

WORLD KIDNEY DAY CELEBRATION & KIDNEY DISEASE AWARENESS RALLY-2024

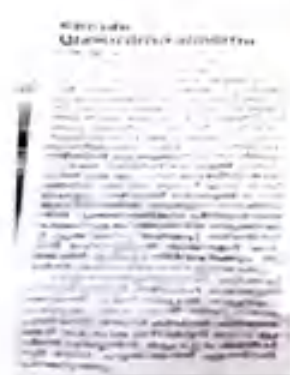
(SAVE KIDNEY FOUNDATION, BISHOP BENZIGER COLLEGE OF NURSING & HOSPITAL (NEPHROLOGY DEPARTMENT))

Date: 14/03/2024

Time: 08:00am-10:30am

Venue: Bishop Benziger College of Nursing Auditorium, Kollam

World Kidney Day is a global healthcare event celebrated on the 2nd Thursday in March every year since 2006, intending to bring together the patients suffering from kidney diseases and promote awareness of “amazing kidneys” by educating the people about their role in maintaining health. This year 2024, World Kidney Day is observed on Thursday, 14 March. The theme aims to raise awareness of the inequalities in kidney disease treatment and encourage collaborative efforts to improve access to appropriate treatment for everyone affected by kidney disease. As a part of World Kidney Day celebration; we conducted press club conference prior to the programme on 12/03/2024 at 11:30am in Press Club, Kollam.





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Website: www.bhconkollam.org email id: office@bhconkollam.org Ph. No: 0474-2765592

Estd: 2004



World Kidney Day is a universal campaign planned for creating awareness among the general public about one of the prominent health problem our society is facing today in the current scenario. As part of this universal and such significant campaign, World Kidney Day was observed by **Save Kidney Foundation and in collaboration with Bishop Benziger College and Hospital, Kollam** on 14th March 2024. The programme was started by a Kidney awareness rally; the flag off was done by Dr. Praveen Namboodiri (Consultant Nephrologist, BBH & Secretary of Save Kidney Foundation, Kollam) at 08:15am. First, Third and Fifth Semester Students (180) participated

in the rally was started from Bishop Benziger College of Nursing, went to Chinnakada round and ended at college compound at 09:15 am.



The programme was started by a prayer by Third Semester B.Sc. Nursing Students and inauguration & inaugural address by Father John Britto (Director, BBH) at 9:25am. Book release was done by Father John Britto based on the title “Healthy Lifestyle Journey-among kidney patients”. This was followed by a seminar done by Dr. Praveen Namboodiri & Dr. Husamath (M.D, Shankers Hospital). They explained about the home care management, lifestyle modification and early detection of kidney diseases. It was such an informative and interesting class

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In the chain of events, Dance performance was done by Third Semester B.Sc. Nursing Students. On this occasion, exhibition was conducted on the basis of kidney day theme for the B.Sc. Nursing Students, which was visited and observed by Dr. Praveen Namboodiri, Dr. Husamath, Nursing Superintendent of

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BBH. Demonstrations and explanation were given by the students. The spectators and teachers were greatly impressed by their performance. Students had made still models, working models, charts and posters to present their topics.



The complete programme was guided by Dr. Annal Angeline (Principal, BBCON) & Prof. Binutha V. P (Vice Principal, BBCON) & supported by all the faculties of College of Nursing. The programme was organized by **Save Kidney Foudation, Bishop Benziger College of Nursing and Hospital (Nephrology Department)**. Department of Medical Surgical Nursing, Foundation of Nursing Department and Third Semester B.Sc. Nursing Students are the programme committee members. Activities succeeded in creating awareness about various aspects of kidney diseases, its causes, prevention & treatment aspects among the general public. Nursing Students in Auditorium till 10:30am.



Our principal madam motivated the students by highlighting the hard work behind the success of the Exhibition. She hailed the confidence and asked the students to keep up the good work. Thus, the world kidney day celebration had a great impact on the students.

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World Kidney Day Celebration: March 14th 2024
Programme Schedule

Sl. No.	TIME	PROGRAM	Facilitator
1.	08:30 AM	Light Show	Mr. V. S. Kumar IPS
		Invocation	Rev. Fr. John Paul (Caretaker)
		Flag Hoisting	
2.	09:00 AM	Prayer	Rev. Fr. John Paul (Caretaker)
3.	09:30 AM	Guest Lecture	Dr. S. S. S. S. S.
4.	10:00 AM	Guest Lecture	Dr. S. S. S. S. S.
5.	10:30 AM	Guest Lecture	Dr. S. S. S. S. S.
6.	11:00 AM	Guest Lecture	Dr. S. S. S. S. S.
7.	11:30 AM	Guest Lecture	Dr. S. S. S. S. S.
8.	12:00 PM	Guest Lecture	Dr. S. S. S. S. S.
9.	12:30 PM	Guest Lecture	Dr. S. S. S. S. S.
10.	01:00 PM	Guest Lecture	Dr. S. S. S. S. S.
11.	01:30 PM	Guest Lecture	Dr. S. S. S. S. S.
12.	02:00 PM	Guest Lecture	Dr. S. S. S. S. S.
13.	02:30 PM	Guest Lecture	Dr. S. S. S. S. S.
14.	03:00 PM	Guest Lecture	Dr. S. S. S. S. S.
15.	03:30 PM	Guest Lecture	Dr. S. S. S. S. S.
16.	04:00 PM	Guest Lecture	Dr. S. S. S. S. S.
17.	04:30 PM	Guest Lecture	Dr. S. S. S. S. S.
18.	05:00 PM	Guest Lecture	Dr. S. S. S. S. S.
19.	05:30 PM	Guest Lecture	Dr. S. S. S. S. S.
20.	06:00 PM	Guest Lecture	Dr. S. S. S. S. S.

[Signature]
 Signature of the Principal

**WORLD KIDNEY DAY CELEBRATION
 AND
 KIDNEY DISEASE AWARENESS RALLY
 - 2024**

Theme:
 Kidney Health for All - Advancing equitable access
 to care and optimal medication practice

Date: 14th March 2024
Time: 08:30 am - 05:30 pm
Place: Bishop Benziger College of Nursing Auditorium,
 Kadappakkada, Kollam

Organized by
 Save Kidney Foundation,
 Bishop Benziger College of Nursing
 & Hospital | Nephrology Department

Signature of the Programme Coordinators:

Signature of the Principal:

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 18/03/24

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 18/03/24

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 18/03/24



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CONDOLESCENCE CEREMONY: 19/08/2024

A condolence ceremony was organized by SNA executives in memory of Dr. Moumitha, victim had been raped and sexually assaulted before being killed via strangulation at Kolkata on 9th August 2024. A silent prayer by holding lighting candles was conducted by the executives and SNA unit chairperson delivered a speech on the same.



Signature of the SNA advisor

Signature of the Principal



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ONAM CELEBRATION 2K24

AARAVAM 2024

Onam celebration was held on 12/09/2024 at Bishop Benziger College of Nursing. It was organized simply and minimally because of Wayanad land slide, students contributed a part of their fund for Wayanad resuscitation in coordination with NSS. It was organized by 4th year BSc Nursing students in collaboration with SNA, NSS and College union, worked tirelessly to plan various activities and events. The college auditorium was beautifully decorated by Pookalam, flowers, crafts and balloons.

Athapookalam is an essential part of Onam celebration. NSS unit displayed their creativity and artistic skill by using a variety of flowers and petals to create a stunning design.

The celebration was started with a prayer at 9am. Ms. Ria Thankam, 4th yr student delivered the welcome speech. The presidential address was spoke by Dr. Sr. Terese SIC, principal BBCON and inaugurated by Rev. Dr. Fr. Joseph john, Manager BBCON by lighting the lamp. Mr. Sreevishnu (2nd semester student) dressed up as Maveli was the center of attraction. Maveli wished all the students "Happy Onam." Prof. Binutha VP (Vice Principal, BBCON) felicitated event in Tamil language. MS Aksa Anna gives vote of thanks.

Various cultural programme was organized after this. The students performed onapattu competition, Malayali Manka and Malayali Purashan contest, tug war, and musical chair for teachers. 4th year students won the 1st price in Onappattu and Ms. Clara won as Malayali Manka.

To add a touch of excitement and fun, various traditional games was organized. Students participated in tug war. 4th semester students won in tug war (girls) and 6th semester students won 1st in tug war boys. And also, musical chair was organized for the faculties, Mrs. Greeshma, Assistant professor, OBG department won 1st and Mrs. Rofia Rajan lecturer Medical surgical department secured 2nd place. The competition added a competitive spirit and brought out the best in the participants.

On the highlight of Onam celebration Onam Sadhya, traditional feast served on banana leaves. The students and faculties enjoyed the delicious Sadhya together creating a sense of unity. The celebration was ended at 2:00pm.



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Signature of the Principal



ONAM CELEBRATION

"AARAYAM 2K24"

PROGRAMME SCHEDULE

Date: 12/09/2024

Time: 9:00am-2:00pm

Venue: Bishop Joseph Hall

TIME	EVENT	INCHARGE
9:00am	Prayer	Fourth year students
9:05am	Welcome speech	Ms. Ria Thankam John, Fourth year BSc.Nursing
9:10am	Presidential address	Dr. Sr. Terese Kochuvilayil SIC, Principal BBCON
9:15am	Inaugural address	Rev.Dr.Fr Joseph JOHN, manager, BBCON
9:25am	Felicitation	MAVELI . Prof.Binutha V P Vice principal,BBCON
9:30am	Vote of Thanks	Ms.Aksa Anna Shinu Fourth year BSc. Nursing
10:00am	Onapattu Competition	
10:30am	Malayali Manka/Purushan Competition	
11:00am	Mega Thiruvathira	Fourth year students
11:15am	Cultural Programmes	
12:30pm	ONASADHYA	



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INDEPENDENCE DAY ON 15/08/2024

SNA unit of bishop Benziger college of nursing celebrated Independence Day on 15th August. Opening was made with band team members of BBCON unit marched out in our college ground and assembled in front of the grotto. Mrs. Lynn Lopez, Principal School of Nursing also accompanied us. National Flag was hosted by Principal Dr. Sr. Terese SIC followed by that message about the day was given by Christene Ann Joseph. All students and teachers saluted the flag by following the commands of band team. The band team sang the national Anthem. All students and teachers sang the patriotic song. Then pledge was taken. At the end of the ceremony sweets were distributed among the students. Programme ended by 8:30am.

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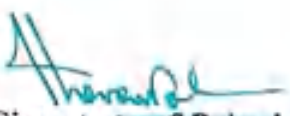


INDEPENDENCE DAY – 15.08.2024

Program Schedule

8:00 am	Flag Hoisting	Dr.Sr.Therese SIC (Principal BBCON)
8:05 am	Patriotic song	Students and faculties
8:15 am	Message	Christene Ann Joseph (4 TH Sem BSC(N))
8:30 am	National Anthem	College choir

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EDUCATION PROGRAMME: 07/08/2024

As a part of breast-feeding week, an exhibition was conducted by the 4th year students. They did it in a well appreciated manner. They explained each & every topic detailed and was very informative. Their way of presentation and explanation was really appreciable.

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Signature of the SNA advisor

A handwritten signature in blue ink, appearing to be 'H. S. S.', written over a horizontal line.

Signature of the Principal



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AWARENESS PROGRAMME ON AIDS -2024

Our 2nd semester BSc nursing students attended a session regarding the awareness of AIDS day. The programme was started with a flashmob and many other programmes including magic show was there which created good attraction and impression about the session. The programme was held at KSRTC bus stand.



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REPORT ON BREAST FEEDING WEEK CELEBRATION: 2024

World breast feeding week is celebrated every year from 1 to 7th of august all over the globe to encourage breastfeeding and improve the health of babies around the world. It was a collaborative work initiated by department of Child Health Nursing, Community Health Nursing and OBG Nursing supported by SNA of our college, KFUNAI, BBCON chapter initiated to celebrate the breast feeding week.

1.08.2024 : Breast feeding week celebration commenced on Aug 1st 2024 at 10 am with various activities conducted by OBG Nursing department and IV year students in collaboration with District level health Organization at Victoria Hospital kollam District. The activities include Mass Health Awareness Programme based on the theme Closing the Gap, Breast feeding support for all and roleplay that rely on Breast Feeding – Its significance and impact on healthy generation, conducted by IV Year BSc (N) students. Hundred people participated in the session and found to be very fruitful and informative.

2.08.2024 : Rally started (CHC Pallithottam) at 9.30 am , hosted the flag by respected Principal, Dr, Sr Terese SIC. The function was mastered by Prof. Sheeja S , HOD of Community Nursing department, Mrs. Jyothylekshmi, Assistant Professor, Community Health Nursing Department, Mrs . Betsy K Jayims , Associate Professor , HOD, Paediatric Department , Mrs. Vidya V, Assistant professor , Sr. Medonna Tutor, faculty members of Paediatric Department, Mrs. Nisha John, Associate Professor, HOD of OBG Nursing Department, Sr. Mariamma K S, Tutor and B.SC(N) IV yr students .The celebration was started with prayer song , Welcome speech by Prof Sheeja S, HOD, Presidential address by Inauguration Dr, Sr Terese SIC, Principal, Inaugural address and the theme was opened to the public by Dr, Paul, Medical Officer, CHC Pallithottam, followed by Roleplay of B.SC(N) IV yrs. Finally Vote of Thanks delivered by Mrs. Jyothylekshmi, Assistant Professor. The programme wrapped up at 11 am. The rally and entire programme was very effective .The total participants attended were eighty five.

3.08.2024: Online Quiz programme based on the theme was organized by Paediatric Department Bishop Benziger College of Nursing Kollam. The event was mastered by Mrs. Vidya V, Assistant professor. The Quiz was conducted using Google Forms having 25 items as Multiple Choice Questions. Those participants receiving 90% and above score receives e certificate. There were 313 participants in Quiz venture. Sixty Participants received e

4.08.2024: Health awareness video based on the theme was organized by Pediatric Department Bishop Benziger College of Nursing Kollam and video created by V Semester BSc (N) students, also published in College social media like You tube and Instagram. The video is very informative and knowledgeable that enlightens the mind of people with its Significance.

5.08.2024: A Continuous Training Programme was conducted by Mrs. Nisha John, Associate Professor, HOD of OBG Nursing Department, Bishop Benziger College of Nursing Kollam on the theme Closing the Gap, Breast feeding support for all and WABA -its significance, vision, mission, activities and functions in promoting Breast Feeding Awareness world wide , in College Premises. There were Seventy participants including faculty members and Non teaching Staff of Bishop Benziger College and School of Nursing .The sessions illuminated the participants with theme importance and there was positive feedback from participants.

Also Poster Competition was organized by Pediatric Department Bishop Benziger College of Nursing Kollam, based on the theme, specifically for students. The events mastered by Sr. Medonna, Tutor, Paediatric Department There were participants from IV Semester and II Semester Students. The students enjoyed very much, very enthusiastic and well participated in the competition. The winners of the Essay writing competition

6.08.2024: Essay writing competition organized by Pediatric Department Bishop Benziger College of Nursing Kollam, based on the theme , specifically for students. The events mastered by Mrs. Betsy K Jayims , Associate Professor , HOD, Paediatric Department There were participants from IV Semester and II Semester Students. The students enjoyed very much , very enthusiastic and well participated in the competition. The winners of the Essay writing competition

A Radio Talk Programme was organized by Community and Pediatric Nursing Department Bishop Benziger College of Nursing Kollam. The Programme was conducted by Ms. Shemsiya and Mrs. Sreelekshmi, II Year MSc (N) students, based on the Breast Feeding week theme. The message was successfully spread to the Community People through Radio Benziger 107.8 FM at 2 00 pm.

7.08.2024: Maternity Health Exhibition was organized by OBG Nursing Department Bishop Benziger College of Nursing Kollam and IV year Students. It was very colourful, attractive event and very informative too. The event commenced at 10.30 am at Bishop Joseph Hall, inaugurated by Mrs. Lynn Lopez, Principal, Benziger School Of Nursing, Chief Guest of the Day, by cutting the ribbon in valuable presence of our respected Principal, Dr. Sr. Terese SIC, Vice Principal HODs of all departments and faculty members. The session includes spectrum of activities like model display explained by students, specimens, roleplay, Quiz, Video Presentation and feedback session. The faculty members and students from Benziger School of

The audience gave a strong, positive and unforgettable feedback on the programme. Feedback was recorded in the visitors book and list of registrations was updated by Registration Desk. A small Gift was offered to student participated in the Quiz. The event was mind blowing with amazing decorations and sophisticated arrangement.

Valedictory function was conducted at St Joseph Hall, from 2.30-3 pm. Welcome address was given by Sr . Mariamma K S , Tutor followed by Felicitation address by our respected Principal,Dr. Sr. Terese SIC .The Breast Feeding Report was presented by Mrs. Betsy K Jayims , Associate professor& HOD , Pediatric Department . Video presentation created by V semester students based on the theme.Prize Distribution to winners by our respected Principal,Dr. Sr. Terese SIC and finally vote of thanks by Sr Medonna Tutor, Pediatric department.

The entire week activities found to be fruitful and informative. The breast feeding message was effectively conveyed to staff at BBH and public by conducting the various activities. There was active participation of students of all batches and faculty members and special gratitude and appreciation to HOD and faculty members of CHN, paediatric, OBG dept, non-teaching staffs, iv year students, Dr. Sindha H Mendez , research consultant, counsellor, MRS. Neethu M , Asst Professor for critical evaluation of posters and essay writing.



Signature of the SNA advisor



Signature of the Principal



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WORLD FOOD SAFETY DAY 2024

World food safety day was celebrated on 07/07/2024 and 08/07/2024 by second semester students under the supervision of Mrs. Rofia Rajan. As a part of this day second semester students conducted food safety Day program and prepared dishes in nutrition lab, diet plan is prepared for vulnerable groups like children's, antenatal, postnatal and old ages. The program was well coordinated by the students, Mrs. Manjusha (external nutrition teacher) and the nutrition subject in charge.



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Signature of the SNA advisor

A handwritten signature in green ink, likely belonging to the Principal.

Signature of the Principal



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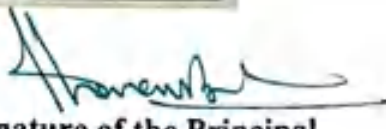


INTERNATIONAL YOGA DAY (21 JUNE 2024)

International yoga day was celebrated in our college on 21st June 2024. It was celebrated by SNA in collaboration with NSS. The session was started by announcing the theme "YOGA FOR SELF AND SOCIETY". Ms. Febina T K welcomed all the members to the session. The session was guided by Mr. Sindha Mendez (Research consultant, BBCON). Yoga training session was given to IVth semester students and to teaching and non-teaching staffs. Warm up exercise were taken and all the students practiced and performed sitting and standing ASANAS, importance of these were explained simultaneously. The celebration concluded with the speech of Mrs. Jyothi lekshmi (NSS coordinator) for vote of thanks. She encouraged the students to practice regular yoga to remain fit and improve concentration. The celebration ended with a huge success under the supervision of staff welfare committee.




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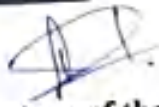


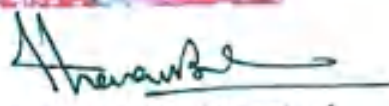
SNA ZONAL LEVEL SPORTS 2024

STAZA 2024

The Zonal Level Sports Meet 2024 was conducted on 16/08/2024, 21/08/2024, 22/08/2024 at CSI College Of Nursing, Karakonam. On the first day, the students participated in different events-Throw Ball, Football, Chess and Carroms. And Ajil V Biju 4th semester student secured First in Chess. On the second day, 10 students are participated in events such as 100m Race, 200m Race, 800m Race, Shotput, Long Jump, and 4*100m Relay. Mr. Akash Biju, 2nd semester student secured 1st in 800m Race. And The Third day, Students are participated in Disc Throw, Javelin and Badminton. The students showed maximum participated in the events.



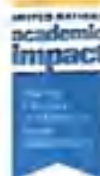

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STAZA 2024

PROGRAMME SCHEDULE ON 16/08/2024

ITEM	NAME OF PARTICIPANTS	ASSIGNED TEACHER
THROW BALL	ARDRA S	MRS.ROFIA RAJAN MRS.AJITHA KUMARI
	SHONY BINYO	
	NILEEN MARIA ABRAHAM	
	SONA SABU	
	ANN MARIA JOSHLY	
	ANGEL ROSE	
	JENI JAMES	
	ABEENA GOMAZ	
	BENCY ANNA	
	SONALI JOHN	
	DEVIKA RANI	
	LIYAMOL BIJU	
	AENGEL B	
	SANDRA CLEETUS	
	ANITA	
FOOTBALL	JEFRIN JOHN	MRS.ROFIA RAJAN MRS.AJITHA KUMARI
	AKASH BIJU	
	HARI GOVIND	
	SANJU S	
	AMAL SHAJI	
	JOYAL	
	AKASH DINESH	
	MISHAL	
	JIBIN THOMAS	
	MUHAMMED FAIZAL	
	JOBIN JOSE	
	JUBAL BIJU	
CHESS	ALPHY C	MRS.ROFIA RAJAN MRS.AJITHA KUMARI
	AJIL V BIJU	
CARROMS	AMRUTHA B	MRS.ROFIA RAJAN MRS.AJITHA KUMARI
	SANJU S	

Signature of chairperson

for
Angela

Signature of SNA advisor

[Signature]

Signature of Principal

[Signature]
16/8/24



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STAZA 2024

PROGRAMME SCHEDULE ON 19/08/2024

ITEMS	NAME OF PARTICIPANTS		ASSIGNED TEACHERS
	BOYS	GIRLS	
100M RACE	JEFRIN JOHN	SHONY BINOY	MRS. SUDHA MRS. ANUPAMA
200M RACE	AKASH BIJU	SHONY BINOY	
800M RACE	AKASH BIJU	ANN MARIA JOLLY	
DISCUS THROW	HARI GOVIND	SHONY BINOY	
JAVELIN THROW	JEFRIN JOHN	NILEEN MARIA ABRAHAM	
SHOT PUT	HARI GOVIND	MEHA M SAJI	
LONG JUMP	JOYAL	SONA SABU	
4 X 100 RELAY	JEFRIN	SHONY BINOY	
	AKASH BIJU	SONA SABU	
	JOYAL	ANN MARIA JOSH Y	
	MUHAMMED FAIZAL	ANGEL ROSE	
	JUBAL BIJU	NILEEN MARIA ABRAHAM	
BADMINTON	AMAL SHAJI	RIYA RAPHY	
	HARI GOVIND	ABITHA PV	

Signature of chairperson

Signature of SNA advisor

Signature of Principal

for
signature

for
signature

for
signature
19/8/24



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COLLEGE DAY 2024

RAGAM 2K24

The 20th College Day of the academic year 2023-2024 was celebrated on 19th August 2024. Mr. Santhosh Eravipuram was the chief guest of the event, He is an RJ of Radio Benziger. Ms. Nikitha Abrao, College Union Chairperson welcomed the gathering. Following by that college day message was given by Rev. Dr. Joseph John, Manager of BBCON, Kollam. Dr. Sr. Terese SIC, Principal of BBCON delivered the speech and presented the Annual report showcasing the laurels and academics, co-curricular and extra-curricular activities of students and faculty during the academic year 2023-2024.

Chief guest, Mr. Santhosh Eravipuram in his speech shared his memories of college days and also sung various songs for the audience. It was a spectacular performance. His son, Sabari Santhosh also performed on the stage. Followed by that chief guest distributed prizes of SNA unit arts and sports winners. The programme was coordinated by college union and SNA members. The programme was ended up by 5pm.

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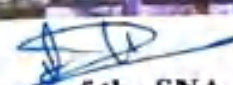
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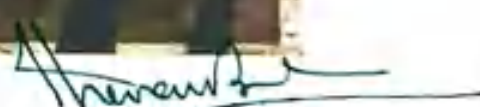


WORLD ENVIRONMENTAL DAY 2024

World Environment Day was organized on 05/06/2024. The program named as THALIR 2024. The program was inaugurated by rev. Father Joseph John (Manager BBCON). The principal Sr. Teresa sic gave the welcome speech and talk about the theme "LAND RESTORATION, DESERTIFICATION AND DROUGHT RESILIENCE". Fr. Joseph John was officially inaugurated the program by planting a sapling. Also vice principal Mrs Binutha v p, HODs of various departments, SNA executives and student representatives from each batches planted saplings. All the student volunteers actively participated in the program cleaning the campus (CLEAN DRIVE). All the student's activity participated and a refreshment program was held at the end of the program. The clean drive started at 2:00 p.m. and program was ended at 4:00 p.m.




Signature of the SNA advisor


Signature of the Principal



NATIONAL READING WEEK CELEBRATION

National reading week was celebrated in our college from 19/6/2024 to 23/6/2024. It was done really great under the leadership of Mr Prince Christopher and librarian Mr Dr Radhakrishnan Pillai and SNA office bearers.

It was celebrated as a week, as part of reading day with several competitions including handwriting competition, booktalk, pencil drawing and caption finding competition. All the students actively participated in it and secured prizes too. The winners of the competition were Ancy jacob, she got first in handwriting competition, Abitha C Thomas secured first in book talk. All the winners were appreciated and honoured with medals. It enriched their knowledge and created an enthusiasm to read more books and non readers to start reading.



Signature of the SNA advisor

Signature of the principal



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INTERNATIONAL **YOGA DAY** 2024



"YOGA FOR SELF AND SOCIETY"



- ☛ **Yoga Session**
NSS Volunteers
Teaching And Non Teaching Staff
- ☛ **Wellness Clinic**
Teaching And Non Teaching Staff



Mrs. Sindha Mendez

Yoga trainer
Research consultant
Bishop Benziger College Of Nursing

JUNE

21

2024

VENUE : BISHOP JOSEPH HALL

TIME : 12-3PM

Organised by

NSS UNIT (NSS/FU/KLM/KUHS/05)
SNA & College Union

Handwritten signature
20/6/24



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INTERNATIONAL YOGA DAY (21 JUNE 2024)

International yoga day was celebrated in our college on 21st June 2024. It was celebrated by SNA in collaboration with NSS. The session was started by announcing the theme "YOGA FOR SELF AND SOCIETY". Ms. Febina T K welcomed all the members to the session. The session was guided by Mr. Sindha Mendez (Research consultant, BBCON). Yoga training session was given to IVth semester students and to teaching and non-teaching staffs. Warm up exercise were taken and all the students practiced and performed sitting and standing ASANAS, importance of these were explained simultaneously. The celebration concluded with the speech of Mrs. Jyothi lekshmi (NSS coordinator) for vote of thanks. She encouraged the students to practice regular yoga to remain fit and improve concentration. The celebration ended with a huge success under the supervision of staff welfare committee.



Signature of the SNA Advisor

Signature of the Principal



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SNA UNIT LEVEL SPORTS DAY 2024 KHEL-2024

SNA Unit Level Sports Competition 2024 was conducted on 22-06-24. Various events were conducted and students showed maximum participation in all events and SNA executives organized a fund-raising program BIRIYANI FEST on the same day.

WINNERS OF THE COMPETITIONS

100M RACE GIRLS

- 1st: Shony Binoy
- 2nd: Sona Sabu
- 3rd: Ann Maria joshy

100M RACE BOYS

- 1st: Jeffrin
- 2nd: Sachin
- 3rd: Muh.Faizal

200M RACE GIRLS

- 1st: Shony
- 2nd: Sona
- 3rd: Angel Rose

200M RACE BOYS

- 1st: Jeffrin
- 2nd: Akash
- 3rd: Faizal

800M RACE GIRLS

- 1st: Ann Maria Jolly

RELAY BOYS

- 1st : Joyal & Team
- 2nd: Jeffrin & Team

RELAY GIRLS

- 1st: Shony & Team
- 2nd: Ann Maria Joshy & Team
- 3rd: Sonali & Team

CARROMS BOYS

- 1st: Sanju
- 2nd: Sarath
- 3rd: Alphy, Akash
Dinesh

CARROMS GIRLS

- 1st: Amrutha B
- 2nd: Abitha
- 3rd: Sherin

CHESS

- 1st: Ajil V Biju

2nd: Joyal

3rd: Alphy

LONG JUMP BOYS

1st: Joyal

2nd: Jeffrin

3rd: Akash

LONG JUMP GIRLS

1st: Sona

2nd: Angel Rose

3rd: Aengel B

SHOT PUT BOYS

1st: Hari Govind

2nd: Alex

3rd: Mishal

SHOT PUT GIRLS

1st: Meha M Saji

2nd: Ann Maria Joshy

3rd: Shony

BADMINTON BOYS

1st: Amal Shaji & Hari

Govind

2nd: Jubal & Faizal

BADMINTON GIRLS

1st : Riya Raphy &

Abitha

DISC BOYS

1st: Hari Govind

2nd: Alex

3rd: Mishal

DISC GIRLS

1st: Shony

2nd: Ardra S

3rd: Jeni

JAVELINE GIRLS

1st: Nileen maria

2nd: Sona

3rd: Jeni

JAVELINE BOYS

1st: Jeffrin

2nd: Akash

3rd: Alphy



Signature of the SNA advisor



Signature of the Principal



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LEADERSHIP TRAINING PROGRAMME

ASPIRE 2K24

MOTTO: Empowering Leadership Inspiring Growth

SNA South Zone conducted leadership camp on 15/06/2024 at Nightingale College of Nursing, Thiruvananthapuram. The camp was inaugurated by Dr. Sona P S, KNMC Registrar. Many colleges from Trivandrum and Kollam participated in the leadership camp. The camp had Zonal Office Bearers, Zonal Advisor, unit bearers, and unit advisors. The class held by Prof. Murukan. R, JCI Trainer. The main aim of the camp was to strengthen the leadership skills of nursing students. First half of the session was about various issues related to nursing practice and nursing students and about qualities of a leader. Second half is an interactive session. It includes quiz, games and other activities enhances the leadership quality. It was really inspiring for the new SNA Leaders and Advisors. The session was ended at 3 30 pm

Signature of the SNA advisor

Signature of the Principal



BISHOP BENZIGER COLLEGE OF NURSING

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NATIONAL READING WEEK CELEBRATION

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It was celebrated as a week, as part of reading day with several competitions including handwriting competition, booktalk, pencil drawing and caption finding competition. All the students actively participated in it and secured prizes too. The winners of the competition were Ancy jacob, she got first in handwriting competition, Abitha C Thomas secured first in book talk. All the winners were appreciated and honoured with medals. It enriched their knowledge and created an enthusiasm to read more books and non readers to start reading.



Signature of the SNA advisor

Signature of the principal



READING WEEK INAUGURATION CEREMONY: 19/06/2024

THEME: "Read Your Way."

PROGRAMME SCHEDULE

Time: 12:30 - 1pm

Venue: Bishop Joseph Hall

TIME	ACTIVITIES
12:30 -12:32pm	Prayer Song
12:32-12:35pm	Welcome Speech
12:35-12:45pm	Inauguration And Inaugural Address Rev. Dr Joseph John (Manager, Bishop Benziger College of Nursing)
12:45-12:55pm	Felicitation 1)Dr. Sr. Terese SIC (Principal, Bishop Benziger College of Nursing) 2)Dr. C. Radhakrishnan Pillai (Librarian, Bishop Benziger College of Nursing)
12:55-1:0pm	Vote of thanks

Organized by,

LIBRARY, SNA UNIT, COLLEGE UNION, BBCON



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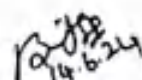
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PROGRAMME SCHEDULE FOR READING WEEK CELEBRATION

FROM 19-06-24 to 25-06-24

SL/No	DATE	TIME	PROGRAMME	FACULTY IN-CHARGE
1.	19/06/2024	12:30-01:00pm	Inaugural Function	Mrs. Anupama Varghese
2.	20/06/2024	04:00-05:00pm	Hand writing Competition	Mrs. Parvathy Chandran
3.	21/06/2024	04:00-05:00pm	Finding Caption & Pencil Drawing Competition	Mrs. Nisha John
4.	24/06/2024	04:00-05:00pm	Poster & Quiz Competition	Mr. Prince Christopher Mrs. Rofia Rajan
5.	25/06/2024	04:00-05:00pm	Book talk & Valedictory Function	Mrs. Neethu. M

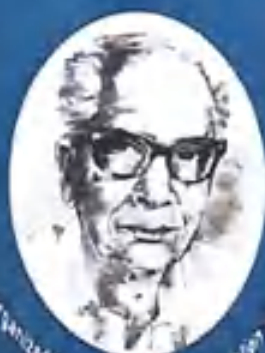


Signature of the Principal:



BISHOP BENZIGER COLLEGE OF NURSING, KOLLAM

Accredited by KUHS with A* and NAAC with B⁺, Member of United Nations Academic Impact Program
Approved Research Centre of Kerala University of Health Sciences



Organized By College Library in collaboration with
SNA, NSS, College Union

"READING WEEK CELEBRATION 2024"

19th June to 25th June.

Inauguration on 19th June 2024

Time: 12:00 Noon

Venue: College Auditorium

PROGRAM CONVENERS

Mrs. Anupama Varghese

Mrs. Parvathy Chandran

Mrs. Nisha John

Mr. Prince Christopher

Mrs. Rafia Rajan

Mrs. Neethu M

COMPETITIONS

20/06/24 – Handwriting

**21/06/24 – Finding caption &
pencil Drawing**

24/06/24 – Poster & Quiz Competition

25/06/24 – Book talk/review

We cordially invite your esteemed presence on the all Events



BISHOP BENZIGER COLLEGE OF NURSING

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WORLD BLOOD DONATION DAY 2024

As Part of world blood Donor Day, SNA unit of BBCON conducted a blood donation program on 13th and 14th June 2024 in co-ordination with the students of 4th semester BSc nursing and 5th semester BSc nursing. The program was conducted at Indian Medical Association Blood bank. The students participated in blood donation program were Dominic S Bosco, Rosemary V, Saniya, Sarath, Rishi Dev, Nidhi, Jyothi, Alfia, Alphy C, Jobin V D and Akshay. The program was organized under the supervision of Mrs. Anupama Varghese, SNA unit advisor. The program went so well and our students actively participated in it.



Signature of the SNA advisor

Signature of the Principal

ALL KERALA BLOOD DONATION DRIVE

(On the occasion of World Blood Donor day)

Organized by Student Nurses Association (SNA) in collaboration with
Pol-Blood & Kerala State Blood Transfusion Council (KSBTC)

REPORT

College Name &
Address

- Bishop George College of Nursing
St. Peter's Junction Kollam

Name of Blood Bank

- JMA Blood Donation Centre

Camp Venue

- JMA Blood Donation Centre
Kollam

Date

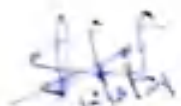
- 12.06.2024

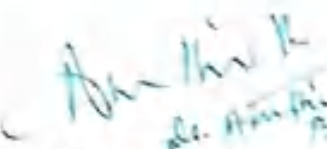
Total Registration

- Total 12 M... F...

Total Donation

- Total 11 M... F...


SNA Coordinator
(Name & Signature)


Blood Bank Medical Officer
(Name & Signature)



KSBTC
Kerala State Blood Transfusion Council



ALL KERALA BLOOD DONATION DRIVE

(On the occasion of World Blood Donor day)

Organized by Student Nurses Association (SNA) in collaboration with
Pol-Blood & Kerala State Blood Transfusion Council (KSBTC)

REPORT

College Name &
Address

- Bishop Berzinger College of Nursing
Koster Junction, Kollam

Name of Blood Bank

- IMA Blood Centre, Kollam

Camp Venue

- IMA Blood Centre, Asramam, Kollam

Date

- 13-06-2024

Total Registration

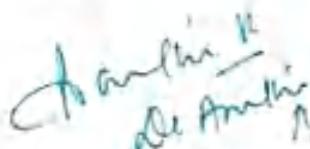
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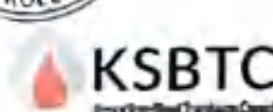
Total Donation

- Total 2 M 2 F


13/6/24
SNA Coordinator
(Name & Signature)




Blood Bank Medical Officer
(Name & Signature)





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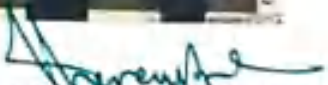


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Signature of the SNA advisor


Signature of the Principal

KRENOVIA NTZ

-PRESENTS-

מלחמה באש

"THE FIRE
WITHIN YOU"
מלחמה באש
THE FIRE

SNA
BBCON

8th JUNE
2024

lgl_krenoviantz 22



Est'd: 2004

BISHOP BENZIGER COLLEGE OF NURSING

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Website: www.bhcnkollam.org email id: office@bhcnkollam.org Ph. No: 0474-2765582



SNA UNIT LEVEL ARTS DAY 2024

KALAGNI-2024

The arts day 'KALAGNI' was organized in collaboration with SNA and IVth semester students. It was conducted on 08/06/24, at college auditorium from 9am to 3.30pm. the program was inaugurated by the chief guest along with principal, Rev. Dr. Sr. Terese SIC and vice principal Mrs. Binutha V P, and other executives together lightened the lamp and inaugurated the function. Programmes were ended at 4pm with the announcement of the winners. The overall championship of the arts day was secured by the IVth semester students.

Winners of the KALAGNI 2K24

ITEM	1 ST	2nd	3rd
Story English	Ann mariya Laiju (4 th sem)	Liya saju (2 nd sem)	Airin aby (5 th sem)
Essay English	Kesiya s George (4 th sem)	Lena ann Thomas (4 th Sem)	Ashly mol (5 th sem)
Poem English	Ann mariya laiju (4 th sem)	Sneha saji (4 th year)	Ashly mol (5 th sem)
Story Malayalam	Sreekutty U (4 th year)	Meenu (5 th sem)	Abitha c Thomas (5 th sem)
Poem Malayalam	Alfiya sathar (4 th sem)	Ashna vargheese (5 th sem)	Sneha saji (4 th yr)
Essay Malayalam	Ashna vargheese (2 nd sem)	Ancy Jacob (4 th sem)	Aleena jose (4 th sem)
Spot Painting	Bincy baby (4 th sem)	Aleena George (4 th yr)	Nima N S (4 th sem)



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Cartoon Drawing	Aslah (4 th sem)	Muhammad faizal (4 th sem)	Mithun martin (4 th sem)
Pencil Drawing	Sreevishnu (2 nd sem)	Clara Joseph (4 th yr)	Dominic s bosco (4 th sem)
Elocution English	Ardra s (4 th yr)	Merit joseph (4 th sem)	Liya saju (2 nd sem)
Elocution Malayalam	Bimi ann Philip (4 th Sem)	Anjana k Mathew john (4 th sem)	Jyothi jose (4 th sem)
Recitation English	Alvia rose (2 nd sem)	Nidhi Thomas (4 th sem)	Nileen maria (4 th yr)
Recitation Malayalam	Parvathy m nair (4 th yr)	Bimi ann philip (4 th sem)	Samili (4 th yr) Ann Maria Joshy (4 th sem)
Mappilappattu	Annmaria joshy (4 th sem)	Theerdha (4 th sem)	Stephy Stephen (4 th yr)
Group song	Anit C kurien and Team(2 nd sem) -siji thankachan -Saniya sabu -Anita K Jayims -Nandana -Angel Alia Eby -Maria chacko	Nikitha john and team (4 th sem) -Anjana k Mathew -Mariya antony -Aleena R Nelliveedan -Aleena jose -Theerdha -Lena	Sneha Joseph and Team (4 th yr) -Aleena mariam alex -Clara joseph -Lavanya -Neva Shaju -Sandra Anna Saji -Sandra Cleetus
Solo Song (G)	Annmaria joshy (4 th sem)	Clara Joseph(4 th yr) Nikitha john (4 th sem)	Aleena R Nelliveedan (4 th sem)
Solo Song (B)	Jobin V D (4 th Sem)		
Monoact	Parvathy M Nair (4 th yr)	Siji Thankachan (2 nd sem)	Bimi ann Philip (4 th sem)
Mimicry(B)	Rishi dev (4 th sem)		
Folk Dance	Annmaria joshy (4 th Sem)	Neha Donus Rozazio (4 th yr)	
Nadanpattu	RiaThankam and team(4 th yr) -Parvathy m nair -Clara joseph -Lavanya -Sreekutty -Bency Rachel -Sneha saji	Devika rani and team (4 th sem) -Jayalekshmi -josna mol -anjana louji -anna antony -aengel b -jeni	
Fancy Dress (B)	Ajil v biju (4 th sem)	Akash Dinesh (4 th Sem)	Sarath S B (4 th Sem)



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Fancy Dress (G)	Sandra cleetus (4 th yr)	Rinta mol (4 th sem)	Saniya (4 th Sem)
Group Dance	Bimi Ann Philip and team (4 th sem) -Jesno jaison -Angel rose -Amrutha b -Anjali -Ann maria joshy -Ann mariya laiju	Surya Murukan and team (4 th yr) -Aleena Mariam -Richa Sebastian -Meenu Elizabeth -Aksa Anna Thomas -Shonu baby -Parvathy m nair	Neha Donus Rozario And team (4 th yr) -Sneha Josephh -Aleena George -Steffi -Sreekutty -Samili -Nileen Neha mariya and team (2 nd Sem) -Saniya -Akshaya -Aileen -Ashna -Abhirami
Skit	Nidhi and team (4 th sem) -Jyothi -Rosemary V -Rinta mol -Kesiya s George -Christy -Annie	Aleena Maria and Team (4 th yr) -Lavanya -Ardra s -Sandra Cleetus -Shonu Baby -Meenu -Bency	
Mime	Neva and team (4 th yr) -Pournami -Ria Thankam -Lavanya -Neva Shaju -Parvathi -Sneha saji -Bency	Sneha Thomas and team (2 nd sem) -Riya -Sara -Ansu -Sivani -Shiny -Jeeva	

Signature of the SNA advisor

Signature of the Principal



GAME
MASTER



TREASURE HUNT



8 JUNE, 2024 @1.15PM



Join the fun game to celebrate the
arts day with us!



Presented by krenoviants



WINNER





BISHOP BENZIGER COLLEGE OF NURSING

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NURSES WEEK CELEBRATION (MAY 6-12)

"Theme – Our Nurses. Our Future. The economic power of care"

BBCON observed Nurses Week from May 6 - May 12, 2024 in collaboration with District Health Services, Kollam

07/05/2024

Nurses Week observation started in Bishop Benziger College of Nursing with inaugural session. The function was organized by Vth semester BSc Nursing Students. The program was inaugurated by Dr. Sr. Terese SIC Principal Bishop Benziger College of Nursing. Also Dr. Sr. Terese unveiled the nurse's day theme and delivered a speech regarding nurse's day theme.

Writing events were conducted in Bishop Benziger School of Nursing. Students and teachers of BBCON took part in arts events.

FACULTY	ITEM
Mr. Prince Christopher	Story writing – 1 st Prize
	Poem Writing – 2 nd Prize
	Essay Writing – 2 nd Prize
Mrs. Betsy K Jayms	Malayalam Story Writing – 3 rd Prize
Mrs. Neethu. M	English Story Writing – 3 rd Prize
	Painting – 1 st Prize
	Cartoon – 1 st Prize
	Pencil Drawing – 2 nd Prize
STUDENT	ITEM
Aleena George (4 th Yr)	Painting - 3 rd Prize

08/05/2024

Various types of Indoor sports competitions were arranged by DHS at Govt. School of Nursing, Kollam. IVth year and Vth semester students participated in various events out of that student secured prizes.

Winners of indoor sports competitions

STUDENT NAME	ITEM
Sherin (5 th Semester)	Chess – 1 st Prize
Harigovind (4 th Yr)	Chess – 2 nd Prize
Sherin & Anitta	Carroms – 2 nd Prize



BISHOP BENZIGER COLLEGE OF NURSING

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09/05/2024

Various cultural programs were organized by DHS at Vocational Higher Secondary School, Valathungal, Eravipuram. Students and staff were participated.

FACULTY	ITEM
Mrs.Neethu.M, Mrs.Betcy K. Jayms, Mrs.Anupama Varghese, Mrs.Lekshmi R, Mrs.Soji Sunny	Group Song: 3 rd Prize Potrait Song: 2 nd Prize National Anthem: 3 rd Prize
Mrs.Betcy K Jayms & Mrs.Neethu.M	Cinematic Dance: 2 nd Prize
STUDENT	ITEM
Parvathy (4th Yr)	Monoact – 2 nd Prize
Parvathy & Team (4th Yr)	Nadan Pattu – 3 rd Prize
Neha & Team (4th Yr)	Cinematic Dance – 2 nd Prize





BISHOP BENZIGER COLLEGE OF NURSING

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10/05/2024

A quiz competition was organized and conducted by Benziger School of Nursing. Our staff and students participated in the competition. Our students got third prize in quiz competition. The team members were Ms. Airin.

12/05/2024

As a part of district level nurse's week celebration, a closing ceremony was arranged at, CSI Convention Centre, Kollam. Principals of various colleges were the chief guest Sr. Terese SIC principal from Bishop Benziger College of Nursing was also showed her presence in the stage and take part in inauguration session. Sr. Terese SIC delivered felicitation speech. Prizes were also distributed during the session.



[Signature]
23/05/24

Signature of SNA advisor

[Signature]
23/05/24

Signature of Principal



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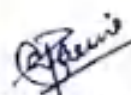
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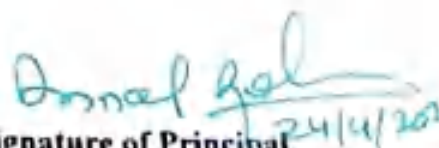


SNA MONTHLY CULTURAL PROGRAM FESTIVERSE 22/ 03/2024

SNA monthly cultural program festiverse organized by first semester BSc nursing students it was conducted at bishop Joseph hall the event aimed to foster a sense of community and provide a platform for students to showcase their artistic abilities. Students presented captivating performance including traditional dances music and fashion show. These performances highlighted the rich tapestry of cultures within our college community. The March 2024 monthly cultural program at BBCON was a resounding success bringing together students faculty and staff in a celebration of cultural diversity and creativity.




Signature SNA Advisor


Signature of Principal

Dr. ANITA / NG LINE

Principal

KOLLAM - KERALA



BISHOP BENZIGER COLLEGE OF NURSING

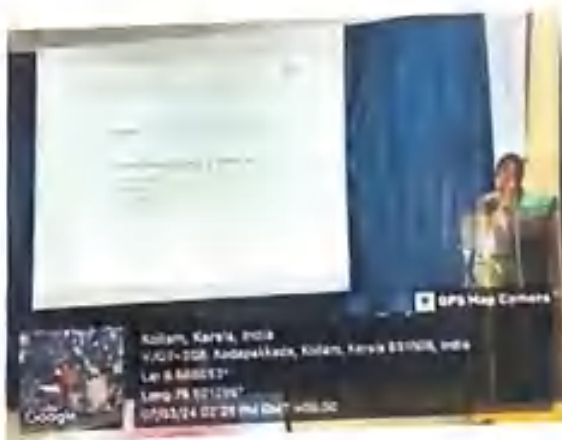
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WOMEN'S DAY CELEBRATION 07/03/2024

BBCON observed women's day celebration by organizing a panel discussion and role play by fourth year students. It was organized by OBG department. 4th year students and first msc nursing students participated the program. It was a very informative session. The program entered by 4:00 p.m.




Signature SNA Advisor


Signature of Principal.



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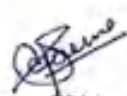
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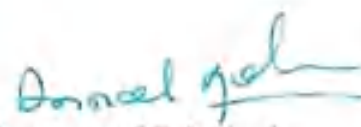
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SNA ZONAL ELECTION 19/02/2024

SNAL ZONAL election 2024 was held on 19/2/2024 at CSI College of nursing Karakonam. The main agenda of the meeting were election of executives Ms Ardra S unit chairperson ms Anjana Vinod unit secretary attended the meeting .Mrs. Sreedevi accompanied the students.


Signature SNA Advisor


Signature of Principal.

Dr. ANNA LANCELLA
M.Sc. - NURSING
Principal
CSI College of Nursing
Karakonam



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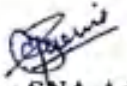
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SPEAK FOR INDIA 18/01/2024

On 18th January 2024 a debate competition was held at TKM Arts and Science College, Kollam. The title of the competition was Speak For India Kerala. The competition showcased a topic regarding 'Women Empowerment' participants demonstrated strong argumentation skill, critical thinking, and the ability to articulate their points effectively. The atmosphere was intense yet respectful, The fostering a healthy exchange of ideas. The participants from BBCON are Ms. Febina Ms Mha M Saji, Ms Ann Maria Joshy, Ms. Vijee, Ms.; Liya Saju Mr. Sreevishnu. Ms Liya Saju got qualified for district level competition. The program ended by 2.00 pm.




Signature SNA Advisor


Signature of Principal.

DR. ANNA MARIA

Principal



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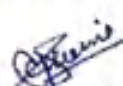
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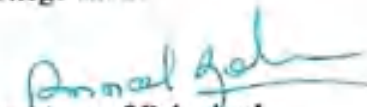
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LAMPLIGHTING CEREMONY 26/01/2024

BBCON Observed 20th batch BSc nursing students lamp lighting ceremony at Bishop Joseph Hall. The program headed with a procession by the students accompanied by the chief Guest. Rev. Dr. Joseph John delivered welcome speech followed by the presidential address by Rt Rev. Dr. Paul Antony Mullsery Mr. G.sreenivasan principal P.K Das College of Nursing Palakkad, addressed the novice nurses. Dr. Annal angeline and Mrs. Lyn Lopez and Dr.Srinivasan presented the lamp to novice nurses. Oath was recited by Mrs. Neelhu M class Coordinator first semester. Felicitation was delivered by Mrs. D Sreedevi Nursing Tutor Govt. School of nursing Asramam. Mementoes were presented to the invited guest. Vote of thanks delivered by dr. Annal angeline followed by national anthem by the college choir.


Signature SNA Advisor


Signature of Principal.

Dr. ANNAL ANGELINE

M.Sc. Ph.D (N)

Principal

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CHRISTMAS DAY CELEBRATION- 22/12/2023

BBCON celebrated Christmas day on 22.12.2023. The entire program was organized by 4th year BSc nursing students. Students and faculty come together for various activities like Christmas tree decoration, carol song singing, tableau competition and a secret santa entering Christmas message was delivered by Rev. Dr. Joseph John Manager BBCON. The end wishes and prize distribution were done. The campus was adorned with colourful decorations creating a cheerful atmosphere. The event fostered a sense of community and holiday spirit among the college members.



Signature of SNA Advisor

Signature of Principal

DR ANNAL JAYARAJ

Principal



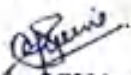
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QUIZ COMPETITION NAVAKERALA SADHAS- 15/12/2023

As part of Navakerala Sadhas 2023 a quiz was organized at Govt: District Hospital Kollam, Palliative Training Centre on 15/12/2023 from 9:00 am to 1: 15pm.based on the subject Keralam. A team containing Mr. Jibin Mathai,Ms. Meeu Madhu, and Ms Jessu Thomas, 4th sem students have attended the quiz competition representing BBCON. There were 6 teams participated in the competition. The quiz master was Mr. S V Sudheer. The quiz program was so informative. Award ceremony was held at the end of the program.


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Signature of Principal



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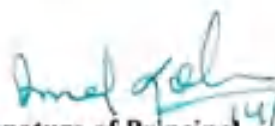


CAROL SONG COMPETITION -10/12/2023

As part of Christmas celebration 2023 Norbetten Ashramam ,Ayathil Kollam organized and conducted a carol song competition on 10/12/2023 at 5.30 p. M. Bbcon choir team participated the competition. Team members were. Liji P John, Sandra Joseph, Juno Christy, Parvathy, Sneha Joseph, Febina, Alka, Ann Maria Joshy, Sneha Sevy, Ann Mary Aneeta And Amal. Mrs. Safarina Mary C , Nursing Tutor, BBCON accompanied the students. Students sang a variety of carols enthusiastically and melodiously, spreading the message of faith, happiness and peace.



Signature of SNA Advisor


Signature of Principal 14/12/23



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WORLD AIDS DAY 01/12/2023

As part of world AIDS day celebration 2023 Bishop Benziger College of Nursing organized various activities in collaboration with the district AIDS control society BBCON students participated the rally conducted from IMA hall of Asramam to sports club Kadappakkada. The 3rd year students participated the rally teachers accompanied were Mrs. Vidya and Mrs Ajitha students actively participated the Rally by using placards and all. On the same day 4th semester students organized and conducted a flash mob and health play regarding AIDS at district hospital and Victoria hospital. In BBH 4th semester students conducted rally regarding the same. The entire program was ended at 12:30 p.m.




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Signature of Principal

Dr. ANNAL ANGELINE
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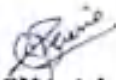
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DRAMA COMPETITION STATE LEVEL

Kerala state AIDS control society had conducted state level drama competition as a part of youth fest on 05/09/2023 at Bharat Bhavan, Department of Culture, Government of Kerala Thycad, Thiruvananthapuram. 12 teams from 12 districts participated in the drama competition and the program ended at 5:00 p.m




Signature of SNA Advisor


Signature of Principal



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Estd: 2004

REPORT ON HEALTH TALK ON WORM INFESTATION -26/11/2024

Date: 26th November 2024

Venue: Community Health Centre (CHC), Pallithottam

Objective

The objective of this activity was to raise awareness about the importance deworming the children.

Activity conducted

As part of government of Kerala deworming campaign a health talk on worm infestation was organized at the CHC, Pallithottam. The talk was delivered by Dr. Paul Kannittayil, Medical Officer, CHC Pallithottam. Sir explained about the causes, symptoms and management of worm infestation. The total beneficiaries were 10.

The health talk was a success, and it helped to create awareness about worm infestation and its management among the community members.



Prepared by: Mrs. Safarina Mary C

Signature of HOD

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26/11/24

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26/11/24
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Estd: 2004

REPORT ON DIABETIC DAY CELEBRATION -14/11/2024

Date: 14th November 2024

Venue: Community Health Centre (CHC), Pallithottam

Objective

The objective of the Diabetic Day celebration activity was to raise awareness about diabetes, its prevention, and management among the community members.

Activity conducted

A health talk on diabetes was organized at the CHC, Pallithottam. The talk was delivered by Dr. Paul Kannittayil, Medical Officer, CHC Pallithottam. Topics covered were definition of diabetes, types of diabetes, risk factors, symptoms, diagnosis, treatment options, and lifestyle modifications for diabetes management. The main highlight on the activity were the audience was educated on the role of diet and exercise in managing diabetes. Sir also stressed the need for regular health check-ups and monitoring of blood sugar levels. The total beneficiaries were 12

The Diabetic Day celebration activity was a success, and it helped to create awareness about diabetes and its management among the community members.



Prepared by: Mrs. Safarina Mary C

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22/11/24
Signature of Principal



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VISIT TO KERLA STATE AIDS CONTROL SOCIETY -14/11/2024

Date : ~~14th~~ ^{November} 14th October 2024

Venue: AIDS Control Society, Thiruvananthapuram.

Objective

The objective of the observation visit was to provide students with a firsthand experience of the activities and services offered by the AIDS Control Society, as part of their curriculum.

Visit to AIDS Control Society

The AIDS Control Society is a government-funded organization dedicated to preventing and controlling the spread of HIV/AIDS. The society provides various services, including counseling, testing, and treatment.

As part of IVth year community health nursing curriculum 48 students visited the AIDS Control Society Thiruvananthapuram on 14/11/2024. They were accompanied by Mrs. Jyothilekshmi J Asst Professors, Community Health Nursing Department, BBCON and Mrs. SUSY Mary Thomas, Lecturer OBG Department BBCON.

Kerala state AIDS Control society plays a pivotal role in the state strategy in combating of HIV/AIDS epidemic. Its working is supervised by a governing body headed by the Chief Secretary of the state. Its works under the national AIDS control organization., part of Ministry of Health and Family Welfare, Govt Of India. Mr. Jijo Assistant Director took a orientation class for the students. The content include prevalence, mission, vision, goals and



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objective of Kerala State Aids Control Society. A question and answer session is arranged after the class. Students ask their doubt and Mr.Jijo clarified the doubt very clearly.

The observation visit to the AIDS Control Society was a successful and enriching experience for the 4th Year BSc Nursing Students of Bishop Benziger College of Nursing. The visit provided the students with a unique opportunity to learn about HIV/AIDS prevention and control, while developing essential observational and communication skills.



Prepared by: Mrs. Safarina Mary C

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28/11/24

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28/11/24
Signature of Principal



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Estd: 2004

OBSERVATION VISIT ON GANDHI BHAVAN 30/10/2024

Date: 30th October 2024

Venue: Gandhi Bhavan

Objective

The objective of the observation visit was to provide students with a firsthand experience of the activities and services offered at Gandhi Bhavan, as part of their curriculum.

Visit to Gandhi Bhavan

Gandhi Bhavan International Trust is an Indian non-governmental organization based in Kerala with headquarters at Pathanapuram, Kollam district.

There were total 47 students visited Gandhi Bhavan under the guidance of Mrs. Jyothilekshmi J and Mrs. Amala L. Asst Professors, Community Health Nursing Department, BBCON. Upon arrival, the students were warmly welcomed by the staff and volunteers of Gandhi Bhavan. Ms. Aswathy staff at Gandhi Bhavan taken our students for infrastructure observation. The students were divided into two groups. There was separate nomenclature for each section similar to hospital setting. The students interacted with the staff and volunteers, gaining insights into the daily operations and management of the Bhavan. The observation visit provided the students with a valuable learning experience, it enabling them to, understand the importance of community service and social responsibility, appreciate the role of institutions like Gandhi Bhavan in promoting education, culture, and community development, develop observational and communication skills through interactions with the staff and volunteers and Gain insights into the management and operations of a community-based institution.



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The observation visit to Gandhi Bhavan was a successful and enriching experience for the 4th Year BSc Nursing Students of Bishop Benziger College of Nursing. The visit provided the students with a unique opportunity to learn about community service, education, and cultural activities, while developing essential observational and communication skills.



Prepared by: Mrs. Safarina Mary C

Signature of HOD 28/11/24

28/11/24
Signature of Principal



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OCTOBER 2024

SCHOOL HEALTH PROGRAMME

On 04th October 2024, a school health programme was successfully organized at Infant Jesus L.P. Pallithottam in collaboration with the Community Health Nursing Department. The event aimed to promote health awareness and provide valuable health services to the students focussed for a half day programme by covering all students. It was led by a group of dedicated nursing students, organized by fourth-year B.Sc. Nursing students.

The programme commenced with a melodious prayer song, setting a serene and uplifting tone. The programme was completely focussed on the interesting master ceremony by Ms. Ria Thankam 4th year student, she inspired and maintained discipline through the whole programme. Mrs. Anu Williams senior teacher of the school warmly welcomed the attendees, the college team expressing gratitude for the presence. The inauguration of the event was graciously carried out by lighting the lamp by Dr. Sr. Terese SIC. Mrs. Jyothilakshmi Assistant Professor from Community health nursing department delivered a strong motivational talk for the school students emphasizing Her expertise and knowledge shed light on various health-related issues. To provide valuable insights into health awareness, Mrs. Amala Assistant Professor from the Community Health Nursing Department, felicitated the participants, acknowledging their valuable contribution to the programme. Miss Pournami, a fourth-year B.Sc. Nursing student, delivered a heartfelt vote of thanks, expressing gratitude to all those involved in making the event a success.

In addition to the informative sessions, the programme included different cultural activities focussed on health aspects like action song on personal hygiene, roleplay on child abuse and fourth year students put an effort on captivating a puppet show on the topic of ill effects of visual media, raising awareness and educating the young audience. Health awareness classes on food hygiene for school children presented by and fourth year students. Following the

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health awareness classes school students were given a chance for presenting different cultural activities like dance, singing song which keeps the students more active and engaged through out the programme. . Followed by different activities a health assessment of 140 students from KG to 4th std. This assessment helped identify specific health concerns and issues affecting the students. Furthermore, a health exhibition was organized, showcasing various aspects of health and well-being. NCD camp were conducted for all respected faculties of the school. During the feedback session, the teachers and students provided valuable insights into the effectiveness of the programme. Their feedback was positive and grateful and they expressed their desire for more health programmes to be conducted at the school in the future. The valuable suggestions provided by the teachers and students will aid in enhancing future initiatives.

The programme concluded at 12pm , concluding on a positive vibe, high note of appreciation and gratitude. As a token of thanks for the active participation and meaningful interactions, sweets, chocolates and pens were joyfully distributed among the students and teachers, leaving a sweet impression and fostering a sense of appreciation for their involvement.

The successful execution of this school health programme, led by the Community Health Nursing Department and the dedicated nursing students, marked a significant step toward promoting health awareness and well-being among students. The collaborative efforts and engaging activities ensured a fruitful and impactful experience for all attendees, encouraging a positive and lasting impact on the students' health and overall development.



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7/10/24

VILAYIL S I C
B. Ph.D (N)
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KOLLAM - 1, KERALA



Established in 2004

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Prepared by

Amala L. *[Signature]*

Signature of HOD

[Signature]

Signature of principal

[Signature] 7/10/24

Dr. Sr. TERESE KOCHUVILA

M.Sc.

PRINCIPAL

BISHOP BENZIGER COLLEGE

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SEPTEMBER 2024

WORLD HEART DAY

As a part of world Heart Day an awareness class was given by Dr. Paul , Medical officer based on the theme "USE HEART FOR ACTION" and 15 participants attended the class.



Prepared by Amala . L. A

Signature of HOD [Signature] 7/10/24

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Signature of principal 7/10/24

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AUGUST 2024

BREAST FEEDING WEEK CELEBRATION

As a part of Breast feeding week celebration 2024, at 8am a rally was conducted by IV year B.sc nursing students and the rally was flag off by Dr.Sr.Terese SIC principal and the programme inaugurated by Dr. Sr.Terese SIC and delivered the inaugural address based on theme. Dr. Paul, medical officer delivered an inspiring speech on breast feeding support for all among mothers. Prof. Sheeja.S, HOD, community health nursing has felicitated the meeting. Mr. Prince Christopher, tutor, community health nursing has delivered a heartfelt vote of thanks. Mrs. Nisha John, Associate professor, OBG department, Mrs. Betsy K Jaymis Associate professor, Child Health Nursing Department also made their presence in the programme. A skit was also conducted by fourth year B.sc nursing students at centre. The programme ends at 11:30 am.



Prepared by

Amala. L. *[Signature]*

Signature of HOD

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Signature of principal

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7/10/24

Dr. Sr. TERESE KOCHUVILAYIL SIC
M.Sc., Ph D (N)

PRINCIPAL

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improvement



JULY 2024

OBSERVATION VISIT TO SEWAGE TREATMENT PLANT TRIVANDRUM

As a part of Vth Semester B.sc Nursing requirement an observation visit was done to sewage treatment centre on 27/07/24 under the supervision and guidance of Mr. Prince Christopher Lecturer, Community Health Nursing with 60 students. Mr. Arun plant supervisor had given orientation and explained the various areas of the plant and its functioning.



Prepared by

Amala. L A

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7/10/24

Dr. Sr. TERESA KOCHU

M.A.

PRINCIPAL

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JULY 2024

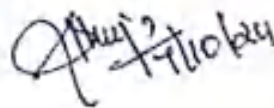
OBSERVATION VISIT TO DISTRICT TB CENTRE KOLLAM

As a part of Vth Semester B.sc Nursing requirement an observation visit was done to TB centre on 11/07/24 under the supervision and guidance of Mr. Prince Christopher Lecturer, Community Health Nursing with 60 students. Mrs. Dexy, programme organizer has given a brief description on the treatment regimen, diagnostic tests for TB and had visited the lab.

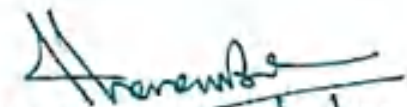
Prepared by

Amala. L 

Signature of HOD



Signature of principal


7/10/24

Dr. Sr. TERESE KOCHUVILAYOOR
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JULY 2024

DOCTOR'S DAY

As a part of Doctor's day Dr. Paul was given a token of love and appreciation by centre staff. IV year B.sc nursing students also wished Dr. Paul. Mr. Prince Christopher, Mrs. Amala .L, Mrs. Jyothilakshmi also presented on his occasion. An awareness class on personal hygiene was given by Mrs. Jomol



Prepared by

Amala .L.

Signature of HOD

Amala .L.

Amala .L.

Signature of Principal

7/10/24

B. S. TERESA KOCHUMILAYIL S.T.C

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JUNE 2024

SOURCE REDUCTION

On the momentous date of June 3rd, 2024, a highly impactful source reduction program was meticulously organized through a fruitful collaboration with CHC Thrikadavoor. The primary objective of this joint initiative was to address the pressing issue of mosquito breeding points, with a particular focus on identifying problematic sources such as plastic bottles, cans, and other potential breeding grounds.

A dedicated team of five diligent and enthusiastic students undertook the noble task of visiting approximately 25 households within the community. With unwavering determination, they embarked on a thorough investigation to identify and document various mosquito breeding points, gaining invaluable insights into the specific sources requiring immediate attention and remediation.

In addition to the crucial identification of breeding points, the visit also provided a unique opportunity to raise awareness among the residents about the importance of source reduction techniques. This educational component was efficiently facilitated by a team of highly knowledgeable with a group of 25 dedicated IVth-year B.Sc. Nursing students. Their eloquence and ability to effectively communicate the significance of reducing mosquito breeding sites contributed significantly to the program's success.

Furthermore, the team took an extra step to enlighten the community about the essential steps involved in water chlorination, aiming to promote improved water sanitation practices. By empowering the residents with knowledge on water chlorination, the initiative not only complemented the source reduction efforts but also emphasized the importance of safe and clean water for the community's well-being.

The program's resounding success was apparent through the positive feedback received from the Health Inspector of CHC Thrikadavoor. The inspector commended the students for their

Dr. Sr. TERESE

KOLLAM - KERALA

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effectiveness and commendable execution, which was carried out in a highly systematic and professional manner.

Through the collaborative efforts of the students and the invaluable support from CHC Thri-kadavoor., this source reduction program has made a profound impact on the community, in-stilling a sense of responsibility towards maintaining a cleaner and healthier environment for all its members.



Prepared by Amala. L *AS*

[Signature]
Signature of HOD

[Signature]
Signature of Principal *7/10/24*

Dr. Sr. TERESE KOCHUVILAYIL S.T.C
M.Sc., Ph.D (N)
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WORLD TUBERCULOSIS DAY CELEBRATION 24/03/2024

BBCON observed World TB day in collaboration with the district TB center Kollam.

First semester students accompanied by two faculty attended the rally and inaugural function.



Signature SNA Advisor

Signature of Principal.

Dr. ANNAL ANGELINE

M.Sc., Ph.D (M)

PRINCIPAL

DR. ANNAL ANGELINE
M.Sc., Ph.D (M)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM



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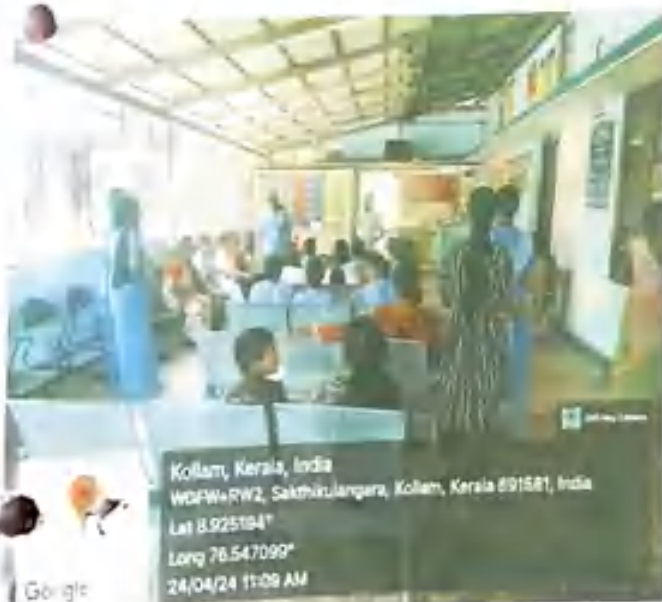
Estd: 2004

Website: www.bbconkollam.org email id: office@bbcon.ac.in Ph. No: 0474-2765582



APRIL 2024

As a part of Malaria Day observance an awareness class was organised by II M.sc Nursing students and IV year B.sc nursing students in collaboration with FHC Sakthikulangraar on 24/04/24 at 10:30 am. The program started with a brief introduction regarding malaria and its causes and prevention by Mr.Suresh HJ FHC. Ms.Sreekutty .IV year b.sc nursing student also given a brief description on the theme "**Accelerating the fight against malaria for a more equitable world**". A skit was also performed by IV year B.sc nursing Students on the importance of mosquito control 20 people participated in the awareness class. The class was very effective and it aids in promoting road safety practices.



Prepared by

Amala. L *[Signature]*

Signature of HOD

[Signature] 6/5/24

Signature of Principal

Amal Boplane
6/5/2024



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Estd: 2004

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MARCH 2024

As a part of International womens day which was observed on March 08 ,2024 at Government Victoria Hospital Kollam the II nd yr M.sc Nursing students along with the hospital authority members conducted an awareness section on Major health issues of women and a dental clinic was also organized for the people attending the clinic . overall it was an effective section with a total of 46 participants.



Prepared by : Amala . L

Signature of HOD

Signature of Principal



BISHOP BENZIGER COLLEGE OF NURSING

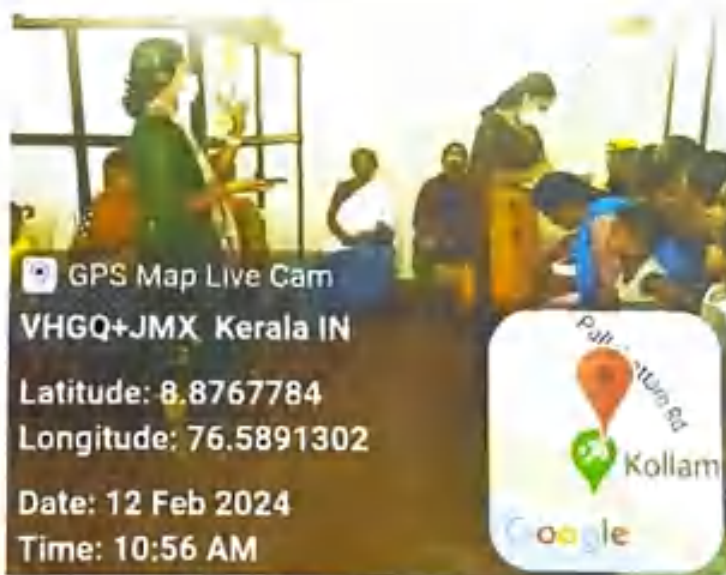
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FEBURARY 2024

As a part of observance of World cancer day an awareness class was conducted centre about cancers its causes, signs and its ill effects and prevention of cancer among adults by Mrs. Viji , staff nurse . Mrs. Geethu has given a brief based on the theme " Close the care Gap" on 12.2.23 at Community Health Centre Pallithottam . The class was given to make the people aware of the disease and its curative aspects by changing lifestyle. 15 participants attended the class.



Prepared by

Mrs. Amala . L .

Signature of HOD

Signature of Principal



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Estd: 2004

MATHRUBHUMI YES QUIZ ME COMPETITION 12/11/2024

Mathrubhumi in collaboration with fair education consultancy has organized and conducted a quiz competition for college students on 12/11/2024 at TKM Arts and Science College, Kollam. From our college 2 teams were participated. The members are Mr. Sree Vishnu, Ms.Sonali John, Ms. Angel Alea Aby, Ms.Anna C Renji. There were around 130 teams participated in the event .only 16 teams were qualified for the next level.It was very informative and useful for the students.




Signature of SNA Advisor


Signature of Principal



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Est'd: 2004

SNA STATE SPORTS SPARTA 2024 -28/10/2024

SNA state sports Sparta 2024 was organized and conducted on 28/10/2024 at Jawaharlal Nehru Stadium, Ernakulam. Mr. Ajil V Biju 4th semester student participated in chess competition and secured second prize.



Signature of SNA Advisor

Signature of Principal

28/11/24



Estd: 2004

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TRAINING PROGRAMME
ON FIRE AND RESCUE
MANAGEMENT

**SATURDAY, 1ST
NOVEMBER 2024**

10.30 AM to 1.00 PM
(College Auditorium)



Dr. Sr. TERESA M. PROVALAYIL S J C

Principal, BPN

BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM, KERALA

ORGANIZED BY,

**BISHOP BENZIGER COLLEGE OF NURSING IN COLLABORATION WITH TRACK
CUM FIRE AND RESCUE TEAM, KOLLAM**

Recognized by INC, KNMC and Affiliated to Kerala University of Health Sciences.

Shreenu B
28/11/24



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(Accredited by KUHS with A+ and Re-accredited by NAAC with B+)

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Established 2004



REPORT ON TRAINING PROGRAM ON FIRE & RESCUE MANAGEMENT

- 13/11/2024



Bishop Benziger College of Nursing organized a training program on fire and rescue management in collaboration with the district fire and rescue team, Kadappakkada Kollam. The program was started at 10.30 am. The introductory speech was delivered by Dr. Sr Terese SIC, Principal Bishop Benziger College of Nursing Kollam. Mr Arun Kumar, Fire and Rescue officer, Kollam, spoke about emergency management of various types of rescue management and also demonstrated lifting and shifting of casualties from the accident spot to the hospital. The class was very informative, and it helped the students to enrich their knowledge. Ms Liya Saju 3rd Semester BSc nursing student delivered the vote of thanks. The program ended with the National Anthem at 1.00 pm.

Signature of SNA Advisor

Signature of the Principal



BISHOP BENZIGER COLLEGE OF NURSING
Post Box No 46, Sastri Jn., Kadappakkada,
Kollam - 691001



INTERNATIONAL

DAY OF THE

GIRL CHILD

THEME: 'GIRLS' VISION FOR THE FUTURE

RESOURCE PERSON:

PRASADHAN, J
ASST. OF POLICE
DISTRICT CANTON BARODA
KOLLAM

DATE: 25.10.2024

3 PM - 4 PM

VENUE: SEMINAR HALL



ORGANIZED BY: NSS + SNA UNIT, BBCCON

Nov 2024

DR. DEEPA K. CHIVILAYIL, D
ASST. OF POLICE
DISTRICT CANTON BARODA
KOLLAM

Sl. No	Name	
1	Abeena Gomez	Abeena
2	Abilla C Thomas	Abilla
3	Adhitha Sunny	Adhitha
4	Aida Anna Shaji	Aida
5	Ainm Aby	Ainm
6	Akshay P Martin	Akshay
7	Aleena S Maryson	Aleena
8	Aleena Shaji	Aleena
9	Alka A S	Alka
10	Alphy C	Alphy
11	Amala Sen	Amala
12	Anita R	Anita
13	Ann Maria Jolly	Ann
14	Ann Sara Thomas	Ann
15	Anna Cardoz	Anna
16	Ashlymol S	Ashly
17	Ashna N	Ashna
18	Ashna Shaji	Ashna
19	Asm Maria	Asm
20	Aswathi Sai	Aswathi
21	Binnmol B	Binnmol
22	Dani Edison	Dani
23	Diya Anna Thomas	Diya
24	Diya John	Diya
25	Febina T K	Febina
26	Hanna Joy	Hanna
27	Jasmine Cleatus	Jasmine
28	Jayalekshmi K J	Jayalekshmi
29	Jeena M	Jeena
30	Jeffin John	Jeffin
31	Jessu Thomas	Jessu
32	Jibin B Mathai	Jibin
33	Jobin Jose	Jobin
34	Josline Christopher	Josline
35	Josini J	Josini
36	Krishnendhu S	Krishnendhu
37	Lekshmi S Lal	Lekshmi
38	Linda Johnson	Linda
39	Manjuna B T	Manjuna
40	Maria Twinkle Titus	Maria
41	Mariya Joseph	Mariya
42	Mary Babitha R	Mary
43	Meenu Madhu	Meenu
44	Megha Bastin	Megha
45	Megha Jose	Megha
46	Meha M Saji	Meha
47	Mishal Muhsin S	Mishal
48	Nikhila Leela Binu	Nikhila
49	Sandra Vaghese	Sandra
50	Sherin S	Sherin
51	Shony Binoj	Shony
52	Siji S	Siji
53	Sona R S	Sona
54	Sona Sabu	Sona
55	Tiphilah Elsa Jolly	Tiphilah
56	Treasa Mariya Jose	Treasa
57	Treasa Mary Johnson	Treasa
58	Veena Dominic	Veena
59	Vidhya Vinod P	Vidhya
60	Vijec J	Vijec

4th Semester B.Sc. Nursing
International Girl Child Day 2024
Awareness class on Self Defence

Sl. No	Name	
1.	Amrutha - B	<i>[Signature]</i>
2.	Devika sari	<i>[Signature]</i>
3.	Anjali D	<i>[Signature]</i>
4.	Nirsha NS	<i>[Signature]</i>
5.	An marya laiju	<i>[Signature]</i>
6.	Alena R.	<i>[Signature]</i>
7.	Christine	<i>[Signature]</i>
8.	Teresa Joseph	<i>[Signature]</i>
9.	Jani James	<i>[Signature]</i>
10.	Jyothi	<i>[Signature]</i>
11.	Saico Elsa	<i>[Signature]</i>
12.		

No. of 2021-2025 STUDENTS :- 60

No. of 2022-2026 STUDENTS :- 11

TOTAL NO. OF STUDENTS

ATTENDED

DR. ST. TERESA KOCH

M. A. I. C

PRINC

COLLEGE OF NURSING

PO BOX 1, KERALA





BISHOP BENZIGER COLLEGE OF NURSING

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INTERNATIONAL DAY OF THE GIRL CHILD

Theme: -Girls Vision for The Future

In celebration of the International Day of the Girl Child, SNA and NSS unit of Bishop Benziger College of Nursing organized a self-defense class aimed at empowering female students with essential skills to enhance their safety and confidence. The event highlighted the importance of self-defense in promoting gender equality and personal security.

The self-defense class was attended by approximately 71 students along with faculty members who supported the initiative. Mrs. Rajeena S ASI of police district crime branch was the resource person. Madam gave a brief description regarding the violence against the women existing in our society and she mainly focused on practical techniques that could be easily applied in real-life situations.

Participants expressed their appreciation for the informative and interactive nature of the class. Many reported feeling more empowered and confident in their ability to handle potentially dangerous situations. The session ended at 4.00 p m

The self-defense class at Bishop Benziger College of Nursing was a resounding success, fostering a sense of empowerment among the participants. By equipping young women with self-defense skills, the event contributed positively to their overall personal development and safety awareness. The college looks forward to organizing similar events to further promote the health and well-being of its students.



Signature of SNA Advisor



Signature of Principal
DR. S. J. JENSEN KOOTHAYIL S I C
M.Sc., Ph.D (N)
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(Accredited by KUHS with A+ and Re-accredited by NAAC with B++)

Estd:2004

Website: www.bbconkollam.org email id: office@bbcon.ac.in | Ph. No: 0474 - 2765582



BBCON/947/24

10/10/2024

To
Police Commissioner's Office
Kollam

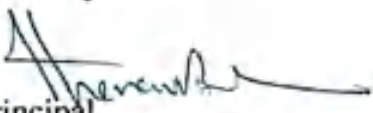
Sub: Self-defense session request- International Girl Child Day Celebration -reg:-

Respected Sir/Madam,

As part of International Girl Child Day our college is planning to celebrate the same on 25th October 2024 and we would like to organize a half-day session on self-defense for our nursing students between 2.00pm to 4.00pm.

We request your esteemed office to arrange a session on the above said topic.

Thanking you,
Sincerely


Principal

Dr. Sr. TERESE KOCHUVILAYIL S I C
M.Sc., Ph.D (N)
PRINCIPAL
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1, KERALA





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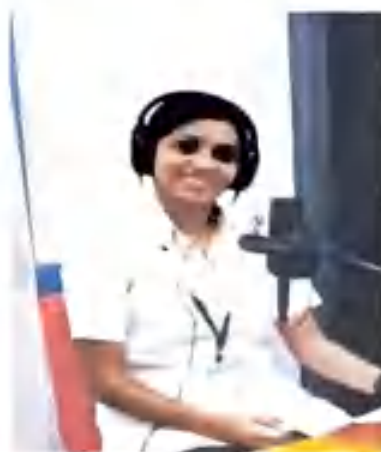
RE-ACCREDITED BY MAAC WITH B++ AND ACCREDITED BY KUHS WITH A+
APPROVED RESEARCH CENTRE OF KERALA UNIVERSITY OF HEALTH SCIENCES



Radio Talk On International Girl Child Day Celebration 2024

Theme:
'Girl's vision for the future'

11 October 2024



Ann Maria Joshy
(IV sem BSc(N))

Broadcast on 7am and 9pm

Organised by SNA and NSS
(UNIT NO NSS/FU/KLM/KUHS/5)



Therese
10/10/24
BISHOP BENZIGER COLLEGE OF NURSING
KOLLAM - 1, KERALA



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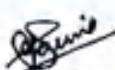
OLD AGE HOME VISIT 04TH OCTOBER 2024

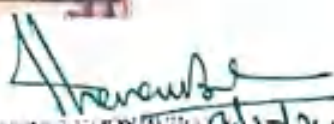
As part of international **Geriatric Day Celebration**, the Student Nurses Association (SNA) of Bishop Benziger College of Nursing organized a visit to **Santhidan** located at **Tangassery** on October 04, 2024. The visit was aimed at providing companionship, care, and emotional support to the elderly residents, while also promoting awareness among nursing students about geriatric care and the challenges faced by senior citizens.

The visit commenced at 10:00 AM, with the students arriving at the old age home, where they were warmly welcomed by the staff and the residents. The SNA team was introduced to the elderly residents, and the day unfolded with a mix of activities designed to create a positive and nurturing environment. The faculty accompanied were Dr. Sr Terese Kochuvilayil SIC, Principal BBCON, Mrs. Jyothilekshmi, Mrs. Parvathy, Mrs. Safarina Mary C, Mrs. Rofia Rajan, Mrs. Soji Sunny. The residents were actively participated in the cultural programs organized by the students. The visit to the old age home was a deeply enriching experience for both the students and the elderly residents. The event successfully fulfilled its objectives of providing emotional support, companionship, and care for the elderly while promoting awareness of geriatric care among the nursing students. The interaction between the students and the residents fostered a mutual understanding of the importance of empathy, kindness, and dignity in caregiving. The program ended at 11.30 PM.

The SNA Unit of Bishop Benziger College of Nursing looks forward to organizing similar visits in the future to continue contributing to the welfare of elderly citizens and to nurture a sense of social responsibility in young healthcare professionals.




Signature of SNA Advisor


Signature of Principal
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Estd: 2004

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GANDHI JAYANTHI RALLY 02ND OCTOBER 2024

On the occasion of Gandhi Jayanti a district-level rally was organized to honor the principles and legacy of Mahatma Gandhi, the Father of the Nation. The rally was organized at district level and it was started from government rest house, Kollam and ended at Mahatma Gandhi Park, Kollam. 25 fourth year BSc Nursing students actively participated in the rally. Mrs. Jyothilekshmi Asst. Professor Community Health Nursing Department accompanied the students. The rally ended at 10.00 pm.



Signature of SNA Advisor

8/10/24

Dr. Sr. TERESE KACHUVILAYIL S / C
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KOLLAM - 1, KERALA



ESTD 2004

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SHRAMADAN CAMPAIGN 1st OCTOBER 2024

Venue: Bishop Benziger College of Nursing

Organizers: SNA Unit, Bishop Benziger College of Nursing, in collaboration with NSS Unit

As part of the nationwide initiative **Swachhata Hi Seva 2024** a cleanliness drive was conducted at Bishop Benziger College of Nursing, with active participation from both the Student Nurses' Association (SNA) and the National Service Scheme (NSS) Unit. The event aimed at promoting cleanliness, health, and sanitation while instilling a sense of responsibility and community service among the students.

Objectives of the Event are Promote Cleanliness and Hygiene, Create Awareness, Foster a Spirit of Volunteering.

The event began at 2:00 PM with an inaugural session attended by faculty members, NSS volunteers, students of the SNA Unit. Mr. Prince Christopher, Lecturer BB CON, gave instruction regarding the cleaning campaign. Students and faculty members divided into groups, each assigned to specific areas of the campus. A total of 170 students from the SNA Unit and 50 NSS volunteers actively participated in the event. Refreshment were arranged for students, teaching and non-teaching staffs. Events end at 4.00 pm.

The **Shramadan** organized at Bishop Benziger College of Nursing in collaboration with the NSS Unit was a great success, both in terms of participation and impact. The SNA Unit and NSS Unit express their gratitude to the management, faculty, and participants for their active involvement and commitment to the cause of cleanliness and social responsibility.



[Signature]

Signature of SNA Advisor

[Signature]

Signature of Principal

8/10/24
SNA
LD (N)