|--|
| 1 | Sheeba Joy | Introduction, balanced diet, importance of balanced diet | Mrs. Mekha K Gopinath Tutor, Community Health Nursing |
| 2 | Sruthy S Panicker | Malnutrition | |
| 3 | Sandra Sebastian | Carbohydrates, iodine | |
| 4 | Athira S | Proteins | |
| 5 | Jency Ninan | Fat | |
| 6 | Bincy P Biju | Vitamin A & Iron | |
| 7 | Athira N Asok | Vitamin B1 – B12 | |
| 8 | Jibi Stephen | Vitamin C | |
| 9 | Sneha Simon | Vitamin D | |
| 10 | Shiny Babu | Vitamin E | |
| 11 | Sini Jose | Vitamin K | |
| 12 | Liba L Raj | Calcium | |
| 13 | Anupama Ram | Magnesium | |
| 14 | Aleena Johnson | Potassium | |
| 15 | Babitha Xavier | Sodium | |

Signature of Principal

Dr. ANOOPA. K.P. Ph.D (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1, KERALA

